



ARCHITECTONICUS mind in mind

The specialist architects in TM
design for wellbeing
& dementia care



from first principles.

What makes life good!



mind **in** mind™
Person centred. **Exerience** centred.

Human First

Wellbeing Centred
Is the basis for person centred



Human First Fundamentals

Understanding Service Model Coherency



- A) Rationale for the service
- B) Affective Theatre™ in which the service takes place
- C) Reality of the service

There must be **no dysfunction** between any of these three factors in order for the service to work optimally



Human First Fundamentals

cyclical development of identity and lifestyle

➤ the senses ...

➤ preferences + feelings...

➤ **choice + action + doing** (medium – **the definer of the hidden elements** and the future elements)

➤ **relationships** (environmental + interpersonal)

➤ **experiences**

➤ **internal language + habits of action and thought**

➤ **changed relationship to the senses**

Awareness of **self re-enforcing lifestyles + individuation** (the process of **self discovery and self understanding**), how these lead to the creation of **identity**.

Human First Fundamentals

Wellbeing Centred is Person Centred



Right and left brain
function

- a. Multi sensory nature & needs (self regulating)
- b. Cognitive Bias (self regulating)
(anchoring, pseudo certainty, bandwagon, hyperbolic discounting, functional fixedness)
- c. Choice & Concentration (be able to experience it – the presence, ‘mindfulness’- how you feel about something) (partly assisted)
- d. Walkable (spontaneously accessible), enriched environments
- e. I give & matter, I can do, I can have quality relaxation
- f. Being Active, Learning, Giving, Taking Notice, Connecting
- g. Togetherness
- h. Identity, Values, Loves, Annoyances
- i. Quality Diet, Meaningful Occupation, Light Exercise

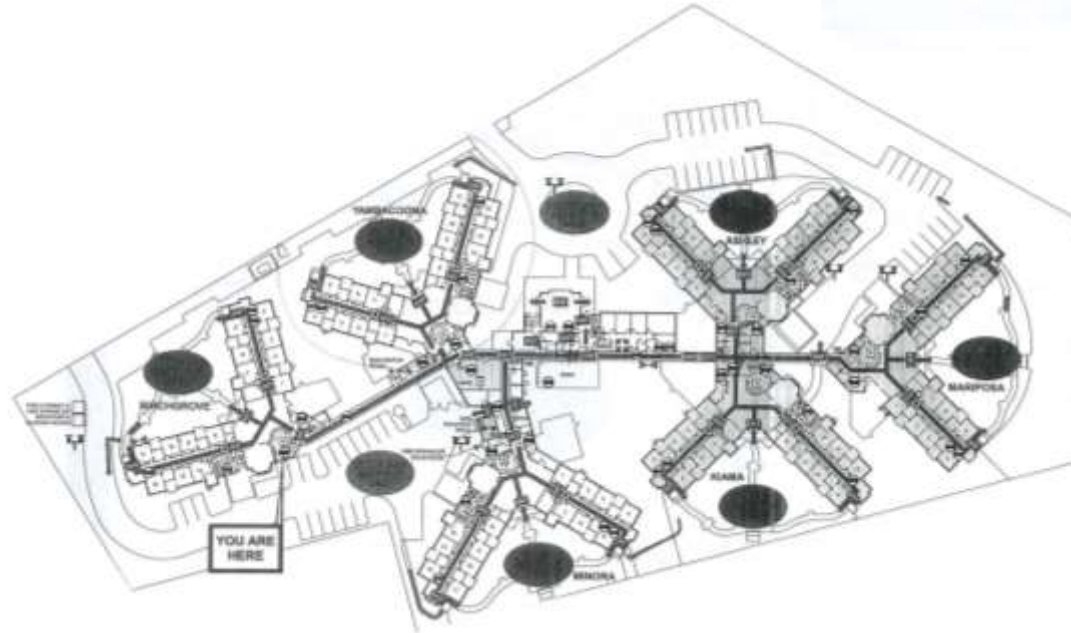
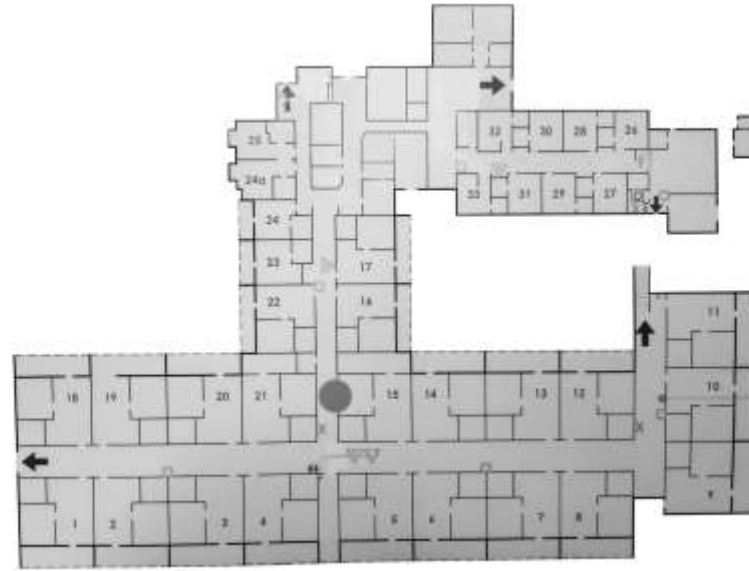
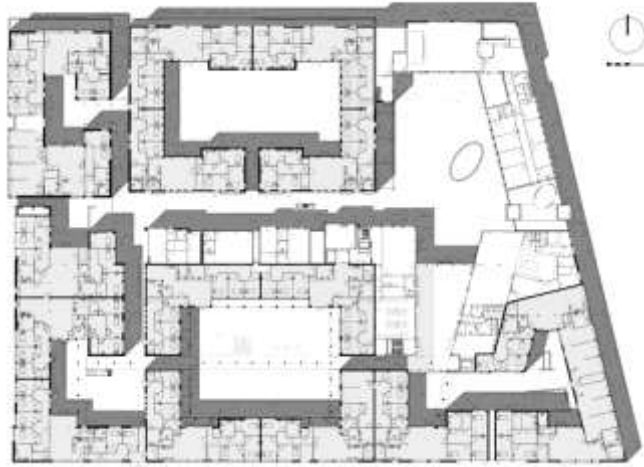
Human First Fundamentals

