



ClwydAlyn

Rhyl iCAN Hub Overview



iCAN

*("Independent,
Connected, Active,
Networked")*



ClwydAlyn.co.uk

Mae ClwydAlyn yn Gymdeithas Elusennol Gofrestredig
ClwydAlyn is a Charitable Registered Society



iCAN Hub in Rhyl hosted by ClwydAlyn Housing in partnership with BCUHB, opened in 2020.

A safe space for people in the community who are in social crisis and require a social response, rather than a clinical response.

Open 7 days per week 10am until 7pm

3 staff members based at the hub.

Referral process and drop in available.

Activity Groups weekly.



1690 people accessed in the last year.

54% of people accessing the hub in employment.

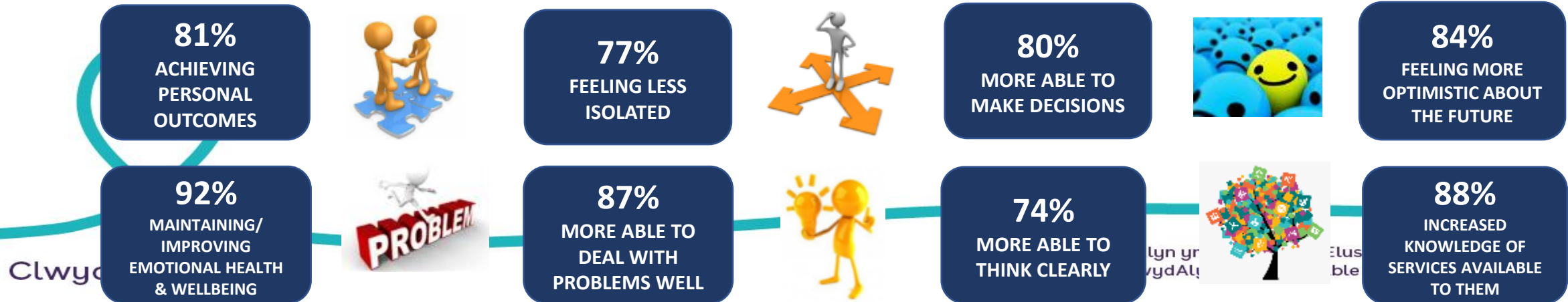
Top three reasons for people accessing – Housing Issues, Isolation, Mental Health/Wellbeing

Work with a range of organisations to provide person centred support – CAB, My Home Denbighshire, Local Authority, North Wales Police, DASU, Salvation Army, Job Centre, Samaritans, 111+2, third sector organisations, other iCAN hubs, local GP Surgeries, community mental health services.

iCAN Hub Rhyl Overview 1st April 2025 to 31st March 2026



iCAN Hub Personal Outcomes Headlines – 1st April 2025 to 31st December 2025





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I didn't think I would ever be able to return to work following some personal issues and bereavement and giving up on everything. With the consistent support from the staff at iCAN they have given me a reason to carry on and in the last few months I am now back in work, enjoying social events and starting to enjoy life again.

iCAN Hub Service User Feedback:

I work Monday to Friday and then I take care of my children. Before using iCAN, it was difficult find a service that could help me with mental health that was open past 5pm or on the weekends. Being able to use iCAN on the weekends and in the evenings when I'm free has helped me maintain my mental health.

I attend a weekly arts and craft session at the iCAN hub. Before attending these sessions, I very rarely left my flat. I had very few friends to speak of and often struggled with loneliness. However, since attending the arts and craft session I have made new friends, and we socialise outside of iCAN. Thanks to these groups I now have my own support network which is making me more resilient, and I cope better in those moments where I feel lonely.

After losing my wife I didn't want to carry on, with the support from the Fire Service /Ambulance and Police who saved my life. Referrals were made to Social Services and iCAN where I received help and support to get my home to a habitable condition. I am enjoying my life and learning to live with grief. iCAN have given me a reason to keep going and I have started my artwork again which has been therapy for me.



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Thank you!



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