

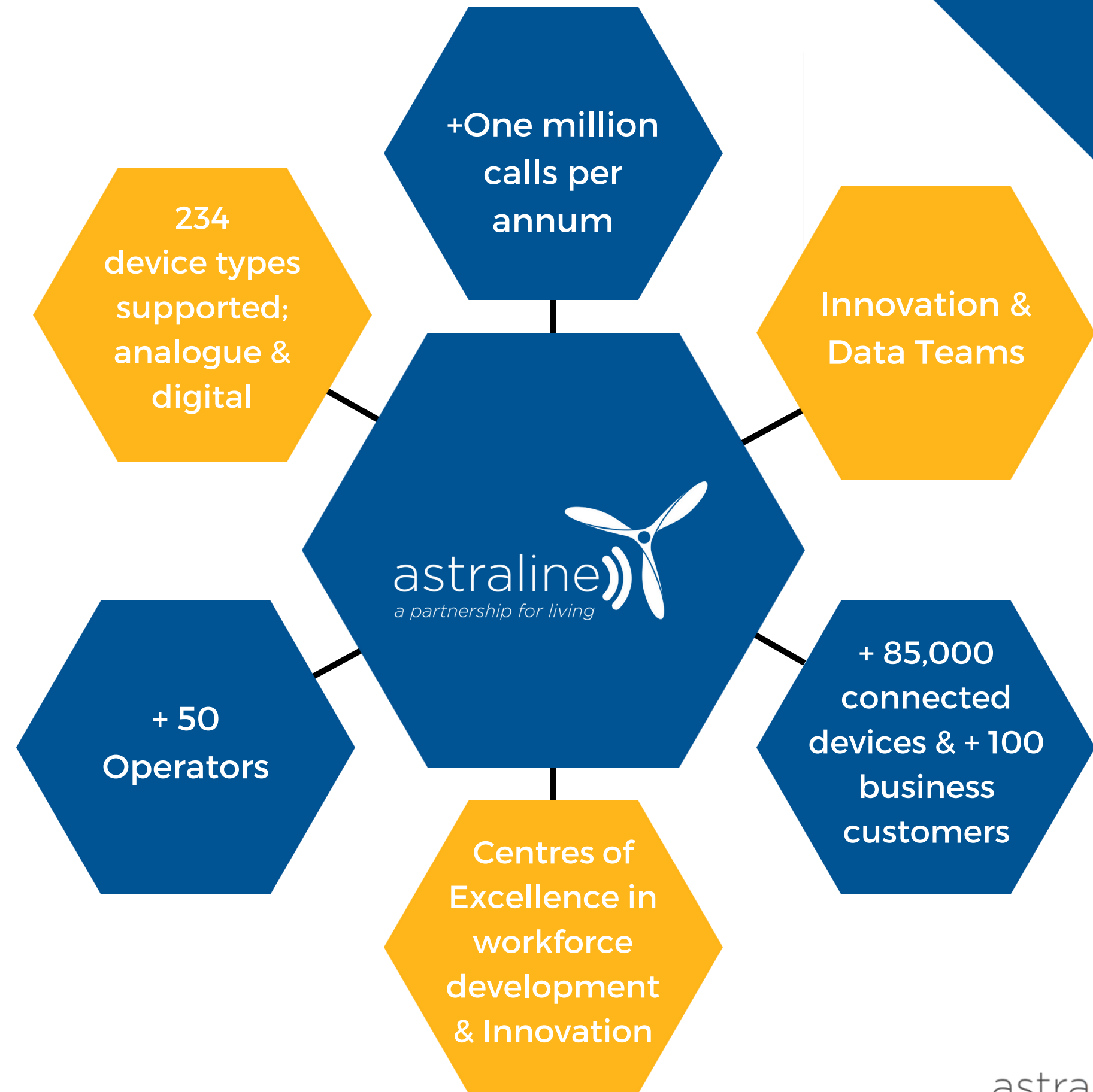


**Astraline &
Johnnie Johnson Housing
Smart About Ageing
Joe McLoughlin - MD Astraline**



About Astraline

We work in partnership with housing associations, healthcare professionals, local authorities and health and social care providers to deliver efficient and person-centred care for their customers. We can also deliver a strategic plan to upgrade your analogue infrastructure and work with you to provide a safe and innovative care solution for your customers.