Wellbeing Centred is Person Centred

Stresses

- Reduced Mental Capacity
- **Increased Cognitive Loads**
 - Remembering
 - **Transition Points**
- Concealed Opportunity (Abstract Choice Making)
 - **Language of Opportunity**
 - Lack of Sensory Language





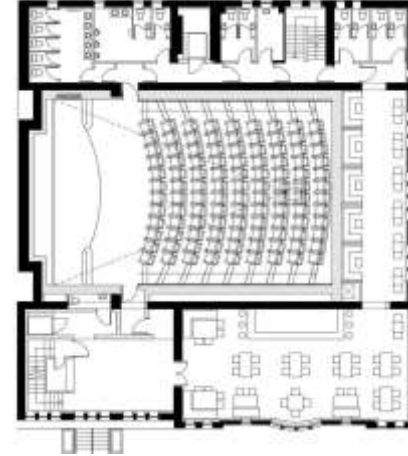
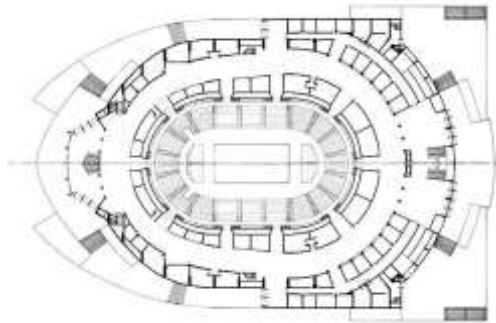
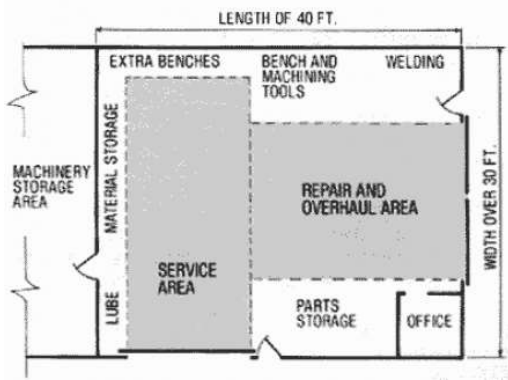


