

SHARE AND CARE HOMESHARE CASE STUDY

Jennifer (82) was diagnosed with Dementia in 2014. Share and Care Homeshare arranged and managed a homeshare arrangement for her.

Jo explained; "When mum diagnosed, her life started to get smaller and more limited. Eventually she had to stop driving and she would forget arrangements so grew increasingly isolated. She was also finding everyday tasks difficult. Council carers came in twice a day, but that wasn't really the sort of help she needed – she actually needed a little practical help and, mostly, companionship.

"My mum used to teach music and even after her diagnosis she still played the piano and enjoyed a sing-song."

We believed a Homesharer would enable her mum to stay in her home for longer. "She wasn't ready for a care home, but she was less independent, and no longer liked being on her own; she loves company! Having a Sharer would make up for the times when we, and other visitors, were unable to be there and would also reassure us."

Tell us about your Mum's Sharer

"Judith, a teacher, was very carefully chosen. It was serendipity. I am so grateful for what Share and Care do and how they do it. Judith quickly became part of the home, taking over the day-to-day running of the house and Mum's diary. She and my Mum built up a wonderful relationship. Judith was artistic and they would do painting together. Judith also played the recorder and they would share the music together. She was very proactive and would take Mum out. And then there was sharing meals with Mum."



How did the finances work?

"When Judith came we reduced the number of carer visits, which saved so much money. Mum thrived under the arrangement and was in better health physically and mentally than she would have been without it. A 20-30 minute visit from a carer, however nice, doesn't give that cognitive stimulation that having a Sharer can give."

"Share and Care gave us a year's grace"

Judith left in 2017 when Jennifer's dementia had declined. Jo says: "Share and Care gave Mum an extra year in her own home. I always felt so supported by Share and Care's advice."

We also caught up with Jennifer's Sharer, Judith

"On meeting Jennifer, I thought, 'this would work', despite her Alzheimers'. Our shared love of music was an important factor; Share and Care picked up on that shared interest..



"I became very close to Jennifer, and got a lot out of Sharing with her. My selfconfidence rose while I was there. She was so sweet and would pick up on if I needed a hug. She might not remember my name but she would be relieved that I was staying the night. Although forgetful and living with Alzheimer's, she was still very intuitive and loving."

FOR FURTHER INFORMATION PLEASE CONTACT:

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