Independence and Opportunity: Our Strategy for Supporting People

On the 21st June the then Local Government Minister, Phil Woolas announced the new comprehensive strategy for delivering housing related support services to vulnerable people with a key role for the third sector at its heart.

The Supporting People Strategy builds on the current Programme which helps more than a million people a year maintain their independence through housing related support services. Currently £1.7 billion is allocated through the Supporting People Programme to provide life skills such as cooking and budgeting which vulnerable people need to maintain their independence in a settled home.

The Supporting People strategy outlines the vital role of the third sector and asks them to help in shaping how the programme will be delivered in the future. Charities have long acted as innovators and campaigners, and have proved themselves adept at working with society’s most vulnerable. The Strategy will guarantee that this excellent work can continue by ensuring all good service providers can compete fairly when services are tendered and offer support for service providers.

The strategy also suggests exploring new approaches that would give service users greater say about the services they receive through the Individual Budget pilots and new ‘Charters for Independent Living’. The charters would provide a clearly set out statement of service outlining what services people can expect to access locally.

Other key elements of the strategy include:

• Introducing an integrated assessment process where people can be assessed for health, social care and housing support at the same time.

• Ensuring that access to services are not unnecessarily restricted through administrative boundaries - particularly for those groups of people who tend to be more mobile such as survivors of domestic violence.

• Improving communication with those receiving Supporting People services - making sure they are properly informed about what is happening, particularly when service changes are being made.

• Additional support for Third Sector providers - in particular harnessing their creativity in working with the hardest to reach people.

(contd. on next page)
Homes for the future: more affordable, more sustainable - Housing Green Paper

This Housing Green Paper seeks views on the Government’s proposals to increase the supply of housing, to provide well designed and greener homes that are supported by infrastructure and to provide more affordable homes to buy or rent.

It will include new investment, targets and proposals as part of a radical programme to meet the Prime Minister’s recent announcement of 3 million more homes by 2020. It will accelerate action to tackle wealth and housing inequality and support the aspirations of hard-working families, young people and communities.

New announcements include the commitment to build at least 70,000 affordable houses a year by 2010-11. This includes 45,000 new social homes a year - more than doubling the amount built each year compared to 2004, and a goal of 50,000 social homes a year in the next spending review.

Built around three key principles - more and quicker homes, more affordable homes and greener, better designed homes - the Green Paper will include new proposals, which will be subject to consultation.

These will include:
- Increasing Housing Supply
- More Affordable Homes
- Greener, Better Designed Homes

For more information, and to download a copy, go to: http://www.communities.gov.uk/index.asp?id=1511890

The Housing LIN will be preparing a briefing on the Strategy.

POLICY/NEWS UPDATE

Communities England

Earlier this year, the then Secretary of State Ruth Kelly announced proposals to create Communities England, a new housing and regeneration agency for England. Communities England will join up the delivery of housing and regeneration, bringing together the functions of English Partnerships, the Housing Corporation, and a range of work carried out by the Department, including delivery in the areas of decent homes, housing market renewal, housing PFI, housing growth and urban regeneration.

Communities England will act as a new delivery partner for Local Authorities, supporting them in strategic place-making, and will pioneer innovative and more efficient ways of working with key partners in the public, private and voluntary sector to get better outcomes from public investment in places.

The Department is currently consulting on Communities England with a view to legislating at the earliest opportunity. The consultation, Delivering Housing and Regeneration: Communities England and the Future of Social Housing Regulation, runs until Tuesday 11 September 2007.

Defra and the new affordable rural housing programme

Defra will begin researching a new funding programme to increase affordable rural housing. The feasibility study will be funded by Defra and led by the Housing Corporation. It will consider the case for a new time-limited funding programme to help local organisations to overcome local barriers to the provision of affordable homes in rural areas.

Barry Gardiner, Minister for Rural Affairs, launched the study at the Commission for Rural Communities
"Affordable Rural Housing Commission – One Year On" Conference, which highlighted the shortage of affordable rural housing and came forward with practical solutions to improve access.

Any potential new funding programme will not dictate solutions but will empower local organisations to find their own answers and approaches based on local conditions and knowledge or existing mechanisms, such as Rural Housing Enablers.

The Housing Corporation has also recently set up the Rural Housing Advisory Group, which is looking at innovative ways to increase the supply of affordable homes in rural areas.


