

# Responding to dementia readiness



10.12.2021



Foundations

National Body for Home Improvement Agencies  
Improving Delivery of the Disabled Facilities Grant

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# Context:

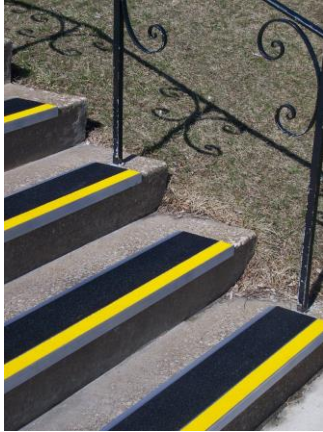
- In 2019, 55.2 million people worldwide were living with dementia and the figure is increasing annually
- The APPG Report calling for the housing sector to be dementia ready

## Dementia Readiness:

- Those in the sector taking on the responsibility to lead and guide
- Housing policies containing specific grants for people with dementia
- Having accessible information
- More widespread and thorough training
- Considering your clients' personal preferences & people's experiences generally in the work that you do



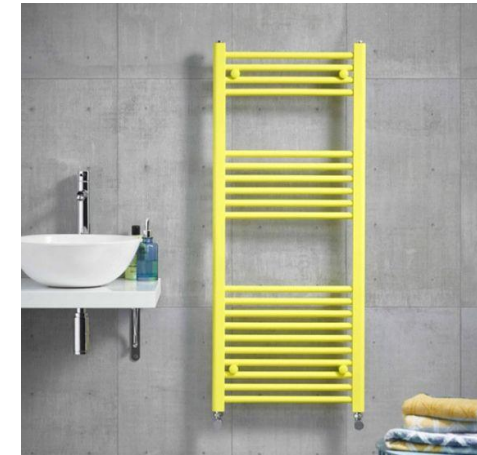
# Housing Policies: Burnley:



- High lumens light bulbs
- Coloured sticky covers for light switch plates
- Coloured strips to indicate edges of stairs
- Key locators
- Memo Minder
- Coloured key fobs
- Key safe
- Signage
- Notice board/white board
- Big button telephone
- Dementia Clock
- Magiplug (for all sinks)
- Large or small locks for cupboard doors
- Additional shelving
- Touch bedside light
- Day/night clock
- Bathroom slip mat
- Coloured towel rail
- Coloured toilet seat



- Only 3% of the national DFG programme goes to people who's primary condition is stated as their dementia
- They are still receiving DFGs but for reasons other than their dementia
- Dementia adaptations can be simple and cheap



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# Warrington



- **Physical benefit:** the proximity of the services means that staff are on hand to help where they are needed
- **Emotional benefit:** Online classes throughout COVID to reduce loneliness but also beneficial to families and carers



**What's on in LifeTime**  
For anyone over 50

Please note LifeTime is adhering to COVID 19 Government Guidance

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Adult Colouring</b> 10.00-12.00pm £1.50	<b>Hear to Meet</b> 10.30-12.00pm (1st Tuesday of the month) £1.50	<b>Puzzle &amp; Trivia</b> 10.30-12.00pm £1.50	<b>Let's Get Crafty</b> 10.30-12.00pm £1.50	<b>Table Tennis</b> 10.00-12.00pm <b>at The Gateway</b>
<b>Mat Based Pilates</b> 12.45pm-1.30pm <b>at The Gateway</b> £4.50	<b>Coffee Morning @ LifeTime</b> 10.00-12.00pm (except the 1st & 3rd of the month)	<b>Carers That Knit</b> 10.00-12.00pm £1.50	<b>Social Stitch 'n' Craft</b> 10.30-12.00pm £1.50	<b>Card Games</b> 10.00-12.00pm £1.50
<b>Your Health Online</b> Tuesday 23rd November 10.30-12.00pm	<b>zoom</b> <b>Virtual Come Dance with us</b> 10.30-11.30am	<b>Yoga</b> 10.30-11.30am <b>at The Gateway</b> £3.50	<b>zoom</b> <b>Virtual Mindfulness</b> 11.00-12.00pm	<b>NEW</b> <b>An Audience with Terry Caffery</b> 10.30-12.30pm £1.50
<b>Monday 29th November</b> 10.30-12.00pm	<b>Games Morning</b> 10.30-12.30pm £1.50	<b>Activities for People living with Dementia</b> 1.30-3.30pm £2.00	<b>Hear to Meet</b> (3rd of the month only) 1.00-3.00pm £1.50	<b>Film Show</b> 11.00-1.00pm (1st of the month) £2.00
<b>Monday 6th December</b> 10.30-12.00pm Please book your place with the LifeTime Team	<b>Fibromyalgia Support Group</b> 11.00-1.00pm (3rd Tuesday of the month) £1.50	<b>zoom</b> <b>Virtual Games Night</b> 8.00pm	<b>Camera Club</b> (except 3rd of the month) 1.00-3.00pm £2.00	<b>Quiz</b> 1.30-2.30pm (2nd & 4th of the month) £1.50
<b>Social Crochet/ Knit &amp; Natter</b> 1.00-3.00pm £1.50	<b>NEW</b> <b>Poetry Thoughts</b> 1.00-2.30pm (1st Tuesday of the month) £1.50			<b>Games Compendium</b> 1.00-3.00pm (3rd of the month) £1.50
<b>For the Love of Art</b> 1.30-3.30pm £4.50	<b>Friends of LifeTime Forum</b> (2nd Tuesday of the month) 1.30-3.00pm No Charge	<b>Opening Times: Monday-Friday 10.00-3.00pm</b>		
	<b>Cream Tea with Friends</b> (4th Tuesday of the month) 1.30-3.30pm £3.00			

