

My Home, My Life (Amar bari, Amar jibon)

Housing culture and wellbeing in later life:
Insights from the Amar Bari, Amar Jibon research

Housing LIN Webinar Tuesday May 5th, 2026



Housing LIN

Connecting people, ideas and resources

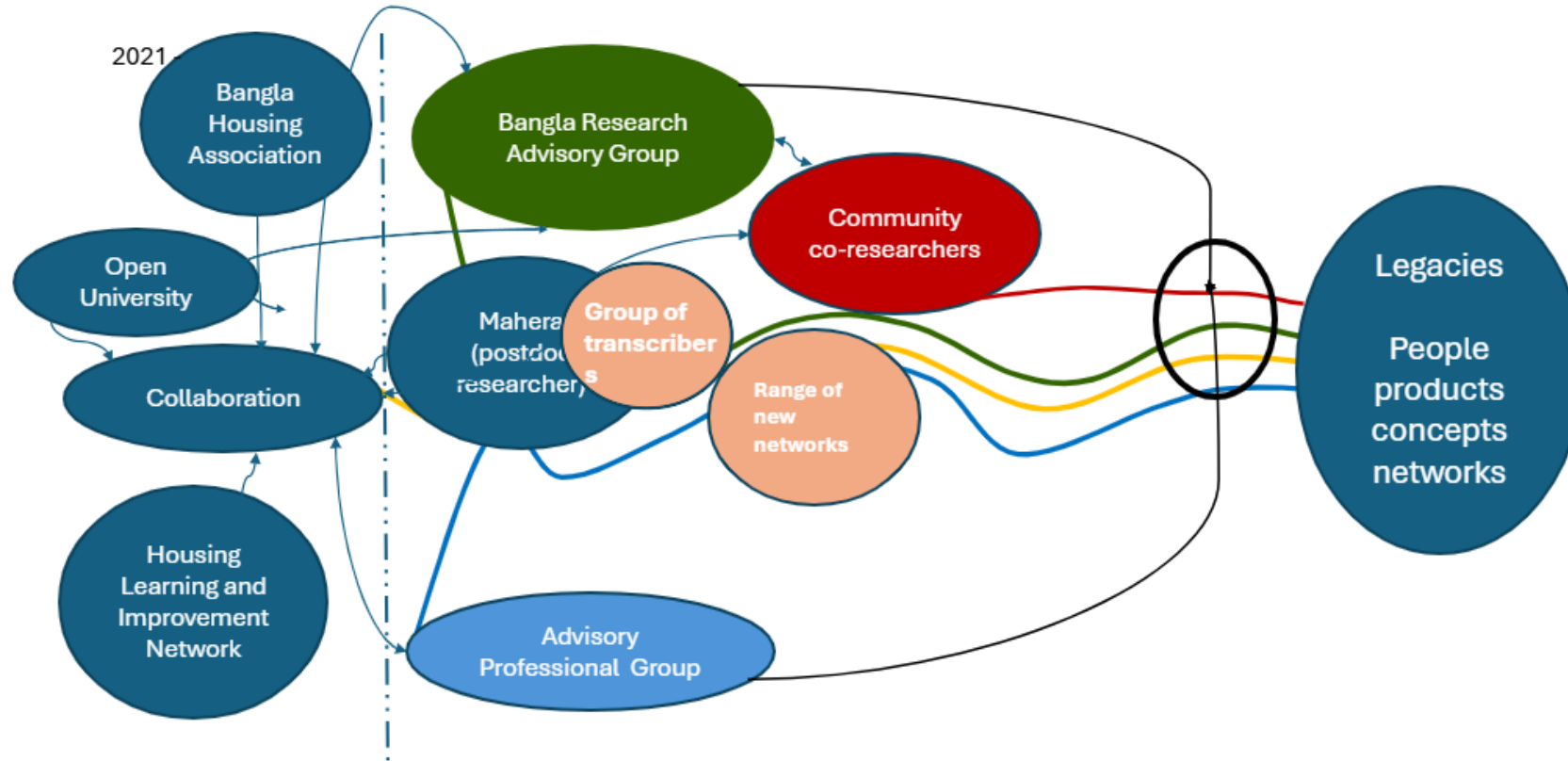


Funding for
the future of
ageing well
VIVENSA FOUNDATION

Co-Production

Coproduced and engaged research at all stages

2022 - 2025 and beyond

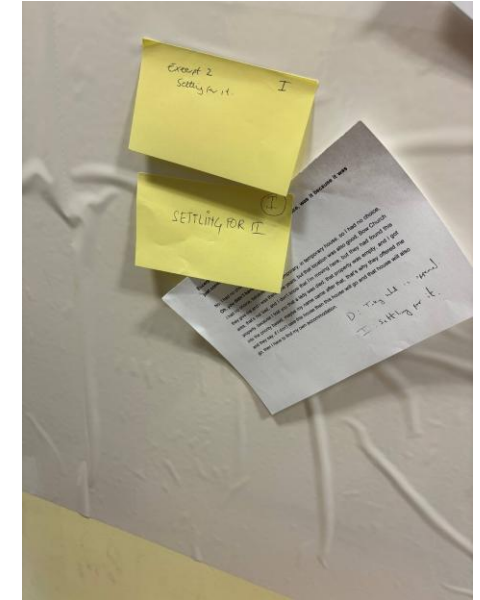