Astraline and Johnnie Johnson Housing (JJH) are working with a number of renowned organisations and universities to deliver trail blazing research projects.

'Smart About Ageing'



Department for Business, Energy & Industrial Strategy



UK Research and Innovation



The University Of Sheffield.



What is the project?

TELLAB is a 3-year research collaboration to provide the means to co-develop improved technology-enabled services for ageing better.



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University
Of
Sheffield.

1 Digital technology-enabled services could help enable older people to live independently and well for longer.

2 It could also help to address gaps in care provision for an ageing population.

3 To date uptake of Technology Enabled Care and a TEC First approach has been disappointing

- Incomplete understanding of the needs, abilities and wants of older people resulting in poor technology development decisions.
- Inadequate evaluation of services provides little evidence for adoption.
- Technology developed for end users not with end users.

A living lab is an environment for product and service development that puts new technologies into real-world situations (in this case, older people's homes), allowing people to use and evaluate them over an extended period:

- Gives potential users a say in technology and service development.
- Permits a more realistic assessment of the benefits of the technology while also identifying issues that arise when put into practice.
- Valuable for technology developers, and their potential customers and service users.

Objectives



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Identify the (current and future) care, housing and support needs and aspirations of older adults from diverse backgrounds.

Co-design with stakeholders procedures to identify and assess “promising” technologies and services.

Co-create and establish a “living lab” with JJH residents to help evaluate and develop new “ageing better” technologies.

WP2

Identify needs and aspirations of users



WP3

Co-produce criteria and tools for assessing the potential added value of products and services



Evaluate process

WP4

Co-produce evaluation processes and criteria for living lab



Evaluate process

Identify new and emerging products and services



The Team



Living Lab



Evidence to support adoption (for housing and care providers)

Evidence to support innovation (for developers)

What is the project?



This Three-year project funded by The Dunhill Medical Trust proposes the novel use of wearable sensors to gather real-world, in-situ data in order to develop a human-centred design tool for architects and designers, aimed at reducing the risk of falls for older adults in their dwellings.

1 Falls in the home are a leading cause of injury and mortality in older adults and place a significant burden on healthcare providers. Environmental features such as stairs or poor lighting can be problematic for older adults who often have a reduced ability to make appropriate stepping adjustments to accommodate them.

2 Growing evidence suggests that simple modifications to the use and design of older adult spaces can reduce falls risk and enhance usability. We have shown in laboratory-based studies that modifying lighting and step-surface decor can optimise stair walking safety.

3 Optimizing older adults' living spaces for usability and safety is thus feasible and important. However, designers often do not have the tools to model their approaches based on meaningful safety data derived from human movement studies, particularly that derived from real world environments.

Objectives



To identify characteristics of living environments associated with increased falls risk and/or sub-optimal movement patterns based on real-world data

To implement optimal home-based modifications that can inform how architects and designers approach occupancies.

develop a method for evaluating digital models of living spaces, identifying existing problem areas and how they can be improved & designing new homes.

Studies



STUDY 1

Identify areas of older adults' living environments associated with increased falls risk and/or sub-optimal use.

STUDY 2

Implement and evaluate home modifications made based on areas identified in study one.

STUDY 3

Evaluate home modifications - extract outcome measures and compare them to the pre-modification results

STUDY 4

Design Evaluation - develop a software tool that designers can use to model environmental features

Work to date



Recruitment of Post doctoral fellow as leading principle investigator.

Established working collaboration with international co-investigators and Howz.