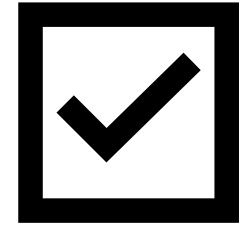
**All sessions to be booked in advance, to book contact the LifeTime Team**

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# How your policies can become dementia ready:



**1. Work with the flexibility of your housing assistance policy to actively include dementia grants within your DFG**

**2. Get creative with the adaptations provided by these grants and update your list of available adaptations to become more dementia inclusive**

**3. Include people with dementia and their families and carers when creating policy**

**4. Housing associations should forge stronger links with local organisations and make smoother their engagement across the sector to engage with people with dementia**

In 2020, only 14.7% of the 279 recorded housing policies had a specific grant for dementia



# Information Available

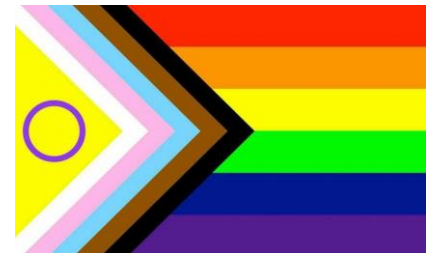
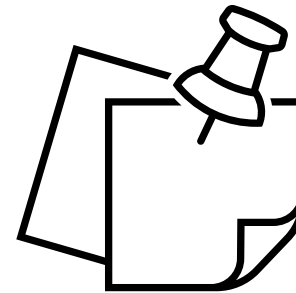


- Accessible information is important and should consider how different groups may experience accessing the information



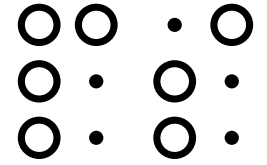
- The Dementia & Housing Working Group are working on an information hub for all things dementia related on a website called Padlet

- We would love to hear your comments and feedback on this





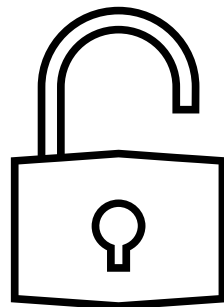
# How your information can be dementia ready:



1. Get your work represented on the Dementia & Housing Working Group Padlet page (& keep an eye out for the 2 pager on Recommendation 34!)

2. Create a similar information hub with your own local information for people with dementia and their families and carers

3. Ensure that your information is accessible =



## ACCESSIBLE:

- Available in different fonts and formats
- Easy to find for all
- Representative and inclusive for all your clients
- Updated and constantly improving

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# Training and what you can do:

- The Dementia Friends programme ran by the Alzheimer's Society, whilst great, is not considered to be dementia “trained.”
- The more trained the workforce is, the better we will be able to respond to dementia needs



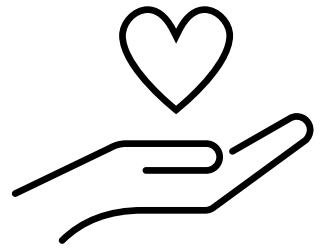
## Examples of training:

- DSDC provides training on dementia design
- Leeds Beckett Dementia Training Design and Delivery Audit Tool (DeTDAT) :  
best practice guidance for effective dementia education and training for the health and social care workforce.
- LGBT Foundation: LGBTQ+ training
- Alzheimer's CPD course:  
helping those working in the housing sector to confidently support people with dementia





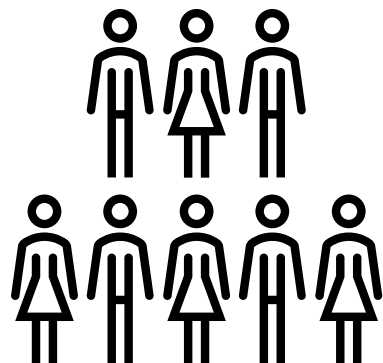
# Personal preference & what you can do:



Ask people with dementia and their families and carers for their input throughout the entire process

Provide options that consider personal preferences

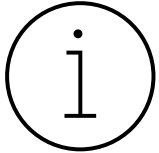
Monitor the social value provided and structure work around person centrisms



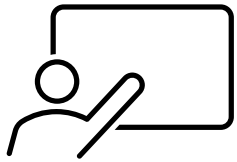
# Conclusion:



Ask your clients and their families and carers and your colleagues for their input when creating anything dementia-related



Ensure that your workforce is trained to support people with dementia & their families and carers



Ensure that your information on dementia is inclusive for all and considers personal and cultural needs

Take on board their feedback and use this to improve and develop your services

Pilot your schemes with local groups of carers, people with dementia and their families

Ensure that if providing adaptations, there are culturally sensitive options as well as room for personal preference

