

National Academy for Social Prescribing

Social prescribing and the work of NASP

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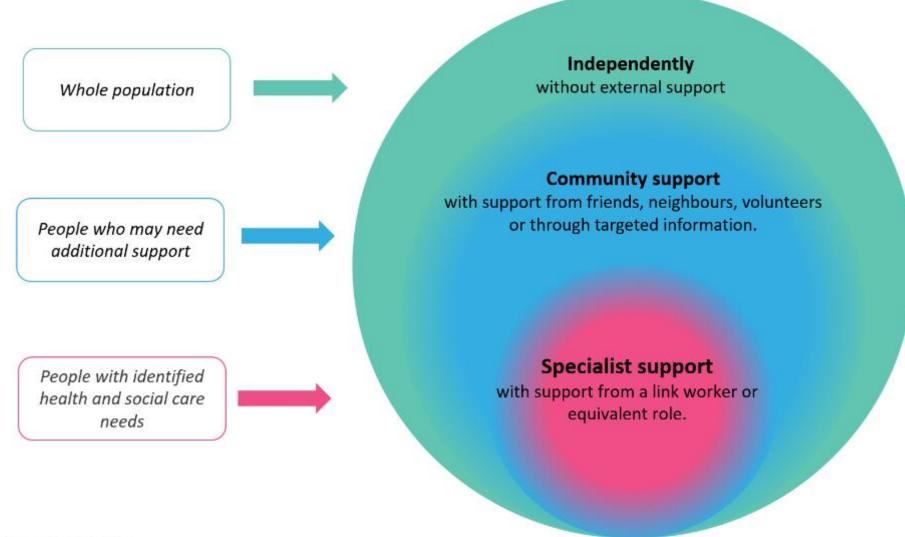
@NASPTweets

What is social prescribing?

a way to connect people to practical and emotional support in their communities and beyond



How do people access activities and support?





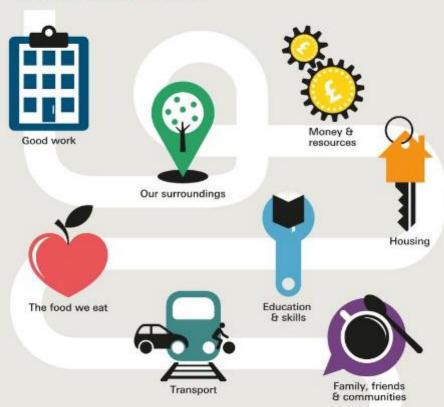
Why social prescribing?

- As much as 90% health outcomes not directly related to health care 1
- Investing in social determinants is the only way to achieve lasting change
- As many as one-in-5 GP visits are about non-clinical needs 2
- People are unique and complex, and we need a person-centred approach
- Everyone has a part to play, and social prescribing brings everyone's contribution together

What makes us healthy?

of a population's health and wellbeing is linked to access to health care.

We need to look at the bigger picture:



But the picture isn't the same for everyone.

The healthy life expectancy gap between the most and least deprived areas in the UK is: 19





Social Prescribing Ambassadors

Spread the word and demonstrate the benefits of social prescribing

20 high profile people, clinicians, social prescribing link workers, community representatives and inspiring individuals



Thriving Communities

Thriving Communities Fund National network, webinars and ideas hub

Learning Together development programme

Global Alliance

Working with key partners

Forming alliances, working with others and sharing innovative approaches

Aims to raise awareness of social prescribing



National Academy for Social Prescribing



Producing evidence summaries

Identifying future research needs

Clinical Champions

Clinical champions across professionals

Expanding network of student clinical champions

Developing communities of practice and clinical resources





Accelerating Innovation

Support programme

Help national voluntary organisations spread their community activity offers across England





