



Good Lives

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Learning Disability England



- Bringing people and organisations together
- Create a movement for change by bringing members together on an equal basis.
- Members work together to build a world where people with learning disabilities have good lives with equal choices and opportunities as others

What is Good Lives?



- A coproduced vision and call to action
- Shared action: people, families, paid supporters and allies
- People with learning disabilities '1st amongst equals'
- Policy vacuum for people with learning disabilities

Where it all began...



- Birmingham 2020
- People spoke about what was important for a good life
- Lots of topics were spoke about
- Prioritised 6 chapters

The framework...



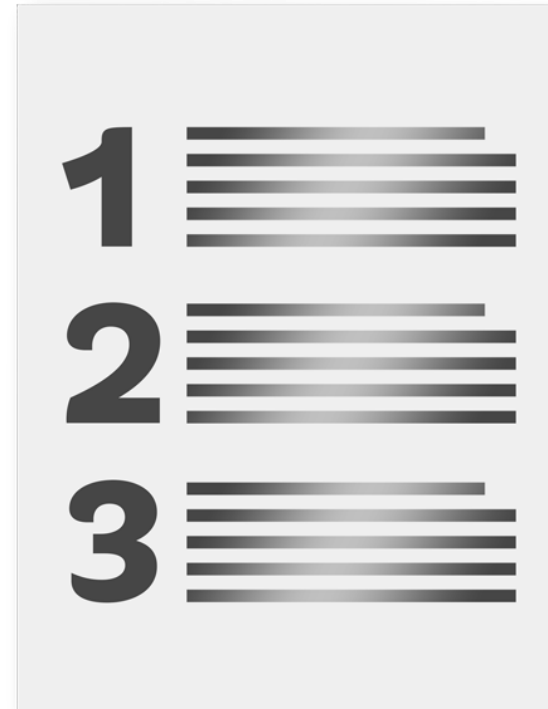
Each chapter says:

1. What the UN Convention says
 2. What people with learning disabilities have said needs to change
 3. What people are doing to move us towards Good Lives
 4. Ideas for change and our first steps
- The chapters are growing and changing as more people take part.



The chapters...

- The Right Support
- A Home
- Self-advocacy and Advocacy
- Communication and Staying Connected
- Contribution and Paid Jobs
- To Love and Be Loved



A Home: What people said was important



- Everyone should be able to choose where they live and who they live with
- This is a Human Right, the same as for people who do not have a learning disability
- People think it is wrong that people with a learning disability are made to live in unsafe areas
- There was concern that more people will be made to live in care homes and hospitals because of a lack of money

Next Steps



- People with learning disabilities, their families and carers, housing providers and social workers need to work together to make sure people with learning disabilities get the homes they want and need.
- People with learning disabilities need to be provided with high quality information and support to help them access housing that's right for them.

Next Steps



- The Government needs to fund more homes that are right for people with learning disabilities; reduce social housing rental costs; ensure people with learning disabilities receive enough welfare support to live in their homes.
- Local councils need to provide better housing options for people with learning disabilities and offer financial support to help them live good lives, be independent and feel more connected to their communities.

How are others using Good Lives?

- To guide their priorities
- Alongside their strategy
- A Research Network
- To start conversations



Housing Guide



- We have been working with Ace Anglia, Housing Lin and NHSE to create an accessible housing guide
- Information is important to allow people to make real choices
- Keep an eye out for its launch in the new year!

Why Are We Stuck In Hospital?

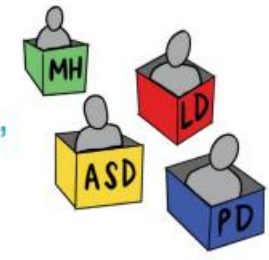


- Research with University of Birmingham, Changing Our Lives and partners
- Around 2000 people in secure hospitals, 58% of whom had a hospital stay of over 2 years
- Surprisingly little research on why people with learning disabilities and/or autistic people are delayed in such settings. Previous research has often failed to talk directly to people to understand what they see as the main barriers and what would help more people to leave hospital.
- Understanding the experiences of 27 people living in 3 long-stay hospitals in England – as well as on the experiences and perspectives of their families and professionals

1 OUR LIVES ARE ON HOLD – DO YOUR JOBS AND GET SOME 'OOMPH'



6 DON'T PUT US INTO BOXES OR 'SCATTER-GUN'

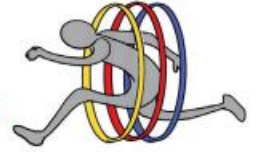


2 SEE THE PERSON BEHIND THE LABELS



7 GIVE ME THE CHANCE TO TRY LIFE OUTSIDE

3 DON'T MAKE ME JUMP THROUGH MORE HOOPS THAN IS REALLY NEEDED



8 PLEASE HELP ME WITH THE TRAUMA I'VE EXPERIENCED



HOW TO HELP

People's top ten tips for helping them to leave hospital



4 MAKE SURE THE CRIMINAL JUSTICE SYSTEM IS ON BOARD (WHERE SOMEONE HAS COMMITTED AN OFFENCE)

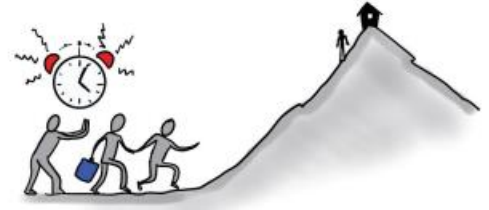


9 DON'T LET US FALL THROUGH THE CRACKS

5 HELP HOSPITAL STAFF KNOW WHAT'S AVAILABLE IN THE COMMUNITY



10 DON'T SET US UP TO FAIL



200 Lives Research

- Evaluating supported living and residential care for adults with learning disabilities
- Aim of this research was to examine the quality and costs of supported living and residential care for adults with learning disabilities aged 18-64 year
- 10 key findings and recommendations

200 Lives Research: Findings



- Who people live with is more important to them than the property itself.
- What people want from a house might change as their aspirations change, currently the system is reactive rather than supporting people to forward plan
- Only a quarter of people in supported living had their full housing rights upheld.
 - On average, people in residential care reported on average 7 out of 11 components, compared to an average of 9 for people in supported living.



How else can you get involved in Good Lives...



Share Good Lives with your MP



Can you add to the action collection?



Speak about Good Lives



Expect more!

Links

Good Lives: <https://www.learningdisabilityengland.org.uk/the-good-lives-chapters/>

Good Lives Home Chapter:

https://www.learningdisabilityengland.org.uk/wp-content/uploads/2021/02/The_Good_Lives_Framework_Chapter1.pdf

Why are we stuck in hospital:

<https://www.birmingham.ac.uk/documents/college-social-sciences/social-policy/publications/why-are-we-stuck-in-hospital.pdf>