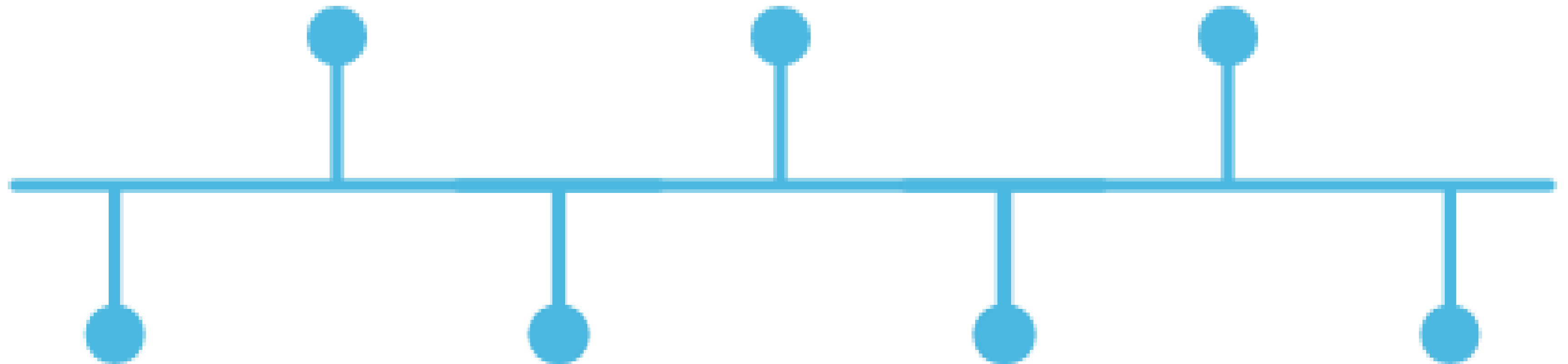
Training and development operating wearable technology

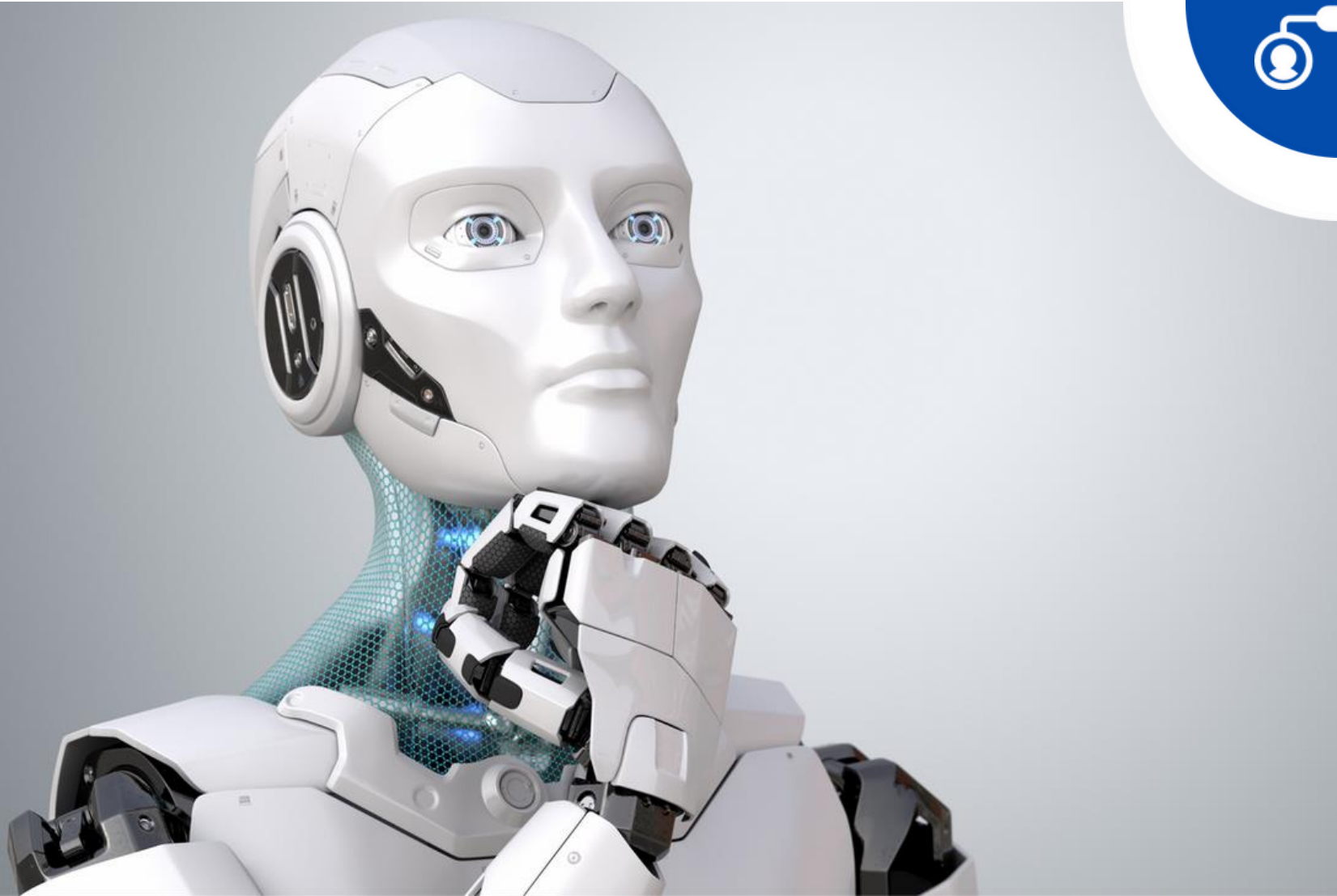
Project began June 2022.