For information on Extra Care Housing in rural communities see Housing LIN factsheet: An Introduction to Ageing in Rural Areas and Extra Care Housing

Available on our website under ‘Factsheets’ in the A-Z index at http://www.icn.csip.org.uk/housing/index.cfm?pid=332

Digital UK and older and disabled people

In the run-up to the switchover from analogue to digital television broadcasting, a Help Scheme has been established to provide equipment and help with installation for those who need it most. People will be eligible for special support if they are aged 75 years old or over, have a significant disability, or are registered blind or partially sighted.

For more information see the Digital UK website; http://www.digitaluk.co.uk/en/how/help-scheme.html

RESEARCH NEWS

SW LIN secure an 'Innovation and Good Practice Grant'

The newly formed SW LIN steering group are delighted to announce that they have been successful in securing an ‘Innovation and Good Practice Grant’ (IGP) enabling us to fund a project regarding the future of older person’s services in the South West. The Housing Corporation has shown considerable interest in the proposed work from the outset and group members are optimistic that outcomes will have a wide reaching effect across the country.

The success in securing this funding will see the South West make inroads into providing a clear and concise strategic pathway, thus providing the opportunity for more cohesion across Housing, Health and Social care.

Individualised Budgets and Extra Care/ Sheltered Housing

Housing 21 has just been awarded a £40k Innovation and Good Practice (IGP) grant from the Housing Corporation to fund a research project on how Individual Budgets can be facilitated in Extra Care and sheltered housing for older people. The project is also supported by the Housing LIN and CSIP.

One of the aims of this project is to collate examples of existing use of Individual Budgets in sheltered and Extra Care housing settings, so if your organisation has residents who are already supported through Individual Budgets, Housing 21 would be interested to hear about your experiences thus far.

The study, which will consult with stakeholders and older people in three areas, will explore how existing services can be adapted to allow service continuity and give older people greater choice. It will also assess the feasibility of applying existing good practice templates to older people’s housing, and the practical considerations of taking this agenda forward, particularly in terms of building design, landlord duties, regulation and funding.

There will also be a series of stakeholder workshops where people will be invited to discuss the self-directed support agenda and its implications for housing. If you or a colleague would like to attend one of these events, please contact Sarah Vallelly, research manager, Housing 21 to register your interest. (Details below). The first workshop will be held in late October / early November.

Contact Sarah Vallelly, Housing 21 on 0870 192 4511.
Email: sarah.vallelly@housing21.co.uk

‘Modernising Adult Social Care - what’s working?’ - Department of Health, June 2007

This report assesses the progress and outcomes of the process of modernisation initiated in Modernising Social services (1998) and developed in Independence, Well-being, and Choice (2005) and Our Health, Our Care, Our Say (2006) and related policies. It draws on eleven research studies commissioned by the Department of Health’s Policy Research Programme, between 2003 and 2007.

REGIONAL NEWS

Bristol City Council Open Day - Transforming the Delivery of Services through Partnerships

Bristol’s Very Sheltered Housing (VSH) partnership open day, on Monday 16th July, was designed to provide further information to delegates from Bristol’s Extra Care housing stakeholder organisations.

The day included a brief review of Bristol’s development of VSH so far, workshops that looked at a range of Extra Care issues, including nominations processes, an informal table-based discussion on Extra Care issues, and a presentation on the future of Extra Care housing. Finally, delegates were given the opportunity to visit one of Bristol’s seven Very Sheltered Housing schemes.

For further information about Very Sheltered Housing in Bristol please contact Ben Hillsdon (ben.hillsdon@bristol.gov.uk or 0117 35 25141). All presentations and supporting material used at the Open Day are available at the following website: www.bristol.gov.uk/vshopenday

NEW HOUSING LIN PRODUCTS

Healthy lifestyles for hostel residents: a guide to improve the health and well-being of homeless and vulnerable people.

This forthcoming Housing LIN Report addresses the following questions:

- How can we encourage healthy lifestyles in hostels for homeless single people?
- What are the barriers and drivers?
- What examples already exist?
- What further information is available?

Homeless people suffer greater ill-health than the general population. The new DH/CLG commissioning framework emphasises the need for joint planning and commissioning to address their health needs. Local authorities, health authorities and trusts, and the voluntary sector are all key players.

