

## Local Area Coordination

Nick Sinclair
Director of the Local Area Coordination Network at Community Catalysts CIC


## Local Area Coordination is about...

"...people living rich and fulfilling lives, having supportive natural relationships, being active, valued, contributing citizens, and really paying attention to nurturing family resilience. These create the conditions for reducing demand and dependency on services and funding".
Ralph Broad, 2021

## Local Area Coordination...

- For people of all ages including those often labelled as having complex needs.
- Focuses on all aspects of a person, not just some elements of their life.
- A whole-family, whole community, whole system approach.



## Power and Connection

THE INTERNATIONAL DEVELOPMENT OF LOCAL AREA COORDINATION
by Eddie Bartnik and Ralph Broad

## www.lacnetwork.org



Celebrating over 35 years of Local Area Coordination

## local area coordination




Working
together

Contribution
Relationships


The Local Area 10 Coordination Principles


## A Local Area Coordinator is someone who...

- Walks alongside people - a coordinator in not of the area
- Can be "introduced" to anyone.
- Meets people where they're at.
- Takes time to understand someone's vision of a good life, their gifts, skills and talents.
- Doesn't fix people - helps people plan.
- Helps people build their personal networks, connect with local resources, thinks creatively and helps practically.
- Builds partnerships with local orgs, services with people at the centre.
- Supports community activity too.
- Shares learning and insights back in to the system.


## Multiple outcomes

1. People and families - helps people achieve multiple outcomes / better lives
2. Communities - supports inclusive, strong and welcoming communities
3. Services - helps connect them together around the person and family, provides learning for change, opportunities to co-producing with citizens, reduces and diverts costs ( $£ 4$ return for every $£ 1$ invested)

Based on evidence from 17 evaluations www.lacnetwork.org

## Impact of learning

- Supports wider "strengths-based" and "place based working agendas / framework.
- Promotes partnership working across the system to minimise duplication or siloed thinking.
- Creates opportunity for learning and action.
- Helps build trust between statutory organisations and communities and creates space for collaboration and co-production.
- Helps deepen the reach and understanding of our services and localises the offer

Friendships \& connections: Made new friends and formed positive connections
Family \& existing friendships: Improved / changed relationships with family and existing friends
Groups and Social activities: Got more involved in groups of interest
Advocated for change: Successfully advocated for change in their own or someone else's life
Safety: Became more safe and secure in personal environment
Supportive Role: Remained in a supportive role of others
Basic Needs: Achieved and stabilised basic needs
Benefits: Positively changed benefit situation
Housing: Sustained accommodation / tenancy
New accommodation: Achieved more suitable accommodation
Hoarding: Overcame or reduced behaviours termed "hoarding"
Mental and emotional health: Improved mental and emotional health
Self confidence: Became more self confident and built self esteem.
Physical Health: Improved in physical health
Skills and talents: Recognised skills / strengths and utilised them more
Education and Training: Explored and accessed formal learning opportunities
Employment: Achieved a new job
Employment: Sustained job / got more hours / increased pay
Volunteering: Got involved in formal volunteering opportunities


## The England \& Wales Network




What community recruitment of Local Area Coordinators looks like when you've had so many rich discussions, you've overrun in the church hall and need to make way for the local ballet class but you're not quite done making decisions :


## Get in touch

Nick.sinclair@communitycatalysts.co.uk
www.lacnetwork.org - for more evidence and testimony