Presentations of project proposal to stakeholders.

Recruitment & Advertisement material created

Visits to optimal and sub optimal housing schemes.



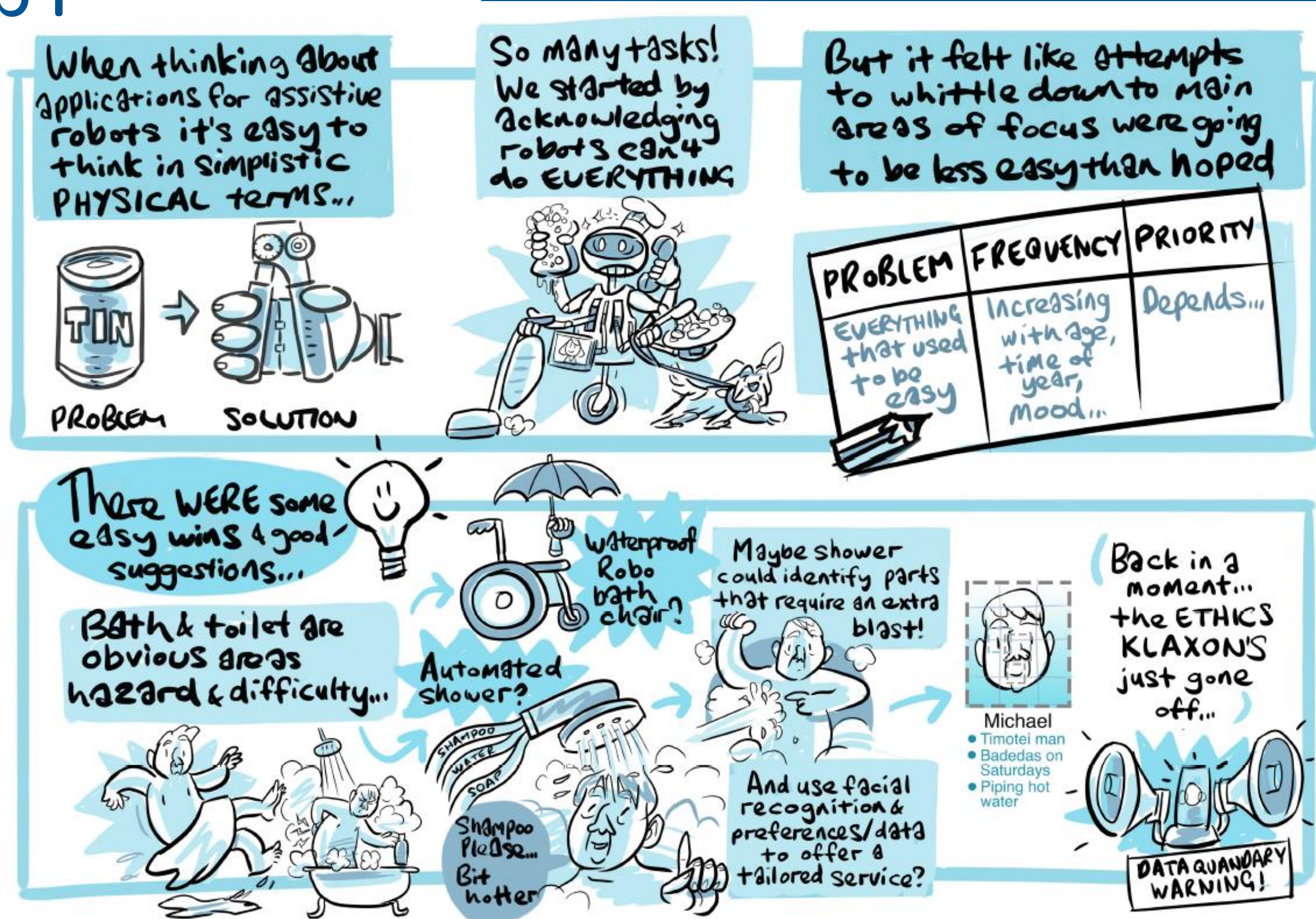


- Cobots
- Autonomous Mobile Robots (AMRs)
- Articulated Robots
- Humanoids
- Hybrids

