



## Housing, health and sustainability

Child and Family Health Centre,  
Barking

**LIFT Co:** Barking Dagenham Havering Community Ventures Ltd

**CCG:** NHS Barking and Dagenham

**Size:** 3,288m<sup>2</sup>

**Opened:** 2009

**Head tenant:** CHP

**Property value:** £12m

## Profile

The Child and Family Centre stands as an exemplar of a sustainable multi-use health and social care facility with affordable housing, supporting local employment and industry.

The development is designed to optimise the use of new sustainable technologies and achieve a high degree of energy efficiency and use of renewables.



### Services:

- GP practice
- Community pediatrics
- Child and adolescent mental health services
- Audiology
- Physiotherapy
- Occupational therapy
- Community dentistry
- Child Development Centre
- Speech and language therapy
- Children's safeguarding service
- Health Information Centre

## Delivering for the Community

The Child and Family Centre is a one-stop shop for all services relating to children and families including a range of health and local authority services.

The health provision includes a GP practice and a comprehensive service for children. In addition, the LIFTCo and the other partners in the Centre worked with Southern Housing Group to deliver 22 affordable housing units on the upper floors of the scheme, built 100% to Lifetime Homes standards. The development was part financed by a grant from Thames Gateway Growth Funds.

The building was deliberately located in the heart of the town centre, as a key component of an award winning regeneration project, to make best use of the public transport infrastructure and maximise pedestrian access. The building has been designed 'car-free' – with no parking included, other than a high level of cycle storage. The design includes the provision of showers in the health centre to encourage staff to cycle to work, and a Green Travel Plan is in operation.



## Sustainable Energy

The building achieved 'Excellent' rating under the NHS NEAT Environment Assessment Tool. 20% of the buildings energy needs and 30% of its heat requirements are generated through the use of a biomass boiler. Passive solar design features are incorporated and the building uses a natural ventilation strategy.

The housing units were also built to an eco-friendly standard, achieving Ecohomes 'Very Good' standard. Each flat in the housing scheme features heat meters, dual flush toilets and spray taps to minimise energy use.

**For further information, please contact:**  
[info@communityhealthpartnerships.co.uk](mailto:info@communityhealthpartnerships.co.uk)