

DFG and Dementia Design

09/12/2025

The Disabled Facilities Grant and its link to the BCF Policy Framework

Objective 1: reform to support the shift from sickness to prevention **Objective 2:** reform to support people living independently and the shift from hospital to home

The DFG:

- A housing grant designed to support older people, adults, and <u>children</u> with physical, cognitive, and sensory disabilities or impairments.
- Funds home adaptations based on 12 key purposes, all aimed at enhancing functional independence, accessibility, and safety within the home environment.
- **Flexible use of the DFG** can support a HIA or adaptations service to provide other housing solutions for older and disabled people around prevention, hospital discharge, and hospital avoidance.
- Became part of the BCF in 2015, and since then there has been a significant increase in central
 government resources: £86 mil. announced at 2025/26 budget, bringing the annual total to £711 mil.



The Benefits of Adapting Existing Homes

Familiarity supports orientation and emotional well-being, preserves routines and social connections, can be tailored to the individual, and is often quicker than relocating.





The Downside of Adapting Existing Homes

Physical constraints may require compromise, some properties aren't suitable for significant adaptation, installation can be disruptive, and solutions may not anticipate future needs.





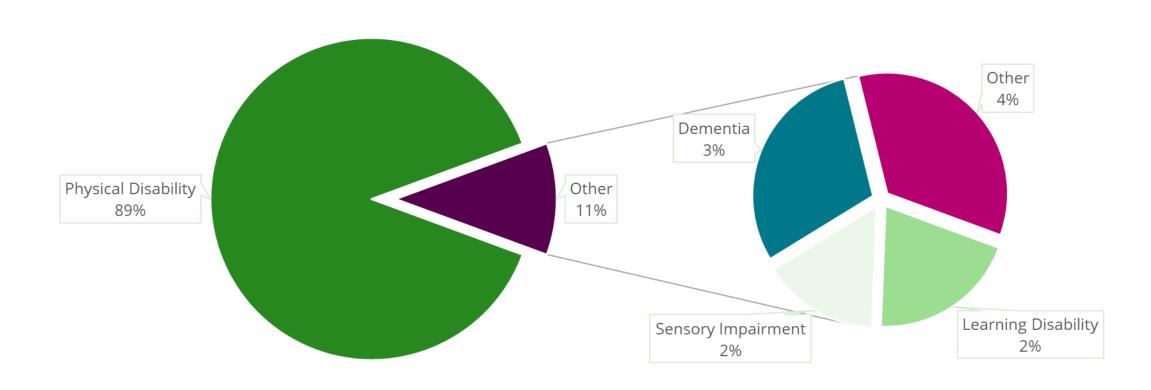
Why Home Adaptations Matter for People with Dementia

- The home environment can either support or undermine independence, safety and well-being for someone living with dementia.
- <u>Thoughtful</u> adaptations can reduce confusion, support independence, prevent falls, ease caregiving, and help people remain at home longer.
- The goal is to create an environment that compensates for cognitive changes while preserving dignity, choice and familiarity.





Primary impairment for DFG applications





Principles for Dementia-Friendly Adaptations

Familiarity over novelty — work with existing routines and preferences where possible

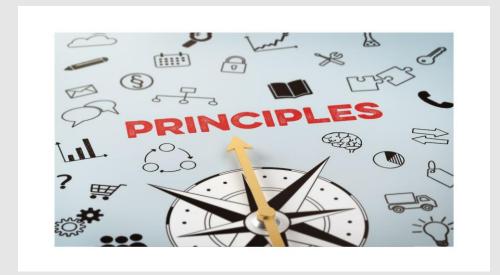
Simplicity — reduce clutter and complexity in the environment

Good lighting — even, consistent lighting reduces shadows and confusion

Contrast — use colour and tonal contrast to highlight important features

Calm — minimise sensory overload from noise, patterns and reflections

Personalisation — solutions should reflect the individual, not a generic checklist





Common Architectural Barriers in the Home

Layout: Toilet not visible or easily found from main living spaces, bedrooms and bathrooms on different floors, cluttered or narrow hallways restricting movement.

Lighting: Dim hallways and landings, poor lighting on stairs, no easy way to light the route to the bathroom at night, and glare from uncovered windows.

Flooring: Rugs and mats creating trip hazards, changes in floor colour between rooms appearing as steps, and busy carpet patterns causing visual confusion.

Stairs: Steep or narrow staircases, lack of handrails on both sides, poor contrast on treads, no landing light or two-way switches.





Common Architectural Barriers in the Home

Doors and thresholds: Internal doors that all look the same, raised thresholds between rooms, back door steps without handrails.

Bathroom: Over-bath shower requiring high step-over, poor contrast between white fittings and white walls, confusing or stiff tap controls, no grab rails.

Kitchen: Controls on cooker that are hard to understand or see, cluttered worktops, poor task lighting.

Garden access: Steps down to the garden without handrails, unsecured gate or boundary, uneven paths.





Matching Adaptations to Functional Need

Memory and sequencing: Labels, contrasting colours, simplified controls, medication prompts, wayfinding signage.

Spatial awareness: Consistent flooring, avoid busy patterns, good surface contrast, and reduce reflective surfaces.

Safety and risk: Thermostatic taps, cooker isolation, door/window sensors, secure outdoor spaces.

Night-time disorientation: Motion-activated lighting, illuminated toilet seats, clear routes, contrasting bedding.

Mobility and falls: Grab rails, level thresholds, bilateral stair rails, walk-in showers.