The report describes nine examples, covering:

- Meaningful occupation, arts, training and employment projects
- New or refurbished buildings and use of outside space
- Organisational development and specialist staff
- Specific health-related initiatives.

The examples have overcome barriers, including:

- fears that homeless people will not engage with healthy activities;
- the view that health is “not my business” from staff working with homeless people;
- lack of sufficient interest in health and homelessness; and
- difficulties obtaining funding for health initiatives.

This report will be available soon under Reports on our website: http://www.icn.csip.org.uk/housing/index.cfm?pid=331

Information and checklist for hospital and primary care staff

A new leaflet has been launched aiming to support better and much-needed integration of sheltered housing support with health care.

Published by ERoSH and CSIP’s Housing LIN, the information booklet encourages hospital and primary care staff to assess their answers to 16 questions that address patient record forms, assessments, hospital discharge, health promotion and information.

The leaflet highlights the development of programmes on falls prevention, alcohol awareness, malnutrition screening and dementia training, with good practice examples of joint working between primary care trusts, councils and Supporting People teams.

ERoSH Director of Policy, Imogen Parry, stated: “I am delighted that CSIP and ERoSH have worked together to produce this new leaflet. It is intended to be used by housing professionals to improve joint working with their health colleagues and to be used by health professionals to assess their progress in partnership working. I encourage everyone to obtain copies of the leaflet and to ensure that they are used to deliver these outcomes.”

Copies are free and available from PO Box 2616, Chippenham SN15 1WZ, or telephone 01249 654249 or email info@shelteredhousing.org. Alternatively, copies can be downloaded from; http://www.shelteredhousing.org/information/publications

E-news from the Housing Learning & Improvement Network, CSIP - August 2007
FEATURE ON HOMELESSNESS

Housing LIN Policy Briefing: Improving access to health and social care services by people who are homeless or living in temporary or insecure accommodation

People who are homeless or living in temporary or insecure accommodation have high rates of both mental and physical illness but often experience difficulties in accessing services. For a variety of reasons, they may present in crisis when their problem has become severe. This Policy Briefing gives examples of some ways in which health and social care services can be made more accessible to people who are homeless or living in temporary or insecure accommodation.

Housing LIN Policy Briefing: Prevention of Homelessness: the role of health and social care

This Policy Briefing is a joint publication between the Department of Health, Communities and Local Government and the Housing LIN and highlights the opportunities health and social care staff have to help prevent homelessness. It is intended to highlight ways in which these can be put to the best use. The primary objective is to prevent homelessness, particularly repeat homelessness, but an additional benefit would be a reduction in the resources required to provide appropriate care and treatment for people who experience homelessness.

Both of these publications are available on our website under ‘Briefings’ in the A-Z index at; http://www.icn.csip.org.uk/housing/index.cfm?pid=333

Clean Break: Integrated Housing and Care Pathways for homeless drug users

The connection between drug misuse and homelessness is strong and tackling one without at the same time addressing the other can lead to failure. Despite this, agencies and commissioners trying to support homeless drug users often work in isolation from each other. Clean break focuses on how housing and treatment services can work together more effectively to support treatment outcomes and reduce the risk of homelessness among drug users engaging in treatment.

An essential part of the project is the online toolkit, which has been developed to assist commissioners, service providers and strategic leads for drug and housing services create more integrated housing and care pathways for drug users engaging in treatment services.

http://www.homeless.org.uk/policyandinfo/research/archive/cleanbreak
http://www.toolkits.homeless.org.uk/cleanbreak

Contracting Arrangements for Extra Care Housing

Housing LIN Factsheet no 21 - This factsheet explores the contractual frameworks that are required in Extra Care housing. It looks at contracting from both purchaser and provider perspectives and provides guidance on the contractual issues to consider in relation to housing management, support and care provision within an Extra Care housing setting.


New Health and Social Care Structures - What are the Opportunities for Housing?

Over the last 10 years, the government has led nine major changes to the organisational structures and financial frameworks in health and social care. Given the pace of change it can be difficult for those working in partnership or with a desire to work in partnership to be sure which of the changes act as drivers or inhibitors to successful engagement between different sectors and different types of organisation.

This briefing sets out the policy context in which these changes have taken place, the new architecture and the key terms that are now being used in the NHS and in social care.

