



Wales Co-operative Centre
Canolfan Cydweithredol Cymru

www.wales.coop/www.cymru.coop

We do Wales

Creating a better, fairer, more
co-operative Wales

Cymru yw ein busnes

Creu Cymru well, decach a
mwy cydweithredol



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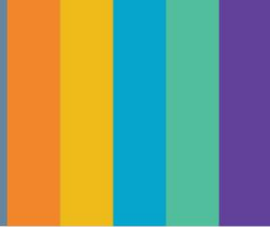
Llywodraeth Cymru
Welsh Government



Nationwide
Foundation



DEVELOPMENT TRUSTS
ASSOCIATION WALES
CYMDEITHAS YMDDIRIEDOLAETHAU
DATBLYGU CYMRU
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Menter Gymunedol | Asedau Cymunedol



Co-operative values and the strength of community through the pandemic

Community-led housing

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Strong, resilient, supportive and collaborative communities

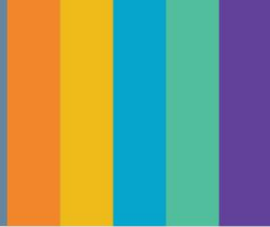




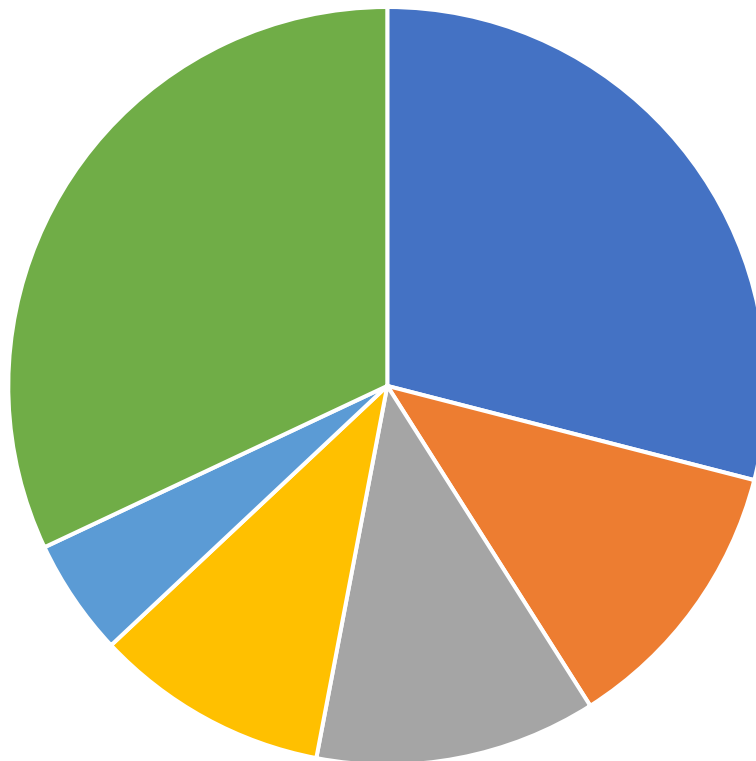
The benefits of living in community-led housing

- Improved skills
- Increased confidence
- Better physical health
- Improved mental well-being
- A better financial situation
- Less loneliness and isolation
- Greater community feeling
- An increased ability to live in tune with their values and the environment





What did residents living in community-led housing during lockdown say?

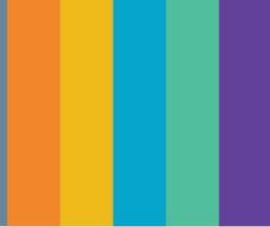


- More social support (e.g. less isolated and lonely)
- Greater financial security
- Better physical living conditions (e.g. more outside space)
- Reduced psychological/mental distress
- Closer links to the wider community
- Greater practical support (e.g. day to day tasks, shopping)

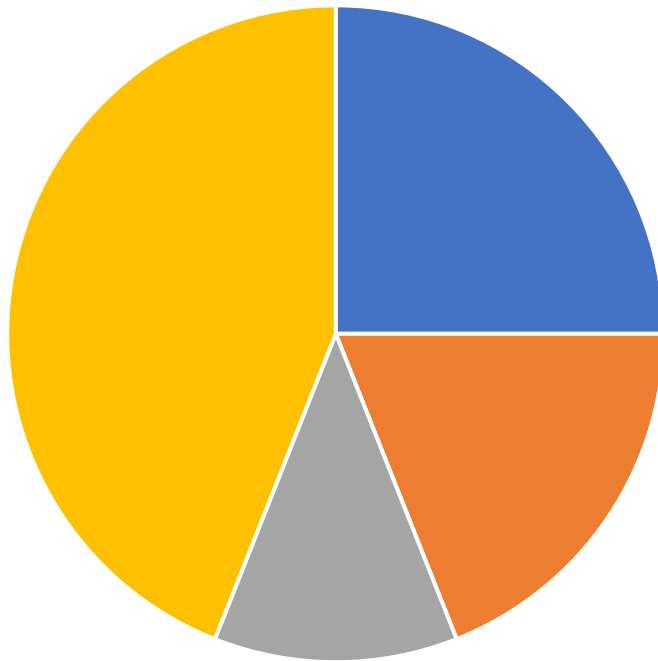


Community-led housing resident (6+ months in scheme)

"I feel very fortunate to have been here for the lockdown as I have felt protected and supported, otherwise I would have been entirely on my own. The support has been physical and psychological, and I have space to move around in. We have experience of respecting each other's wishes, which helped with social distancing. These things are, I believe, unique to cohousing."



Challenges of living in community-led housing during lockdown



- Higher likelihood of conflict support needs
- Greater challenges running household day-to-day (e.g. when social interaction is reduced)
- Harder to shield (e.g. where facilities are shared)
- More difficult to agree social distancing / lockdown rules



Moving forward and understanding the lesson learned

“Shifting more people into secure situations with some or all of the additional benefits that I experienced during this time would be the best outcome of this time. So people can live with less fear and have the strength of a community around them. If this happens people will feel more prosperous and be able to contribute more to their community. The pandemic will make it harder for groups to achieve this, so I think [Communities Creating Homes] needs to see how it can help.”

Community-led housing resident, 5+ years in scheme



Communities that care

Communities Creating Homes

There's a better way of living.

A way of creating **affordable housing** that's yours
and a **community that cares**.

Together, we can make a difference
in our community.

Create the change you want to see.

Download the welcome pack today at:
wales.coop/homes



- Wales hub for community led housing
- Find us at www.wales.coop/homes
- Email: Co-op.housing@wales.coop