

What the 10 Year Health Plan means for you

Patients

Summary

- # Our health system is in crisis. If we don't act now, we risk the NHS ceasing to exist as a publicly funded service, free at the point of use.
- # But if we seize the opportunities provided by new technology, medicines, and innovation, then we can deliver better care for all patients - no matter where they live or how much they earn - and better value for taxpayers.
- # Our 10-year plan, backed by £29b, will get the NHS back on its feet and to make it fit for the future.

From hospital to community

- # Easier to see your GP and end the 8am scramble for appointments, through more GPs, longer opening hours and a guaranteed online appointment in 24 hours.
- # A Neighbourhood Health Centre in every community, open six days a week, 12 hours a day and staffed by GPs, nurses, care workers, physios, mental health workers and employment advisors.
- # NHS dental appointments thanks to new dental contracts tying newly qualified dentists to the NHS.
- # Faster referrals to specialists, prescriptions from your pharmacist and 24/7 neighbourhood mental health centres and dedicated mental health emergency departments.

From analogue to digital.

- # A digital single patient record will spare you repeating yourself and allow clinicians to design care around you.
- # AI-assisted doctors and self-referrals at your fingertips through the NHS app, self-referral for talking therapies, and digitised therapies.
- # A digital red book will keep your children's health information in one place.

From sickness to prevention.

- # A partnership with supermarkets to set new standards for healthy options - making the health choice the easy choice for families.
- # A ban on energy drinks and a smoke free generation.
- # Expansion of weight loss services and treatments to tackle obesity.
- # New screening programmes, including home kits to test for cervical cancer.
- # More financial support for those on low incomes to help give kids the healthiest start in life.
- # We will continue to roll out Mental Health Support Teams in schools.