Bangladeshi Research Advisory Group (BRAG)

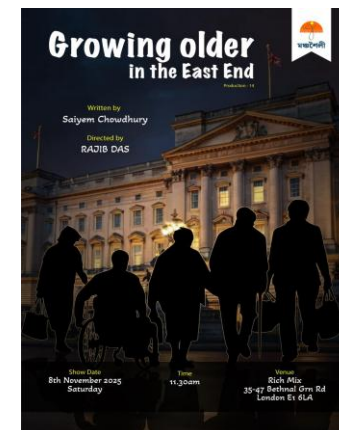
- What BRAG brought and took away



- Our Impact on the Project & Its Impact on Us



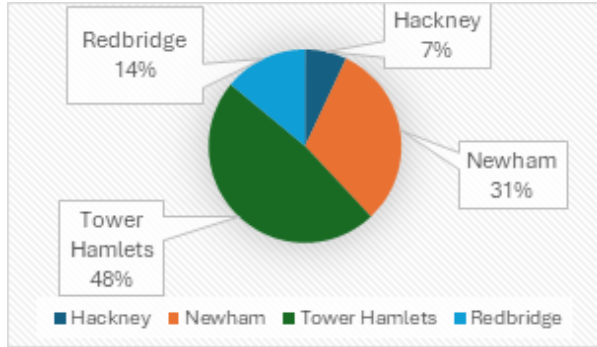
'The realm of higher education belongs to my grandchildren, not me.' Yet, here we are, bridging the gap between the living room and the House of Lords." (Moriom Begum)



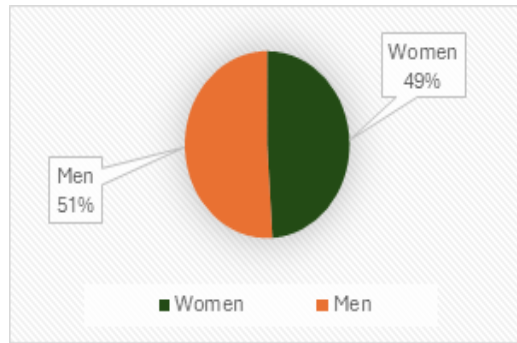
Context

Who are the Probins?