Emergence

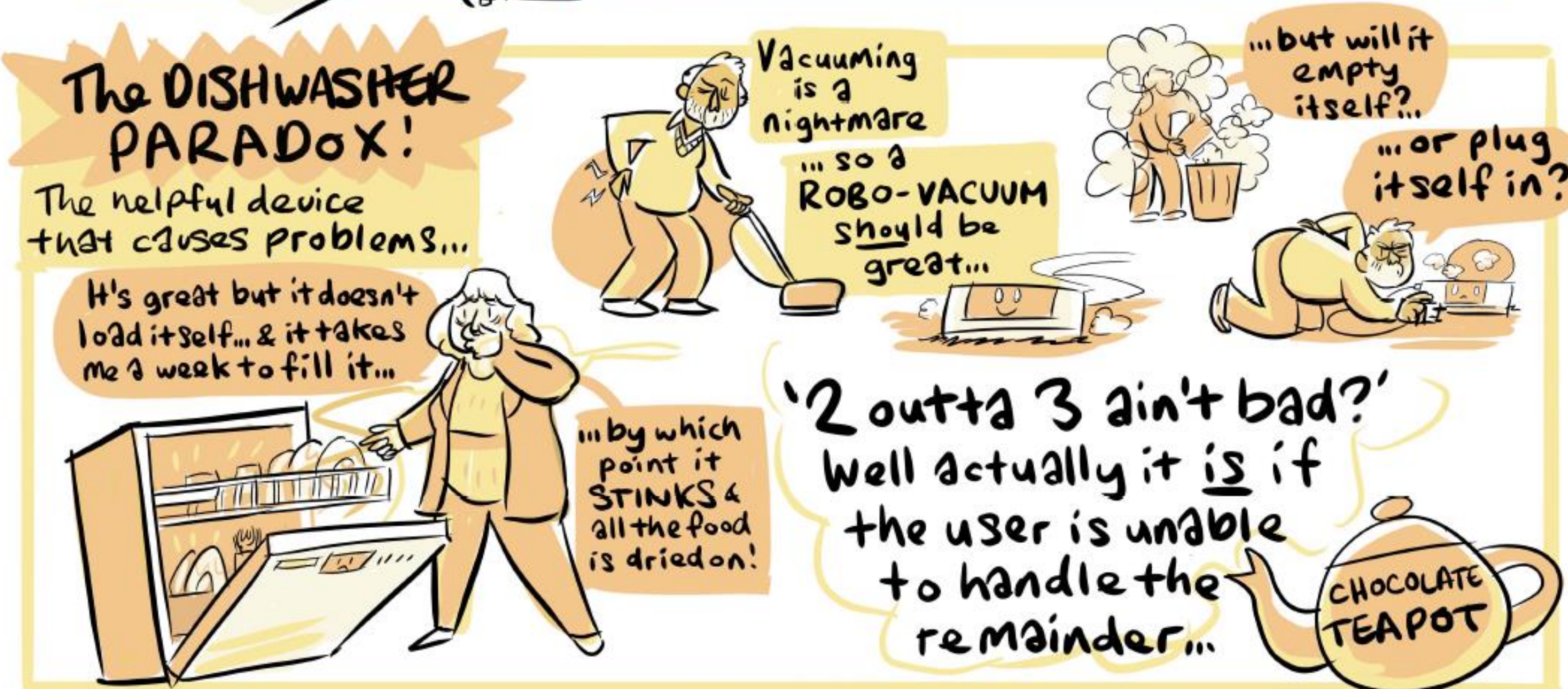
Workshop 1

Care Robotics - Persona-based explorations of activities of daily living with residents: problematic areas and ideas for assistance.