Department for Levelling Up, Housing & Communities







The Disabled Facilities Grant and assistive technology

Chapter 7: The Disabled Facilities Grant and assistive technology

Assistive technology

- 7.1 According to the Medicines and Healthcare products Regulatory Agency (MHRA), the term 'assistive technology' refers to 'products or systems that support and assist individuals with disabilities, restricted mobility or other impairments to perform functions that might otherwise be difficult or impossible'.
- 7.2 Assistive technologies enable people to live healthy, productive, independent and dignified lives. They can help people participate in education and the labour market as well as stay in contact with family, friends and carers and use online services to access shopping, entertainment and information.
- 7.3 There is a large market in specialist assistive technology, offering a wide range of products and services to help disabled people in their everyday lives. In addition, mainstream technologies also often have features that can be beneficial for disabled people.
- 7.4 Assistive technology can be included as part of a DFG award package to maximise the benefits of home adaptations. This is a non-exhaustive list of examples of specialist and mainstream assistive technologies that can be provided through the Grant. The examples are organised according to the different DFG purposes they support.

Smart homes technology

The range of technology available to control the functions of a home have increased significantly since the DFG was first introduced in 1990. The cost of equipment has also decreased as use of assistive technology has become more mainstream. For example, a system to manage and monitor the internal environment that used to cost several thousand pounds can now be achieved for less than £30s.

Local authorities should consider the most appropriate way to provide smart technology where it is not part of a larger adaptation, and whether an application for DFG is the most cost effective way to do so. Some areas include a streamlined grant within their Housing Assistance Policy (see Chapter 3:).

The DFG is a capital grant and authorities should also take into account their deminimis limits and the ongoing costs of any maintenance or monitoring.

Dementia grants

Many local authorities already include dementia grants within their housing assistance policies. They are typically preventative in nature and allow for adaptations to be provided with a diagnosis of dementia and before the condition escalates to the point where a DFG would otherwise become necessary.

The extent and cost of the works are usually relatively small (often less than £1,000) and involve a streamlined application process. The most common types of modification are:

- Labels and signs on doors and cupboards
- Task focussed lighting in bathrooms and kitchens
- Items of assistive technology, e.g. to provide reminders and to monitor activity
- Safer flooring
- Decoration to improve contrast between walls and floors
- Installing coloured fixtures to create a contrast for items like toilet seats and grabrails

These simple changes can help to keep someone living safely at home for longer, delaying the need for more costly care services or a move into residential care.

How the DFG Allocation Can Be Spent

Providing housing assistance in accordance with a locally published Housing Assistance Policy under RRO powers. Examples of housing assistance in local housing assistance policies includes:

Small Repairs: Repairs to the home that are necessary for the appropriate use of DFG funded adaptations.

Dementia Grants: Preventative modifications to make a home more suitable for someone with dementia.

Assistive Technology: e.g. smart home devices to automate heating, lighting, and power control.

Pooled Funding: Pooled fund with social care for things like ramps that could be minor adapts or DFG funded.

Home Safety: Preventative modifications around the home to prevents falls and improve safety.

Hospital Discharge: Assistance to support early discharge from hospital including deep cleaning, decluttering, heating repairs, furniture removal etc.

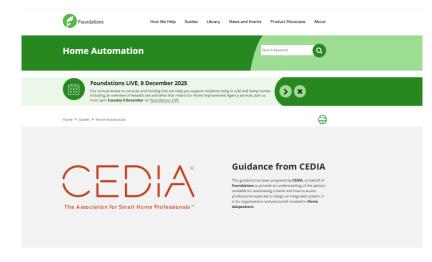
Top Up Funding: To assist with supporting high-cost cases that go above the £30,000 mandatory grant.

Warm Homes and Energy Efficiency Loans and Grants: To improve the energy efficiency of properties, replace inefficient heating systems including boilers, radiators, control elements, and loft and/or cavity wall insulation.





Home Automation & The DFG



Guidance on Home Automation

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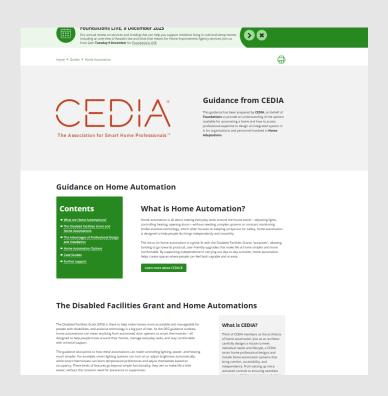
Home Automation & The DFG

Prompts and reminders: Voice-activated reminders, medication prompts, automated alerts for appointments or mealtimes.

Safety monitoring: Door, window and flood sensors, linked smoke alarms, automatic or remote cooker isolation.

Lighting: Motion-activated lights on key routes, timed lighting to support day-night orientation.

Temperature and comfort: Smart thermostats, remote heating monitoring, automated blinds.



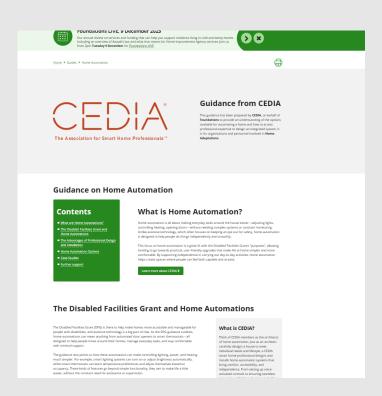


Home Automation

Communication and reassurance: Video doorbells, one-touch calling, voice assistants for orientation and companionship.

Supporting carers: Remote check-ins, activity monitoring, alerts for unusual patterns.

Key considerations: Keep it simple, involve the person in decisions, plan for changing needs.







Thank you