



ExtraCare
Charitable Trust

Housing LIN Summit 2024 |

Exploring the Future Landscape of Extra Care
Housing: Innovations, Challenges, and Emerging
Trends

Jim Leftwich | ExtraCare resident

Michael Spellman | Wellbeing, Research and
Innovation Manager



Jim Leftwich
Hughenden Gardens
Village



Innovations and Challenges



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the process of bringing about new ideas, methods, services, or solutions that have a significant positive impact and value

Innovations



Innovations



Show Me Your Meds Project

Over 6 weeks...

10.3kg in unpacked medicines collected

515 individual months of prescriptions were estimated to have not been taken

846.5kg of carbon emissions could have been avoided.

Sarah Drayton, Wellbeing Advisor
Stoke Gifford Village

Deb Gompertz, Complex Care GP

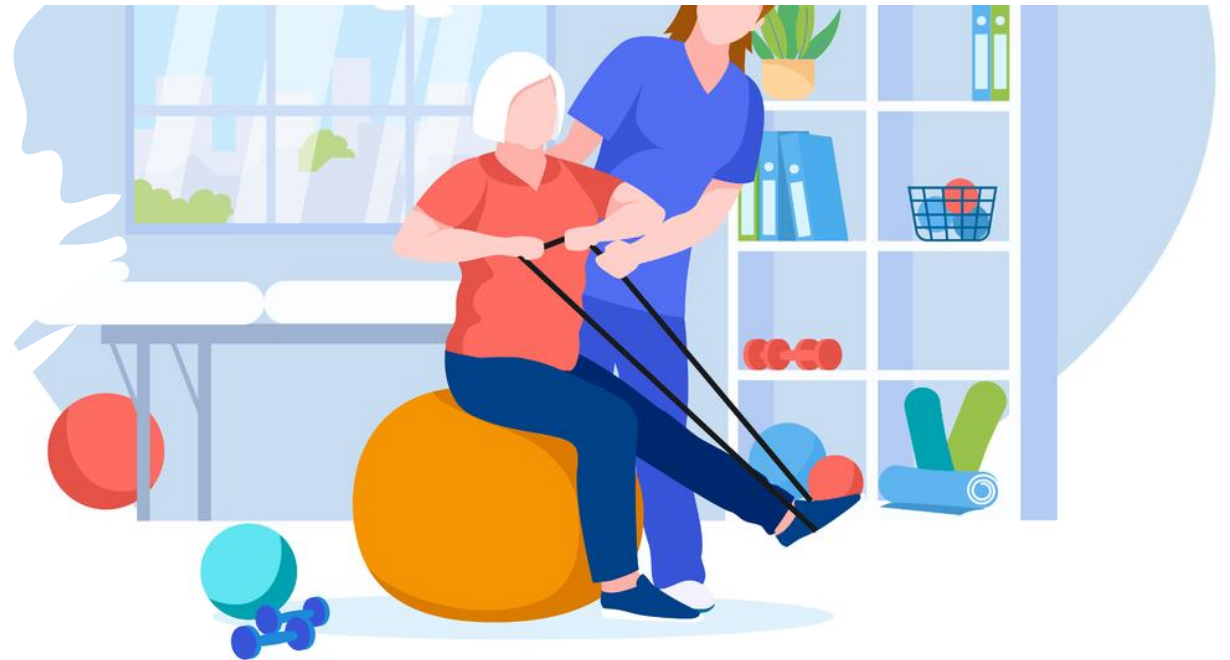


Health Care Student Placements

2023-24

Welcomed 73 Students

Nursing, Occupational
Therapy and
Physiotherapy





Smart Market and Smart Apartment





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Biology

Physical Health
Genetic Vulnerabilities
Drug Effects

Social

Peers
Family Circumstances
Family Relationships

Psychological

Physical Health
Coping Skills
Social Skills
Family Relationships
Self-Esteem
Mental Health

**Our Wellbeing
service saw close to
10,000 residents
drops ins in 2023-24**

**Pre-Pandemic this
was around 3,000**

Still, the Challenges...



Older people who may benefit don't know who we are...

Don't know what we are...

Potentially now over 15.5 million people aged 60 or over, making up 23% of the UK population

Elderly Accommodation Counsel, June 2019, estimated there are 730,000 retirement housing units across the UK

Thank you for listening



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