Emergence

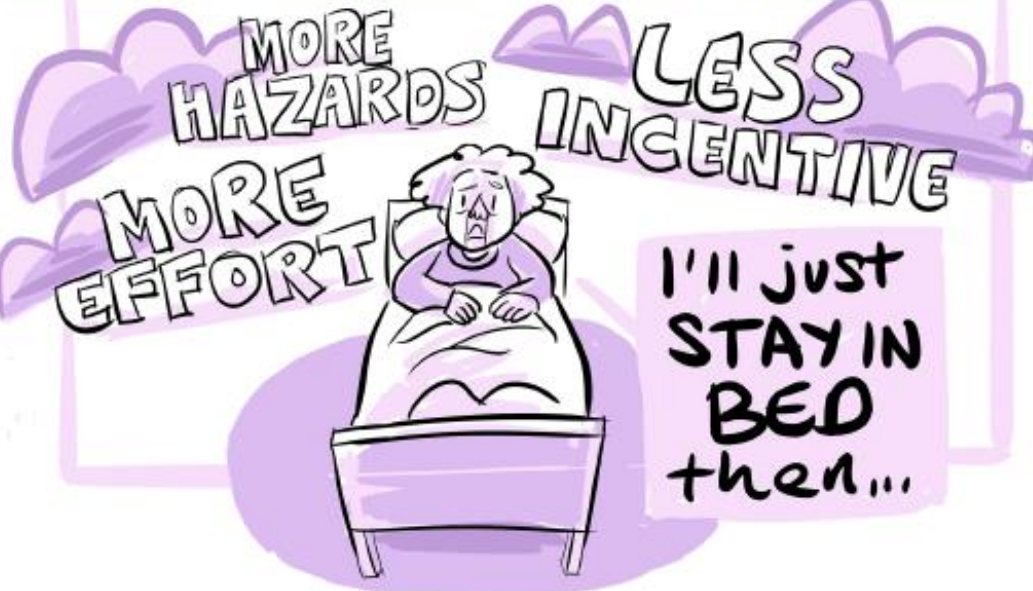
Workshop 1



Emergence

Workshop 1

This led to wider discussion about the nature of getting older & particularly **SOLITARY LIVING**