Available on our website under ‘Briefings’ in the A-Z index at http://www.icn.csip.org.uk/housing/index.cfm?pid=333

Pennine Court: Remodelling sheltered housing to include Extra Care for people with learning disabilities

Prepared for the Housing Learning and Improvement Network by Shena Latto with the assistance of Victoria Crookes.
This forthcoming Case Study describes the development of Extra Care housing opportunities for older people with learning difficulties within a conventional sheltered housing scheme in Salford. It details the key stages and features of the development process, and shares the lessons learned from this in the hope that they will be useful to other commissioners and providers of housing & support services considering/involved in:

- remodelling sheltered housing
- developing extra care for people with learning difficulties
- integrating provision for people with learning difficulties with mainstream provision for people as they age.

Soon to be available on our website under ‘Case Studies’ in the A-Z index at [http://www.icn.csip.org.uk/housing/index.cfm?pid=336](http://www.icn.csip.org.uk/housing/index.cfm?pid=336)

**Older People’s Services and Individual Budgets**

**Housing LIN Report** - This paper aims to identify and share ideas and examples of good practice currently being undertaken by the pilot sites implementing individual budgets for older people’s services. It also begins to address some of the specific issues which have been raised in relation to the implementation of Individual Budgets for older people.


**OTHER USEFUL PUBLICATIONS**

**It’s not funny! UK study into the Abuse and Neglect of Older People**

New research by Comic Relief has been published revealing the true extent of abuse suffered by older people in the UK. The UK Study of Abuse and Neglect, carried out over two years by independent researchers at the National Centre for Social Research and Kings College, London, was based on a survey of around 2000 people aged 66 and over who live in their own homes (including sheltered housing).

The findings of the study show that:

- 2.6% or 227,000 people were neglected or abused by family, close friends and care workers in the last year; and
- 4% or 342,400 people were neglected or abused in the last year by family, close friends and care workers, neighbors and acquaintances (i.e. a broader definition of those who might abuse).
- Mistreatment is broken down into neglect (1.1%), financial abuse (0.7%), psychological and physical abuse (both 0.4%) and sexual abuse (0.2%).
- The majority of the incidents involved a partner (51%) or another family member (49%) followed by a voluntary or paid care worker (13%) and close friend (5%).

[www.comicrelief.com/elderabuse](http://www.comicrelief.com/elderabuse)

**HACT – Older People’s Programme**

Over the past four years, HACT (Housing Associations’ Charitable Trust), in partnership with the Lintel Trust, NIHACT and Community Housing Cymru, has funded and supported 19 projects to help older people live with dignity and independence.

This issue of Spark focuses on the insights from those projects. HACT is working with CSIP, the National Housing Federation and Better Government for Older People to disseminate the insights from the Older People’s Programme and we will be examining the programme findings at the Housing LIN regional events and at two national conferences in the Autumn. Insight documents with key findings from the programme will be published later in 2007. For more information, visit: [www.hact.org.uk](http://www.hact.org.uk)


The first two of a series of insight documents focusing on key findings from HACT’s Older People’s Programme are now available to view at [www.hact.org.uk](http://www.hact.org.uk)

HACT pioneers housing solutions for people on the margins. Over the past four years, they have funded and supported 19 UK projects under our Older People’s Programme to help older people live with dignity and independence.

‘Adding more than value - inventive equity based financial products’ focuses on the findings of two organisations, Wessex Reinvestment Trust and London Rebuilding Society, whose socially responsible, equity-based financial products are helping to improve older people’s lives.
Similarly, ‘Designed to deliver - reducing the isolation of older people in rural communities’ highlights how, by focusing on local conditions and understanding individual needs, pioneering rural services can improve older people’s housing. Both insight documents are available to download from www.hact.org.uk. For a hard copy, please call Vicky Macleod on 020 7247 7800 or email publications@hact.org.uk.

‘Spotlight on older people in the UK’
The 2007 Spotlight Report, by Help the Aged, reveals what life is like for older people in the UK today. Behind every statistic are human beings, whose stories provide a vivid commentary throughout this report. As Help the Aged calls for an end to the injustice that remains entrenched in so many areas of our society, their voices articulate the urgency of this challenge.