The burning question readers might want to ask is: How much are the fees? Around USD3600 per resident per month. It's heavily subsidized by the Dutch government, otherwise it would cost upwards from USD8000 a month. At such figures, only the super rich with dementia in Malaysia and Singapore can afford to live out their final days in this utopia.
<http://www.seniorsaloud.com/2015/08/hogewey-place-like-home-for-those-with.html>

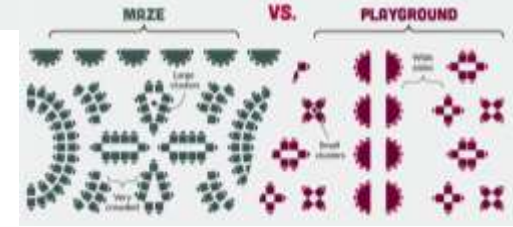


In human life we set up positive, purposeful surroundings to support us *let's think of some:*

Workshops, Stadia, Offices, Cinema, Playgrounds



In recent years, casinos have been moving from the confusing "maze" design to the more open, inviting "playground" concept.



They become archetypes, everyone knows more or less what to do and how to behave when using them, and does so as a group.

Affective Theatres™ for social engagement - they can re-enforce activity, identity, inclusion, & exclusion, simply by the arrangement and look of that built environment.

Natural Social Community Formation, ancient villages and natural community groups – **community centric** (**not centred on** roads + transport + mass commerce + industrial production + shopping)



2nd to 4th centuries AD, Iron
age clusters

Aerial view of
Labbezanga
near the
Mali-Niger
border. 1972



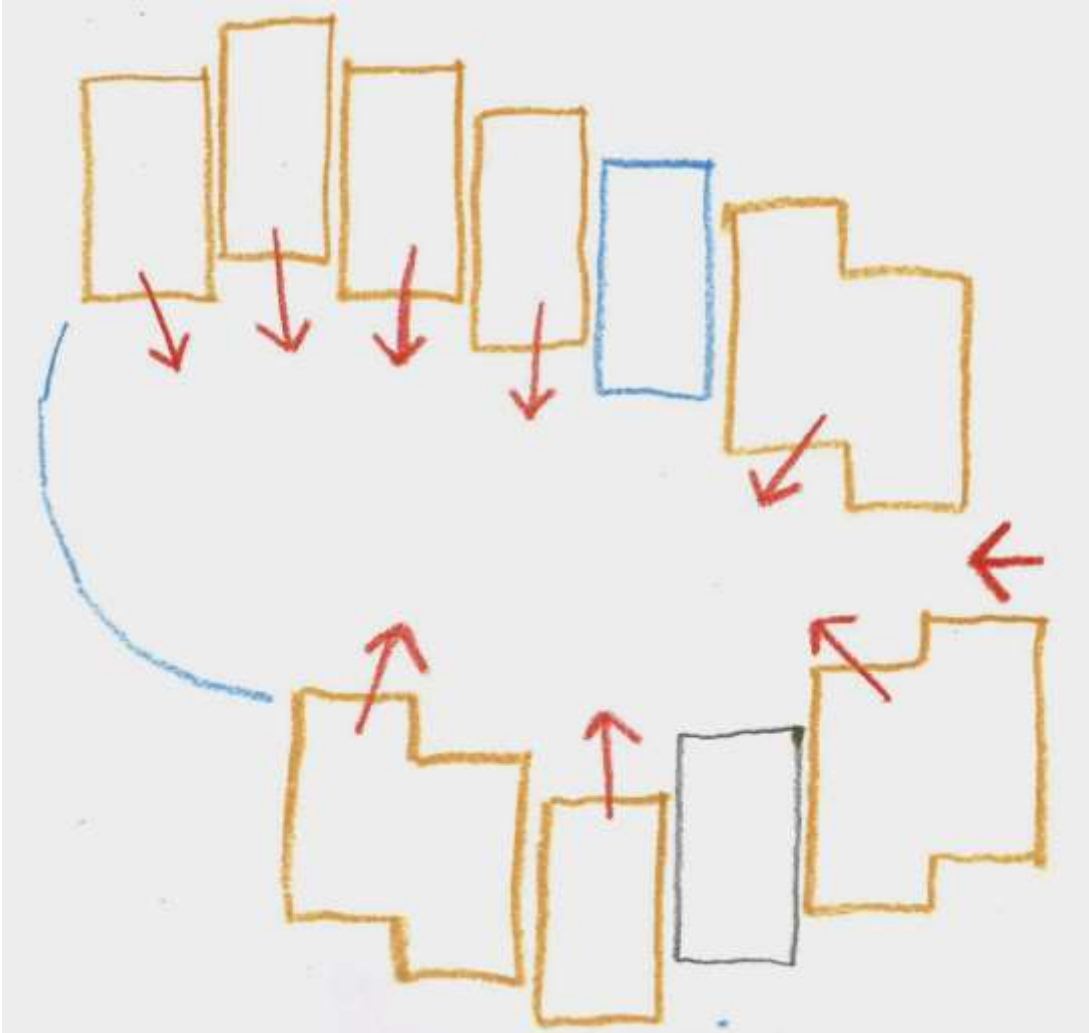
Indigenous American Indian
Tents, asymmetric social cluster
arrangements

