

## What is the Healthier Homes Initiative?

Why we need this initiative!

**Our Pathfinders** 

Where we are now?

#### What is the Healthier Homes Initiative?

The Healthier Homes initiative, which is part of the Tec in Housing programme and therefore open to all housing providers, is working with social landlords who are interested in collaborating with other partners, tenants and homeowners to explore how digital technologies could support tenant health and wellbeing by enabling prevention and early intervention relating to heat in homes.

# Why we need this initiative!

The World Health Organization has highlighted poor housing conditions as one of the mechanisms through which social and environmental inequality translates into health inequality, which further affects quality of life and wellbeing. The right to an adequate standard of housing is therefore inextricably linked to the right to the highest attainable standard of health.

## The Link between Housing and Health

#### **Housing Conditions**

Thermal efficiency Weatherproofing **Heating affordability Ventilation** Space Food storage, cooking **Quality of surfaces Soft furnishings External appearance** Neighbourhood environment

#### **Risk Factor**

Damp, mould, cold,
humidity Fuel poverty
Dust mites and infestations
Cleanliness
Overcrowding
Concerns about crime and
antisocial behaviour

#### **Health conditions**

Cardiorespiratory disease
Digestive health
Allergies and skin
conditions Headaches,
migraine
Stress, anxiety
Depression and mental ill
health



# **Our Pathfinders**

We are housing Scotland

#### One that discovers a way

Especially one that explores untraversed regions to mark out a new route.



### Where are we now?



- Phase 1- Understanding the landscape
- Phase 2 Understanding Customer attitudes
- Phase 3 Trialling \*\* WE ARE HERE\*\*

In phase 4 we will be capturing the learning from the trials in a Final Report, providing an evaluation and making recommendations.



# We are housing Scotland

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