



# Urban Design and Planning for Age-Friendly Environments Across Europe:

## North and South

Developing Healthy and Therapeutic Living Spaces  
for Local Contexts

Pozo Menéndez & Higuera García (eds. 2022)

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Future City 19

Menéndez · García *Eds.*

Elisa Pozo Menéndez  
Ester Higuera García *Editors*



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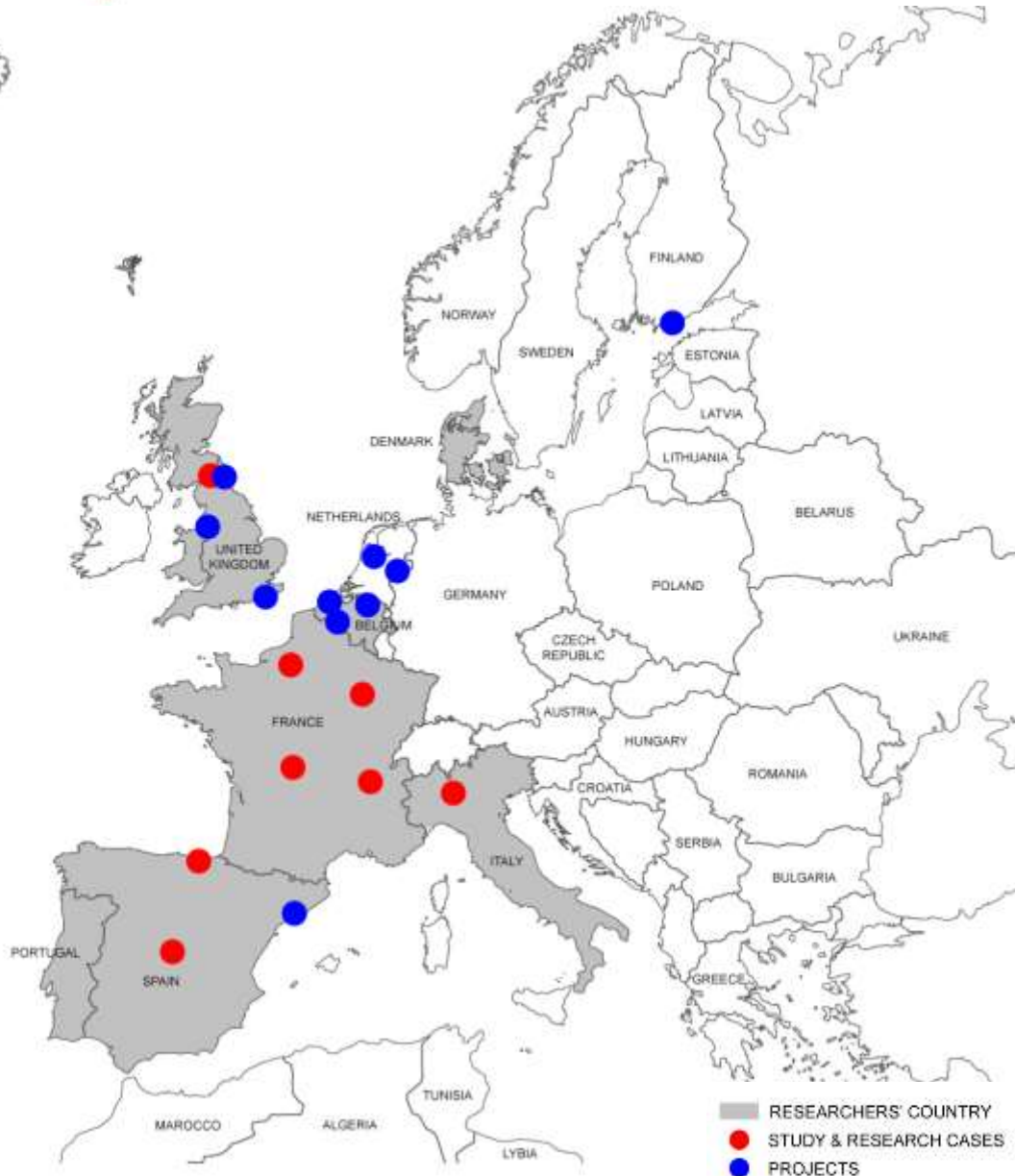
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## Main contributions

Multidisciplinary and international vision of shared global challenges.

Diversity of projects: innovation in silver economy, residential, facilities, citizen participation, neighbourhoods, cities.

Search for international references and good practices to inspire local projects.

Network of teams with a common goal and interdisciplinary synergies.

Inclusive design: a good solution benefits the whole community.

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3. *Silver Cities: Attractive Cities for Elderly.* Montserrat Calvo, José Antonio Ondiviela
4. *Quality of Life, Living Arrangements, and Care Support for the Older Population.* Carmen Rodríguez-Blázquez, Maria João Forjaz
5. *Active Ageing and Age-Friendly Communities: Constructing an Image of Old Age and Ageing.* Gloria Fernández-Mayoralas, Vicente Rodríguez-Rodríguez, Diego Sánchez-González, Fermina Rojo-Pérez
6. *Comprehensive Perspective of Care Design for the Accompaniment of the Person During the Life Journey.* Álvaro García-Soler, Heitor García-Lantarón, Sara Marsillas Rascado, Elena del Barrio Truchado, Cristina Buiza Bueno, Pura Díaz-Veiga
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10. *An Evidenced-Based Approach to Optimise Age-Care Facility Design for People with Dementia.* Neveen Hamza, Stuart Franklin, Colin Elkington
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12. *Use of Public Spaces by Older Adults. Comparison Among Madrid and Newcastle Upon Tyne.* María Teresa Baquero Larriva

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## Conclusions

1. It is necessary to improve environmental conditions in order to prevent environmental related diseases and promote healthier lifestyles.
2. To reduce sedentary lifestyles and individualism, a walkable public space is needed, with green areas and activities, being able of providing meeting and safety for everyone.
3. A multidisciplinary approach is necessary for the implementation of any innovation project, with a consistent management and maintenance over time.
4. Adaptation to the local context through stakeholders' engagement and participation promotes identity and a sense of belonging.





**Thank you** for your attention!

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