‘Spotlight on older people in the UK’ brings to light the issues faced by vulnerable older people: poverty, neglect, ageism and isolation. Findings include:
• One in five older people are living in poverty.
• 13 per cent are often or always lonely – this has risen from eight per cent in the last year.


Social Inclusion and Older People: A Call for Action
This report, by Help the Aged, highlights the need for increased engagement with older people at every level of the political agenda. Support for greater local involvement in decision-making is growing. Enabling older people to contribute to the planning of their communities will go a long way towards reducing social exclusion and improving public services. This report spotlights valuable insights and views from those who do not normally speak out or are more likely to be overlooked, and urges action to address the issues they raise.

http://policy.helptheaged.org.uk

Building for All: Identifying the need for supported housing in London
A joint publication from the London Housing Federation, Housing Corporation and Mayor of London, this new report shows that London has a serious shortage of specialist supported housing suitable for certain socially-excluded groups of people.

The report finds that 4,421 additional supported homes are needed for London’s vulnerable residents, with that figure rising to 5,874 by 2017.

The accompanying Supported Housing Needs Assessment Toolkit enables London boroughs to calculate their own assessments of local need. Use of the model will not only improve local planning provision but also feed specialist information into the London-wide assessment of need.

The accompanying technical report includes a guide to using the toolkit, as well as an overview of the methodology used to calculate the need for supported housing.

http://www.housing.org.uk/

Balanced Retirement Communities? A case study of Westbury Fields
Simon Evans and Robin Means, University of the West of England. April 2007

Westbury Fields, built in Bristol by the St Monica Trust in 2003, is one of the first to combine social rented housing, apartments owned through a variety of lease purchase arrangements, and a care home with short term care and dementia care provision within a privately funded retirement village complex. The aim of this development with over 200 residents is to encourage a lively, balanced community ranging from active, independent residents to those requiring a high degree of support. The University of the West of England, Bristol, was commissioned by the St Monica Trust to carry out an exploratory evaluation of the village. This report is a study of its findings.

http://hsc.uwe.ac.uk/net/research/Default.aspx?pageid=217

Unlocking the Community
Published by International Longevity Centre - UK ‘Unlocking the Community’ explores how older people’s growing capacity for organising in the community can promote better social engagement and well-being in later life, by setting out an innovative model for community development and activity being pioneered in Devon.

http://www.icn.csip.org.uk/housing/index.cfm?pid=528&catalogueContentID=2075

Measuring Resources in Later Life: a review of the data.
Sue Middleton, Ruth Hancock, Karen Kellard, Jacqueline Beckhelling, Viet-Hai Phung and Kim Perren

The Government is currently planning and initiating policies for a future in which increasing numbers of...
older people, living longer, will require more resources.

This quantitative report uses existing data to examine the needs of people over 65, including:

• expenditure;
• health;
• social networks;
• services;
• housing and neighbourhoods; and
• income.

It investigates how patterns of resource use change over time, both for individual older people as they move through later life and for different generations of older people.

Understanding resources in later life: views and experiences of older people
Katherine Hill, Karen Kellard, Sue Middleton, Lynne Cox and Elspeth Pound

Increasing life expectancy means that resources in later life have to be planned and managed over longer periods. This study explores access to these resources, their importance in older people’s lives, and how they interact. Resources include:

• health;
• social contacts;
• community and neighbourhood resources;
• housing;
• transport; and
• money.

A qualitative longitudinal approach was used to interview a panel of 91 respondents aged 65 to 84 to investigate the consequences of changes in circumstances in later life.

Community Engagement in Housing-Led Regeneration: a good practice guide
Sam Lister, John Perry and Marilyn Thornley

Regeneration can only be effective if it successfully engages with the communities it affects. This is a lesson learnt and applied in the nine Housing Market Renewal Pathfinders in the North and the Midlands. Their experiences, and the new methods they have developed and tested, are relevant to all housing-led regeneration initiatives which depend on community engagement.

This guide addresses the question ‘why engage with communities’ and part II then looks in detail at what engagement means at strategic level, at neighbourhood level, and in decision-making on individual streets and houses, with more than fifty practical examples from the Pathfinders and other regeneration schemes.

Detailed chapters in part III of the guide address particular issues:

• Skills needed for community engagement
• Using consultants
• Community cohesion and regeneration
• The town planning system
• Community capacity building
• Dealing with the media.

