

An Introduction to Thea Care & Better Living

Maggie Gilbert

MEET THEA



“THEA” means “Divine Inspiration”

*THEA is Maggie’s daughter –
now a young woman aged 45 -
who has severe learning disabilities –
and is the inspiration for this Project*

· The implicit concept of “Holistic Care” within “BETTER LIVING” is Maggie’s, and the care definition which emerged, has, for excellent personal reasons, been labelled:.....

“THEA CARE”



“BETTER LIVING” (<https://www.betterlivingcio.org>)

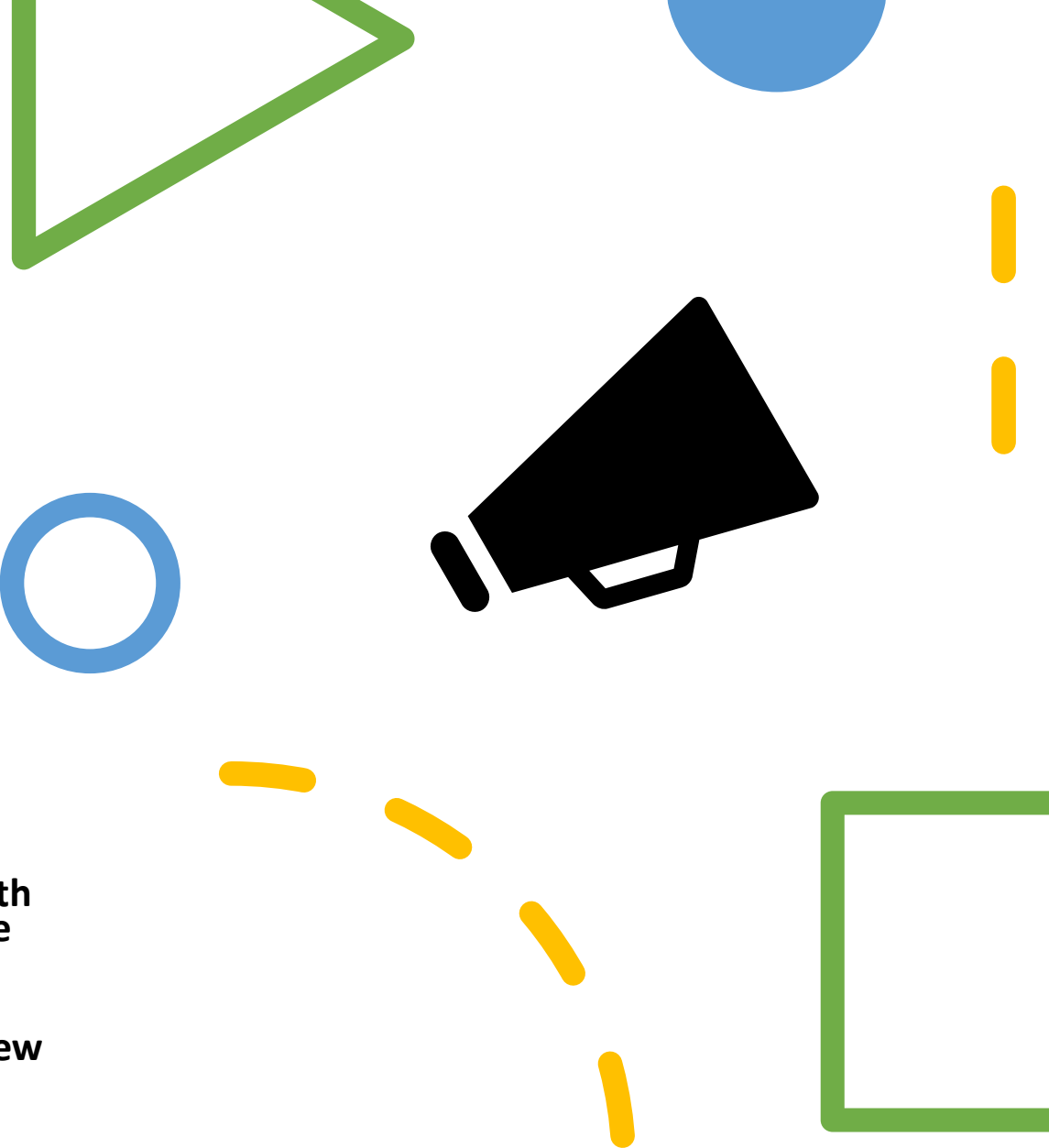
Charitable Incorporated Organisation Registration Number: 1181947