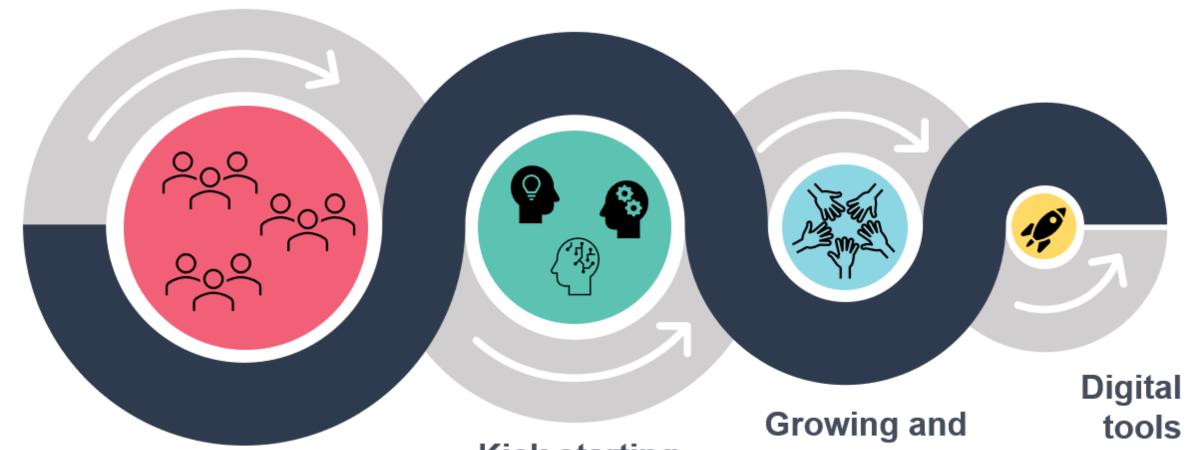
Accelerating Innovation in social prescribing

in partnership with NHS England and NHS Improvement

brings together national voluntary organisations to

- learn together,
- form new partnerships,
- and develop new ideas

to improve health and wellbeing through social prescribing



Community of Practice

Monthly learning and networking events, connecting to peers and systems

Kick starting

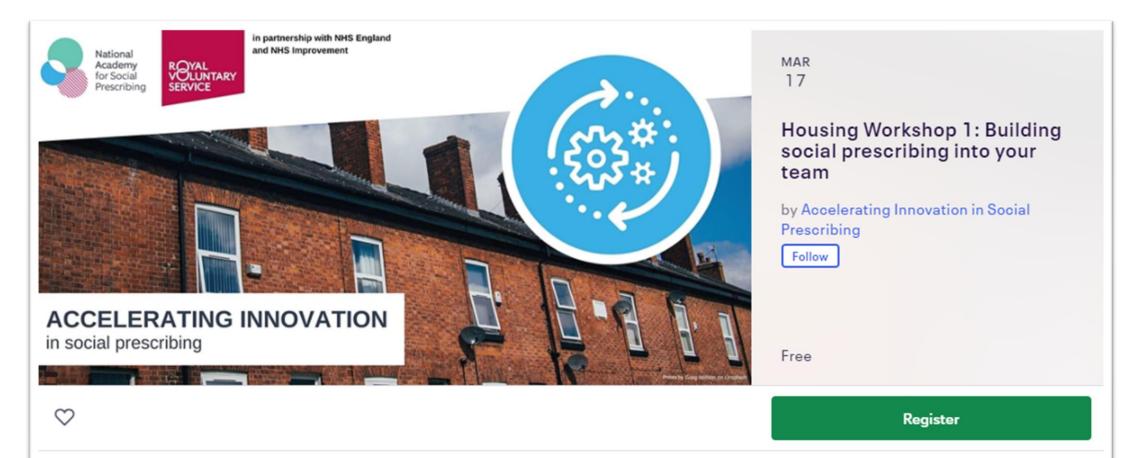
Assessing ideas, mentoring, enabling connections and collaborations in 'early thinking' areas and topics

scaling

Facilitating new partnerships and working groups to enrich and grow existing offers

Building a suite of tools from the learning of the programme

Join our working group!



This free and interactive workshop will explore different ways to build social prescribing principles to the work of staff and volunteers.

About this event

Date and time

Thu, 17 March 2022 09:00 - 10:30 GMT Add to calendar