An annex provides recommended CIH/TPAS standards for community engagement, which can be adapted to local circumstances.

Regional Housing LIN events
Eastern Region LIN
30th August 2007, Norwich

South West Region LIN
13th September 2007, Bristol

West Midlands LIN
01st November 2007, Walsall

To register for these events, visit our events page: http://www.icn.csip.org.uk/housing/index.cfm?pid=167

National Housing Federation Annual Conference and Social Housing Exhibition
19 - 21 September 2007, International Convention Centre (ICC) Birmingham

This year’s National Housing Federation’s Annual Conference 2007 is themed a climate for change and will focus on the outcomes of the major recent reviews and their recommendations. This past year has seen a great deal of change and has set the foundations for a new regulation system, a new housing and regeneration agency and, with the Comprehensive Spending Review, a new funding settlement for housing. Our 10 year vision is about
tackling these challenges against a backdrop of increasing environmental and corporate responsibility. Making the right decisions and managing the challenging times ahead underpin the theme of this year’s event.

Jeremy Porteus

‘Planning together, working together: delivering health and well being for homeless and insecurely housed people’

Oxford University Department for Continuing Education, with support from the Department for Communities and Local Government, are hosting a Second Health and Homelessness Conference on 25th September 2007 in Rewley House, Oxford.

The theme is: ‘Planning together, working together: delivering health and well being for homeless and insecurely housed people” and the programme should have something to appeal to frontline staff, managers and commissioners alike. Speakers are drawn from the UK and further afield, both from the statutory and non-statutory sectors. Early application advised as places are limited.

More details at http://cpd.conted.ox.ac.uk/events/homeless/default.asp

OTHER EVENTS

Resident Involvement in Sheltered Housing - A Workshop
29 September 2007, University of Sussex

Tenant participation, resident involvement: whichever term one uses, the issue has existed for decades. We continue to cite Arnstein’s ladder with spurious consultation as its lowest rung and agenda-setting and decisions making as its topmost.

For more information about this workshop http://www.icn.csip.org.uk/index.cfm?pid=482&eventID=128

Health and Malnutrition in Sheltered Housing in Association with BAPEN

Plymouth, 5th September; Leeds, 13th September; Birmingham, 2nd October; London, 9th October; Manchester, 6th November; Cardiff, 15th November

CSHS (Centre for Sheltered Housing Studies), in association with the British Association for Parenteral and Enteral Nutrition (BAPEN), has developed a series of one day seminars to raise awareness of the level of malnutrition amongst older people and the role of Sheltered Housing. The programme will consider a number of key areas including; recognising the signs and underlying causes of malnutrition, empowering older people to seek better nutrition, involving older people in the design and dissemination of information on good nutrition and where you can go for further advice and guidance.

For further information: http://www.cornwall.ac.uk/cshs/index.php?page=Home
Email: info@cshs.co.uk

How to Keep your Supporting People Contract

Birmingham, 27th June; London, 18th July; Manchester, 5th September; Cardiff, 3rd October; Leeds, 11th October; Plymouth, 25th October

The Supporting People Programme has brought about many changes for providers of Sheltered Housing. Many are still struggling to find time to comply with their contractual obligations - in response, CSHS will be hosting a series of one day seminars in partnership with ROCC to train Scheme Managers/Housing Officers.

For further details email info@cshs.co.uk or visit www.cshs.co.uk

A few CD-Roms and DVDs still available free from Housing@icn.csip.org.uk

• That’s My Home – Housing Needs for Older People with Dementia (CD Rom)
• Telecare – Living with Independence (CD Rom)
• Healthy Homes, Healthier Lives (DVD / CD Rom and support material)
**NEXT ISSUE**

Coming in the September issue of Housing With Care Matters;

- update on Housing Green Paper and housing strategy for an ageing society
- feature on housing and learning disability
- latest news on comprehensive spending review
- new Housing LIN learning resources and tools

**PROMOTE YOUR WORK**

The Housing LIN is keen to promote examples of good practice, reports and other events that relate to housing with care for older people. If you have promotional material, articles or features you would like us to include in future editions of *Housing with Care Matters*, please send details to housing@icn.csip.org.uk

*We welcome your contributions*

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For further information, contact the Housing Learning & Improvement Network
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or write to Housing LIN, CSIP Networks,
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