

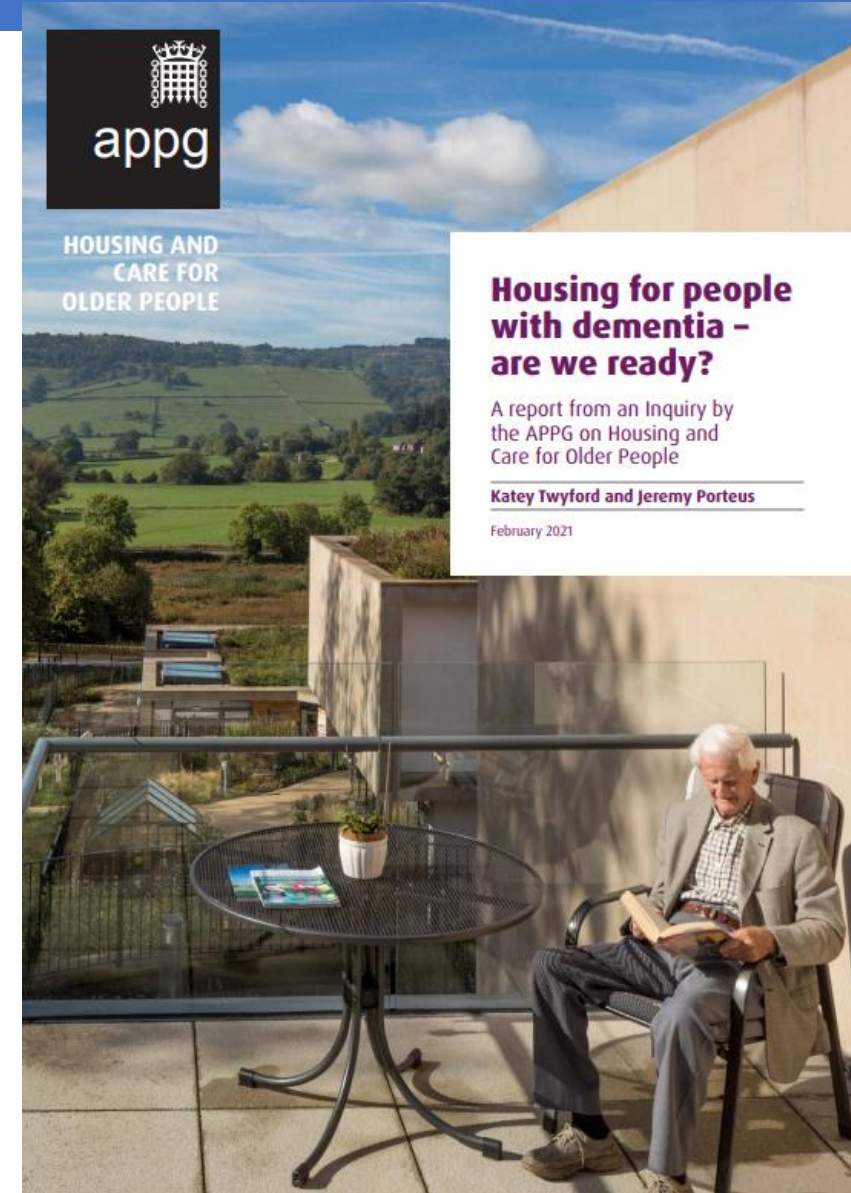
# Living with dementia in Extra Care Housing (DemECH)

Association for Dementia Studies

# APPG: Are we ready?

**Key Issue 3:** Lack of sufficient information and advice about housing options

**Key Issue 19:** The impacts of housing to support people living with dementia are under researched in the UK.





# Housing & dementia

- Growing evidence for the role of housing in **improving health and wellbeing**
- **Home** as a place of safety, familiarity and connection
- We need to know more about **what works**



# Extra Care Housing (1)

- Model of housing with care and support that promotes **independent living**
- **Self-contained** accommodation with the onsite provision of **flexible 24-hour care**, and access to a range of **communal activities and facilities**
- Over a **fifth** of those living in ECH have dementia (Barrett, 2020)
- Three models: integrated, specialist, separated



# Extra Care Housing (2)

- **Key features** that help include dementia friendly design, flexible care, appropriate technology, social opportunity
- Sense of **safety and security** also key benefit (Barrett, 2021)
- Verbeek et al. (2019) – frontline practitioner views
- Many gaps in the evidence base, particularly absence of **insight** from people living with dementia



**Scoping literature review** to identify advantages and challenges of ECH for people living with dementia  
(Informs data collection)

Quantitative scheme data:  
(e.g. demographics, funding sources, care hours)

Qualitative scheme data:  
Audio-visual data (researcher photographs/video)

Qualitative scheme data:  
Interviews:  
5 x residents LWD  
1 x resident not LWD  
4 x ECH scheme staff  
1 x social care link worker  
1 x adult social care commissioner

3 integrated ECH schemes

3 separate dementia unit ECH

3 specialist dementia care ECH

Case studies

Detailed descriptive profile

-to contextualise interviews

- to build up picture of who lives in ECH & what levels of care do they use

- to compare different models of provision

**Surveys** to capture views on ECH benefits, challenges & strategic priorities

Thematic analysis across & between case studies  
Descriptive & comparative statistics

**RESEARCH QUESTION: How does Extra Care Housing support people living with dementia to promote and sustain wellbeing?**

**3 x Focus groups:**  
Support synthesis of data into meaningful guidance

**Recommendations** and results disseminated through key networks, publication and **Key Insight** booklets

**DemECH**

# Get in touch: DemECH

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[Survey for people living with dementia](#)

[Survey for family carers](#)

[Survey for adult social care commissioners](#)





@DementiaStudies  
#DemECH

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The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.



# References

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Verbeek, H., Tucker, S., Wilberforce, M., Brand, C. et al... (2019) 'What makes extra care housing an appropriate setting for people with dementia? An exploration of staff decision-making' *Dementia*, 18(5), pp. 1710-1726. Doi: 10.1177/1471301217724966.