

# Amar Bari Amar Jibon [My home my life]

## What is this research about?

Hearing from the older Bangladeshi community (aged 50 +) in East London about their

- Lived experiences of home housing and neighbourhood and its implications for wellbeing;
- Factors influencing these experiences;
- Expectations and aspirations that enable living and ageing well
- Dynamics of multigenerational living involving family interviews

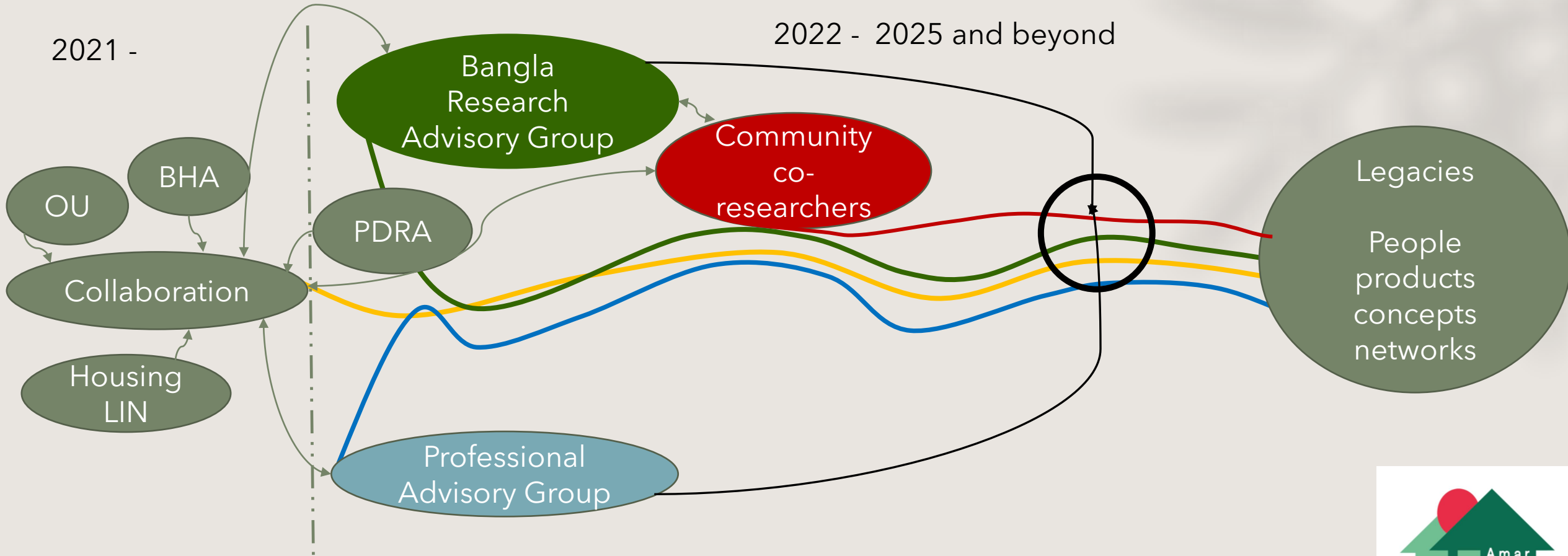
## Why undertake research with this community?

- A group that is living with entrenched housing and health inequalities
- Bangladeshi households are more likely to live in non-decent housing (24%) than White British households
- Housing tenure - Likely to be social and private renters
- Limited attention to cultural diversity
- Peoples' own perspectives and voices are missing



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How do we propose to go about it?



**Coproduced and engaged research at all stages: Design - Engage/Analyse - Disseminate**



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## Bangla Housing Association (BHA)

- About BHA
- Working for the community
- Bangla Covid 19 Advice Project funded by The National Lottery
- Amar Bari Amar Jibon Research (ABAJ) Project

## Bangla Research Advisory Group (BRAG)

- 8 members from the community (men and women from the 3 boroughs)
- Supported by BHA and OU
- Fully engaged to contribute to different aspects of the research
- Working with Practitioner Advisory Group (PAG) to disseminate findings to the wider community alongside influencing practice and policy

## Community Co- researchers

- 6 people recruited from the community aged 18 years and above (both women and men)
- Paid roles jointly recruited by BHA and OU
- Trained in research ethics and interviewing skills by the academic team
- Undertake interviews with Bangladeshi Probin in Sylheti, Bengali and English as required with support from the Research partnership.