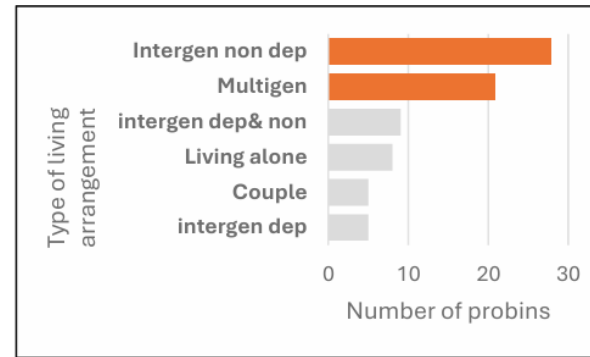
Participants by borough



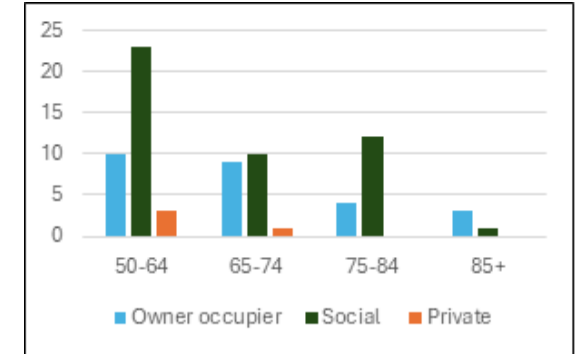
Participants by sex



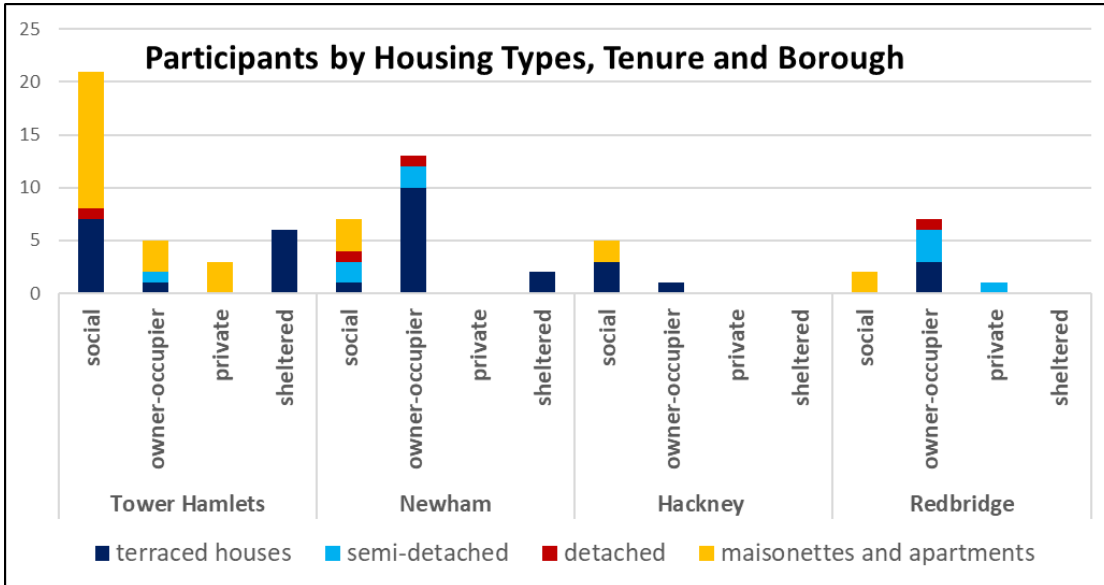
Living arrangements



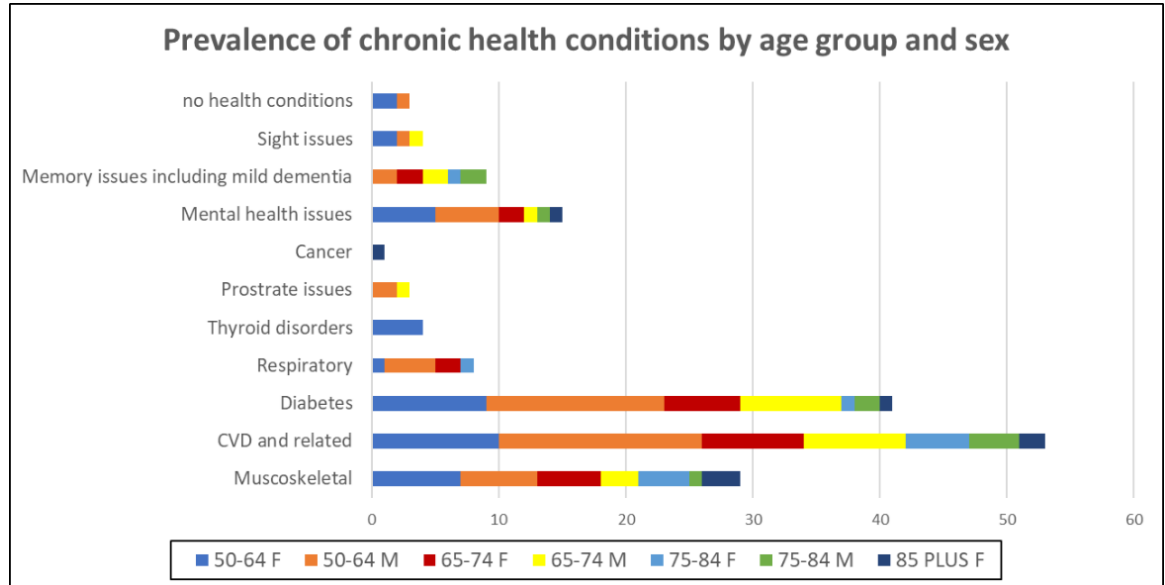
Age by tenure



Participants by Housing Types, Tenure and Borough



Prevalence of chronic health conditions by age group and sex



Findings - Animation

<https://youtu.be/Cr4Y03jum2c?si=LghNLn5sqCqwJQHj>





Each of us has a life story,

What does the animation tell us?

- ❖ Suitability of accommodation for daily living
- ❖ Housing conditions and experience of repairs
- ❖ Housing preferences for future living
- ❖ Places for living and belonging

BRAG's perspective on the findings

- ❖ Systemic exclusion is design
- ❖ Consultation is missing
- ❖ The movement continues

How can we take this forward?

- ❖ Recognition of lived realities
- ❖ Improved access and equity
- ❖ Building workforce and practice
- ❖ What success looks like



Questions & Answers

