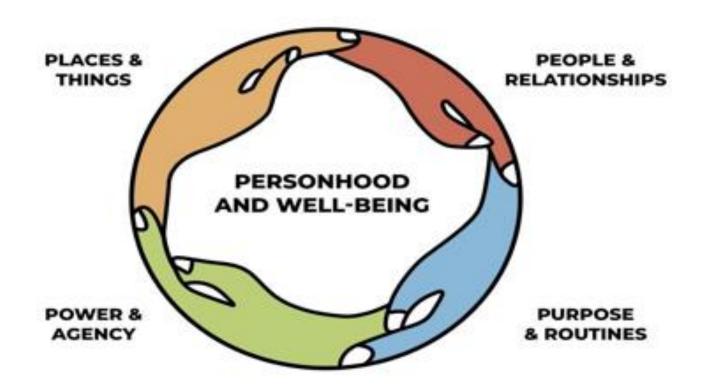


Holding



What matters?

- A life beyond dementia
- Feeling recognised and having opportunities to be helpful
- Staying connected and not feeling alone
- Knowing where to find support and help with navigation
- Freedom from negative attitudes and life-limiting stigma
- Support and breaks for family carers

What can make a difference?

- Proactively confronting stigma and harmful stereotypes
- Co-produced, place-based strategies and plans engaging with and
- drawing on the assets of the whole community
- Investing in early and ongoing support and navigation, from diagnosis until death (and beyond)
- Scaffolding mutual support

What can make a difference?

- •Widening circles of support to stay connected and active and provide family carers with time out
- Increasing the supply of accessible housing and home adaptations
- •Developing inclusive and accessible public spaces, transport, goods and services
- Harnessing technology
- •Promoting innovation in community-based care and support, including support for family carers

"I just want to be able to dance"

