

# Alternative Models of Care for Older People

The Main Report

by

Anthea Tinker, Fay Wright, Claudine McCreadie, Janet Askham, Ruth Hancock & Alan Holmans

Age Concern Institute of Gerontology King's College London

i



### The Authors and Collaborators

#### The authors of this paper are:

**Professor Anthea Tinker**, Professor of Social Gerontology and Director of the Age Concern Institute of Gerontology, King's College London. Social Policy analyst

**Dr. Fay Wright**, Research Fellow at the Age Concern Institute of Gerontology, King's College London. Social Policy analyst

**Claudine McCreadie**, Research Associate, Age Concern Institute of Gerontology, King's College London. Social Policy analyst

**Professor Janet Askham**, Professor of Gerontology and Deputy Director of the Age Concern Institute of Gerontology, King's College London. Sociologist

**Ruth Hancock**, Senior Research Fellow, Age Concern Institute of Gerontology, King's College London (and now Senior Research Fellow, Nuffield Community Care Studies Unit, University of Leicester and Visiting Senior Research Fellow at ACIOG) Economist

**Dr. Alan Holmans**, University of Cambridge and previously Chief Housing Economist, Department of the Environment. Economist

#### The collaborators of this paper, to whom go many thanks, are:

**Professor Robin Means**, Associate Dean (Primary and Community Care) University of the West of England. A Social Policy analyst and qualified Social Worker. He was commissioned by ACIOG to write a paper on Housing and Housing Organisations and this forms Appendix 3.

**Dr. Alan Turner-Smith** and **Dr. Donna Cowan**, Centre for Rehabilitation Engineering, King's College London. A Physicist/ Engineer and Engineer respectively. They were commissioned by ACIOG to write a paper on Assistive Technology and this forms Appendix 4.

**Age Concern England**, under the leadership of **Evelyn McEwen** made available the expertise of their Library, Information and Policy Staff.

#### The Focus Groups of Older People and Carers

This forms Annex E.

The authors are also grateful to **Working Group B (Models of Care)** of the Royal Commission for their support and comments. They would like to express their thanks to the members of the Secretariat, especially **Patrick Hennessy**, for all their help and support. There are many others who helped us and we list them after the references.

(This report has been a team effort. However Anthea Tinker took overall responsibility for editing it into its final form and also the main responsibility for Chapters 5 and 6. Other chapters where a main responsibility can be identified were: Chapter 3, Claudine McCreadie; Chapter 4, Fay Wright; Chapter 7, Janet Askham; Chapter 8, Alan Holmans; Chapter 9, Ruth Hancock and Annex E, Claudine McCreadie and Fay Wright. All benefited from contributions from the team as a whole.)

*The responsibility for the report and for any errors and expressions of opinion belong, of course, to the authors* 

## Contents

The	e authors and collaborators inside front p	bage
Abb	previations and terminology	v
Exe	ecutive Summary	1
Cha	apters:	
1	Introduction and Methods	15
2	Staying at Home in Context	21
3	The Models: Intensive Home Support	33
4	The Models: Co-Resident Care	49
5	The Models: Very Sheltered Housing	67
6	The Models: Assistive Technology	81
7	The Vignettes	93
8	Costing Care and Support	103
	Annex A: Details of costings of services in ordinary homes	117
	Annex B: Details of costings of externally provided services in very sheltered housing	123
	Annex C: Costs of ordinary housing	126
9	Paying for Care and Support	129
	<b>Annex D:</b> Detailed examples of incidence of resource costs (Tables) and the effects of increasing income on contributions to total health and care costs (Figures)	142
10	Findings and Issues	
	Annex E: Illustrations of schemes	
	Annex E. mustrations of schemes	105
Ack	nowledgments	
	nowledgments	227
Ref	rowledgments	227
Ref App	nowledgments	227 229
Ref App 1	rowledgments Ferences Dendices: Focus Groups. Discussions with Older People	227 229 245
Ref Apr 1 2	Rnowledgments Ferences Dendices: Focus Groups. Discussions with Older People and their Carers Helping Older People to Stay at Home — The	227 229 245 265



 $\pm \pm$ 

## Abbreviations and Terminology

AA	Attendance Allowance
ACE	Age Concern England
ACIOG	Age Concern Institute of Gerontology
ADL	Activities of Daily Living
ADS	Alzheimer's Disease Society
ADSS	Association of Directors of Social Services
AT	Assistive Technology
COST	European Co-operation in the field of Scientific and Technical Research
CNA	Carers National Association
CPA	Centre for Policy on Ageing
CPN	Community Psychiatric Nurse
DETR	Department of Environment, Transport and the Regions
DoE	Department of the Environment
DoH	Department of Health
DSS	Department of Social Security
EPICS	Elderly Persons Integrated Care System
ESRC	Economic and Social Research Council
GB	Great Britain
GHS	General Household Survey
GP	General Practitioner
GSS	Government Statistical Service
HA	Housing Association
HAS	Health Advisory Service
HB	Housing Benefit
IS	Income Support
JRF	Joseph Rowntree Foundation
LA	Local Authority
MRC	Medical Research Council
NHS	National Health Service
NISW	National Institute of Social Work
ONS	Office of National Statistics
OPCS	Office of Population, Censuses and Surveys
OT	Occupational Therapist
PSSRU	Personal Social Services Research Unit at Universities of Kent, Manchester and the London School of Economics

				ñ
			1	2
ī	11			
		-	11	

Alternative Models of Care for Older People

PSI	Policy Studies Institute
RICA	Research Institute for Consumer Affairs
RPI	Retail Price Index
SAR	Sample of Anonymised Records
SERPS	State Earnings Related Pension Scheme
SPRU	Social Policy Research Unit, University of York
SSI	Social Services Inspectorate
TELEMATE	Telematic Multidisciplinary Assistive Technology Education
TIDE	Telematics for Elderly and Disabled People
UK	United Kingdom

The term 'older people' is used throughout the paper unless the reference is to the research of others where a different description is given.

'Home' is used to denote house, flat, bungalow or any other kind of housing unless the reference is to research where a specific description is given.