# Getting ready for dementia - housing cares

Kris Peach Executive Director of Extra Care Housing 21



## Housing 21



A leading provider of Extra Care and Retirement Housing for

older people of modest means



Over 38,000 hours of care delivered to over 5,000 service users each week in Extra Care



Over 90% of care services rated 'Good' by CQC with six services rated 'Outstanding'



Working with over 240 local authorities nationwide



143 Extra Care schemes over 6,700 Extra Care properties



395 Retirement Living schemes - over 14,000 properties



3,146 (FTE) employees in Extra Care, Retirement Living and our corporate business streams

2



We are a leading dementia-friendly organisation





Over 55 years' experience



We are experts in the provision of housing for older people

Housir



#### **External context**

Department of Health & Social Care





#### **People at the Heart of Care**

Adult Social Care Reform White Paper





housing21.org.uk

## Design is important – but even the best of us can get it wrong.





#### Housing for People with Dementia

**1 in 3** of today's new borns will live to see their 100th birthday.<sup>1</sup>



The Dementia and Housing Working Group (DHWG), aims to promote and encourage the housing sector to improve the health, wellbeing and quality of life for people living with dementia.

The DHWG has support from a range of organisations and institutions with an interest in dementia and housing. These include several housing associations, universities, architects and Government departments.

#### What have we been up to?

At the UK Dementia Congress in 2020, DHWG presented an Integrated Care Model, demonstrating how important it is to recognise how design and digital technology can support those with dementia.

We have also created a 'Digital and Technology' sub-group, within DHWG, which is led by Johnnie Johnson Housing, Walker Simpson Architects and Hornsey Consulting. The sub-group is developing a strategy for easy access to dementia-friendly design, technology and information to support the delivery of Recommendation 34 of The All Party Parliamentary Group (APPG) on Housing and Care for Older People Report link. (see below)



## Housing<sup>(2)</sup>

## Housing 21 activity – Information / guidance / awareness

#### Sundowning Late afternoon confusion

This fact sheet is about sundowning, which is a term used to describe behaviour which may exhibit itself during late afternoon or early evening.

# Dementia Friends

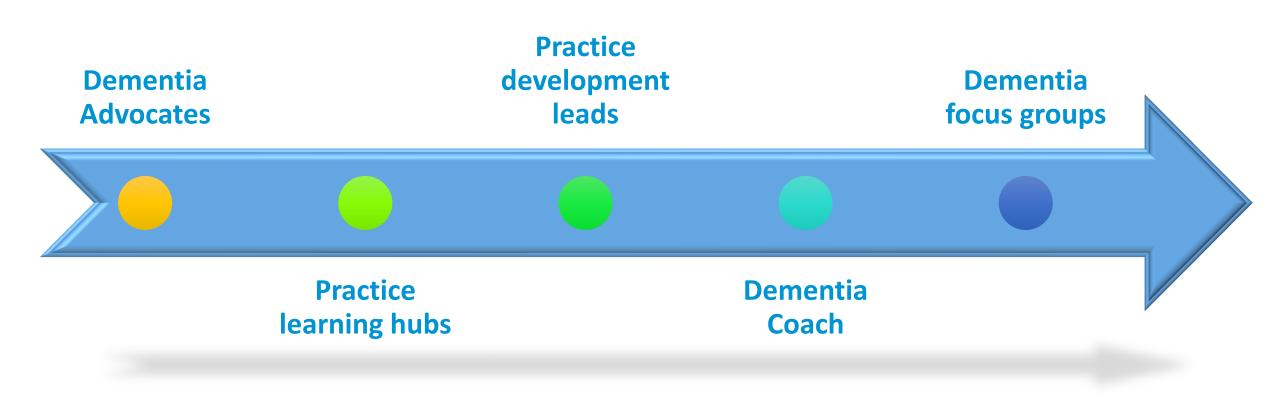


Previously know as 'wandering'

This fact sheet looks at walking with purpose and draws from research undertaken by the University of Worcester. The full report can be found on Wilma and the website.

Housing<sup>(2)</sup>







#### Resident involvement.. Over to Christine.







housing21.org.uk



# **Christine Video**



### Thank you for listening..





housing21.org.uk