

From health to wellbeing across South Yorkshire

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South
Yorkshire
Housing
Association



syha.co.uk

SYHA's purpose

For customers to
settle at home,
live well and
realise their
potential



Support

- Care and support
- Mental health
- Physical health needs
- Life skills



Age Better in Sheffield

Our story

We love helping to make Sheffield a city we can all be proud to grow older in. In partnership with lots of organisations across Sheffield we're delivering innovative and exciting projects to help tackle loneliness and social isolation for people aged 50 and over. We've made it our mission to support individuals to develop positive and meaningful connections with others.

Impact

2,700+ people engaged

500+ volunteers

46% reduction in levels of loneliness

67% of participants report improved mental wellbeing

21% participants BAME

28% participants have limiting health condition.





Moments of Joy in Extra Care

110 performances

2,200 attendances

16 artists, 750
school children



Livewell at Home

- A service funded by Sheffield City Council to support people over the age of 55 to stay at home
- Main aims to prevent homelessness, stay independent and combat social isolation
- The service supports approx. 300 people at any one time for about 6 months
- Completely open referral – family, agency, self-refer





My Best life Barnsley

- Supporting health & wellbeing to reduce use of secondary care
- Support takes place in customers homes
- All about partnership - CCG, BMBC, Primary & Secondary Care Teams, Third Sector
- Customers can access 'fast tracked' support from our Good Work programme

My best life Barnsley: Early data

- A 32% reduction in 111 calls
- A 25% reduction in 999 calls (South Yorkshire Police)
- A 50% reduction in 999 calls (Yorkshire Ambulance Service)
- A 60% reduction in ED attendances
- A 51% reduction in GP attendances
- A 38% reduction in admissions to Barnsley hospital
- A 66% reduction in Yorkshire Ambulance transfers to hospital

Challenges ahead

- Future-proofing our homes
- Delivering greater range of housing options for older customers
- Short-term and long-term plans
- Making our services more inclusive

Thank you and please get
in touch!

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