A New Concept in Care for the Vulnerable

STATEMENT OF PURPOSE

Caring for some of society’s most vulnerable by:.....

- creating unique combined residential opportunities for adults with learning disabilities and the elderly, and linking them with extensive leisure facilities which will be shared with the local community.
- aiming for excellence, sustainability, community involvement, innovation and economy, and seeking to demonstrate an entirely new way of providing Care.



“BETTER LIVING” CIO

Objective

providing relief to those in need by reason of age or disability

- We aim to develop a uniquely innovative way of providing care for adults with learning disabilities and also for the elderly, by:.....
- *engaging the community and creating volunteering opportunities*
- *avoiding their institutionalisation and greatly enhancing their quality of life*
- *improving the quality of their care, while reducing the cost*
- *validating this Care Model and demonstrating scalability*

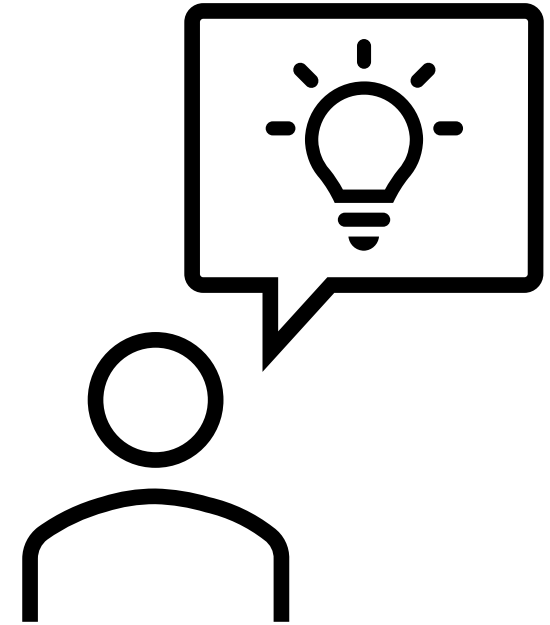


THE PROPOSITION:

- The two groups would reside in different “wings” of a customised residential facility.
- Both are likely to be engaged by the same stimulating and calming activities and facilities.
- By choice, they could come to the communal areas in the central “Hub” for ad hoc social interaction with their local community.

All accessed from the “hub”, indoor and outdoor activities could include:

- Participating in daily living as required/appropriate eg. gardening; cooking; pet care etc.
- Quiet, restful areas both indoors and out.
- Sensory environments; exercise facilities/classes; water facilities; music therapy; etc.
- Indoor games; painting; computers; dancing; flower-arranging etc.
- Robust outdoor play/exercise equipment; outdoor games such as bowling; croquet etc.
-and more.....limited only by the imagination!



FURTHER INNOVATION

is to draw in the local community, by:

- ***sharing facilities with the residents in the central Hub***
- ***inviting membership of a Toy & Leisure Lending Library***
- ***working and sharing resources with local charities and statutory services***
- ***inviting sponsorship and interaction with local Companies as appropriate***
- ***providing vocational training with opportunities for practical experience***
- ***creating a wide variety of volunteering opportunities***
- ***encouraging visits by the family members of residents***
- ***developing international student cultural exchange***
- ***sale of produce; hire of facilities; art exhibitions; crèche involvement etc***

Thank You!