



Housing, Mental Health and Wellness

excellence | aspiration | partnership | trust

delivering leading edge mental health pathways

Working across the full mental health pathway, developing solutions with clinicians and local authorities to improve outcomes, reduce costs and prevent hospital admissions



supporting hospital discharge

**Hospital Discharge
Workers**

**Crisis/Recovery
Houses**

integrated models of care

Transforming care

**Forensic mental
health**

community- based supported accommodation

24/7 services

**Medium/high needs
residential services**

Specialist models

preventative services in people's own homes

**Primary care
support**

**Medication support
service**

Independent living



get in touch:
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Current partners – bridging the gap between health & social care

- Mental health - 40 services, 18 local authorities & across seven integrated care systems

NHS Partnerships

- East London NHS Foundation Trust
- Camden & Islington NHS Trust
- Barnet, Enfield & Haringey NHS Trust
- South London & Maudsley NHS Trust

Europe Economics research 2019/20

What they looked at

5 Look Ahead service areas

Recovery, rehab, forensic step-down and other support

Cost savings

Cost savings of L.A services vs. in-hospital mental health care

Benefits

Benefits to Look Ahead service users

Illustrative scaling up

Scales up the potential cost savings to the national level

Europe Economics – Key Findings

- Europe Economics estimated that for those services where sufficient data was available Look Ahead's models generate around **£5 million a year** in cashable savings and non-cash releasing efficiencies compared to hospital-based mental health care.
- The potential of a scaled up model across England could be nearly **£1 billion of potential savings** to the NHS and social care

Collaboration

- One of the key objectives of the NHS LTP is developing “new and integrated models of primary and community mental health care [which] will support adults and older adults with severe mental illnesses”
- Development of Integrated Care Systems
- Mental Health Act Reforms

Get in touch

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