Small problems add up and **SNOWBALL!**

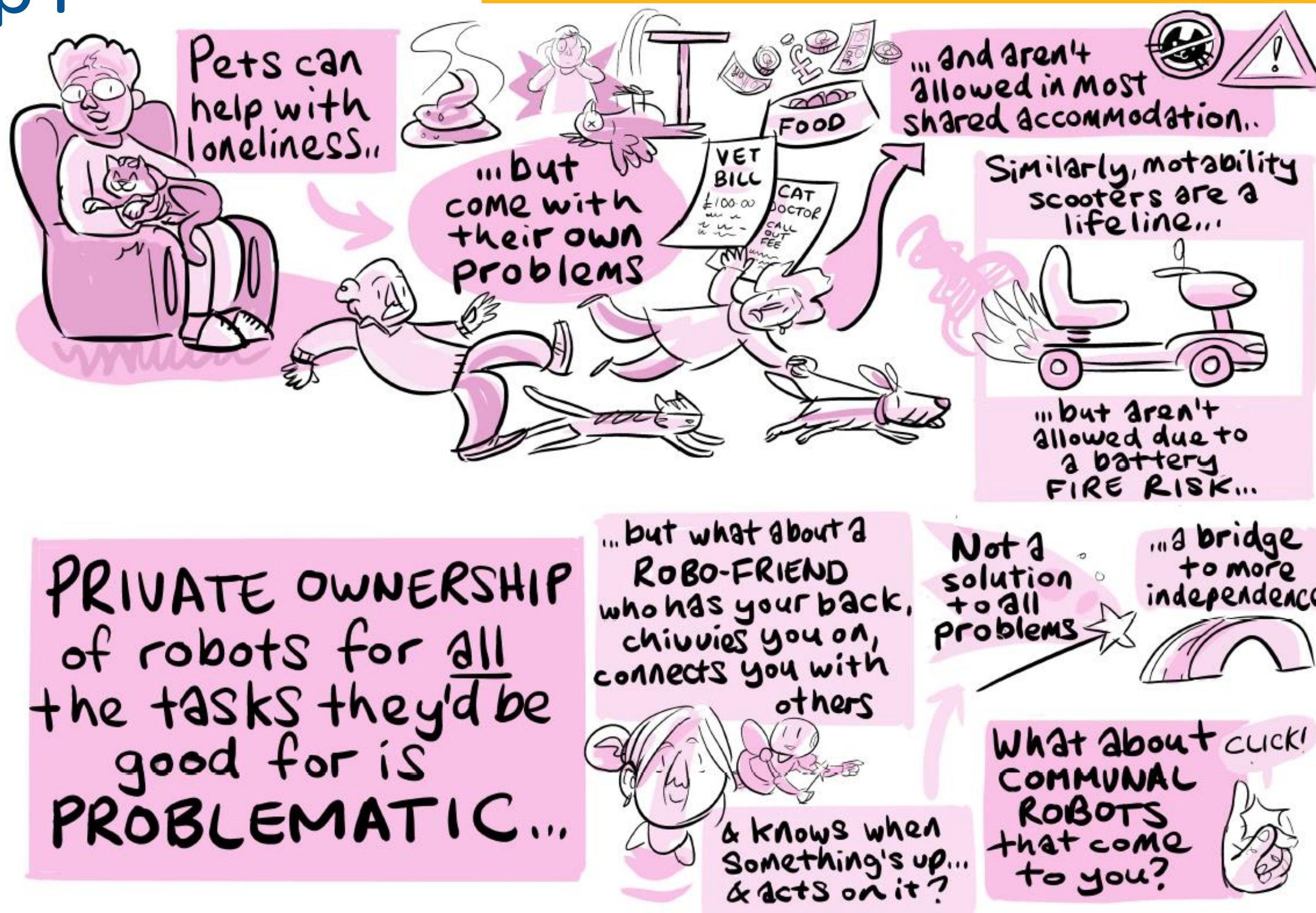


Take the KITCHEN.
Cooking is an **EFFORT.**



Emergence

Workshop 1



Your Contacts



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