**Cluster = Safety, togetherness, direct
sensory cues, community, activity, identity**

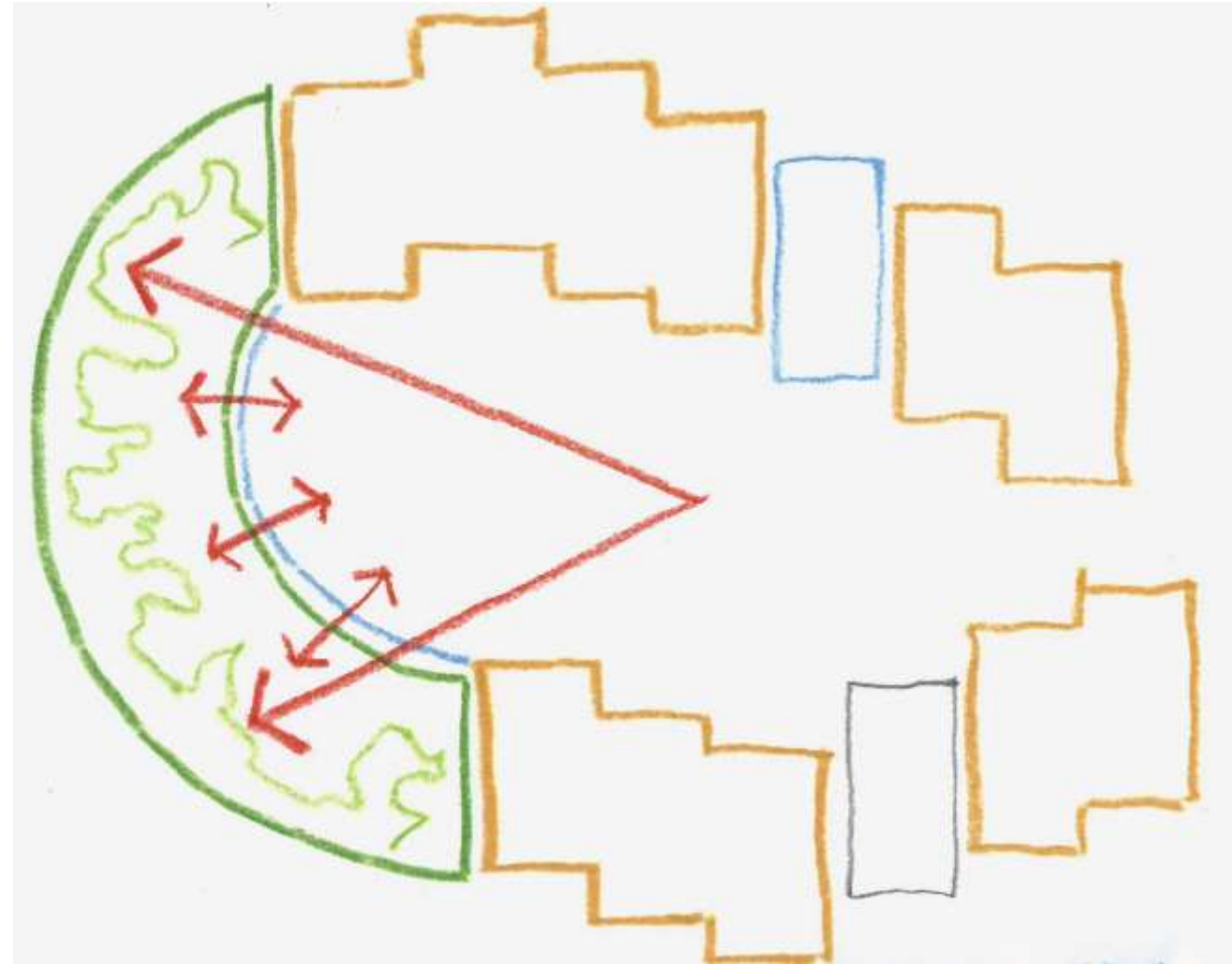
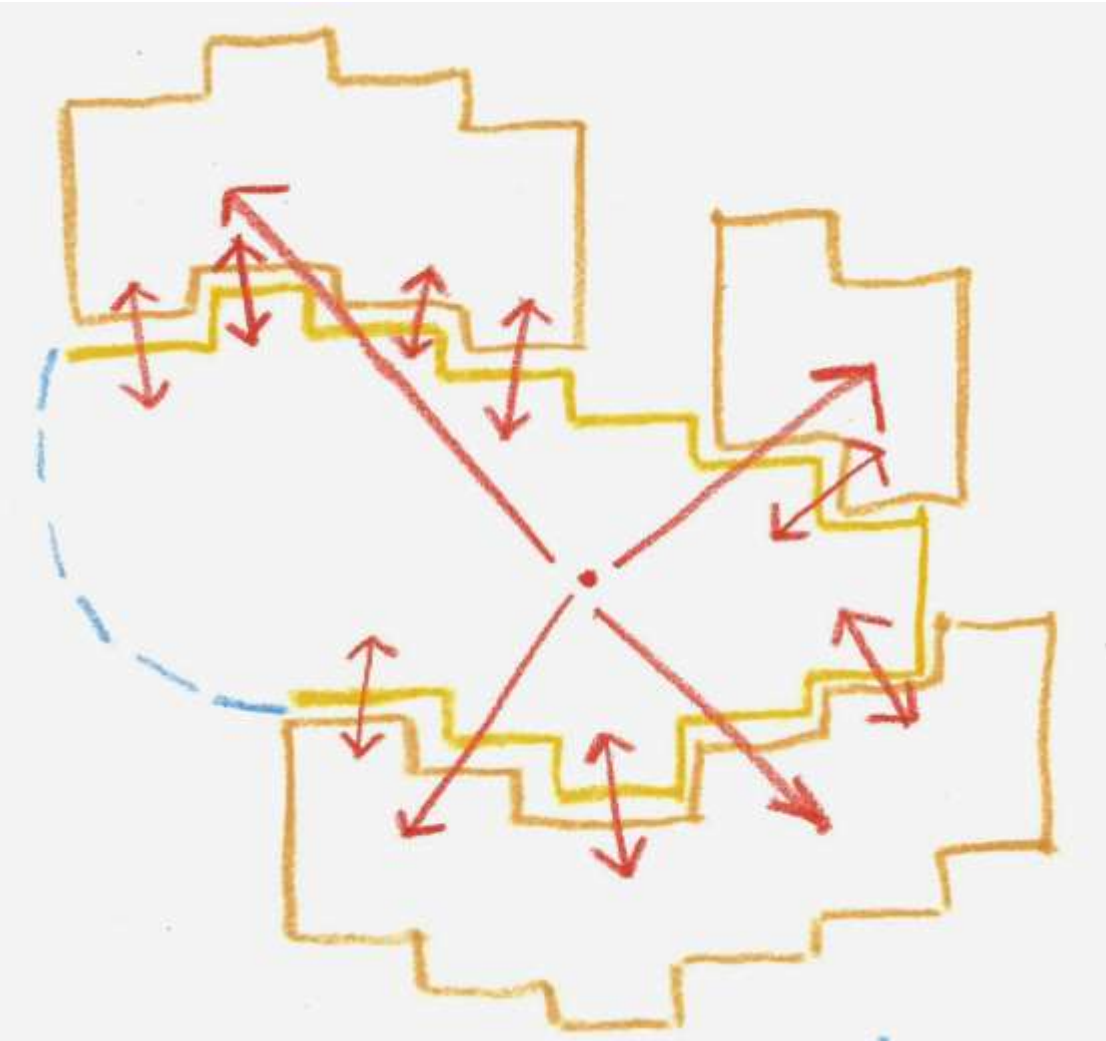
No one had corridors in those days ... people just walked from room to room / from their home to active community area – the home was the bedroom.

Corridors have never been a natural way of human beings living together

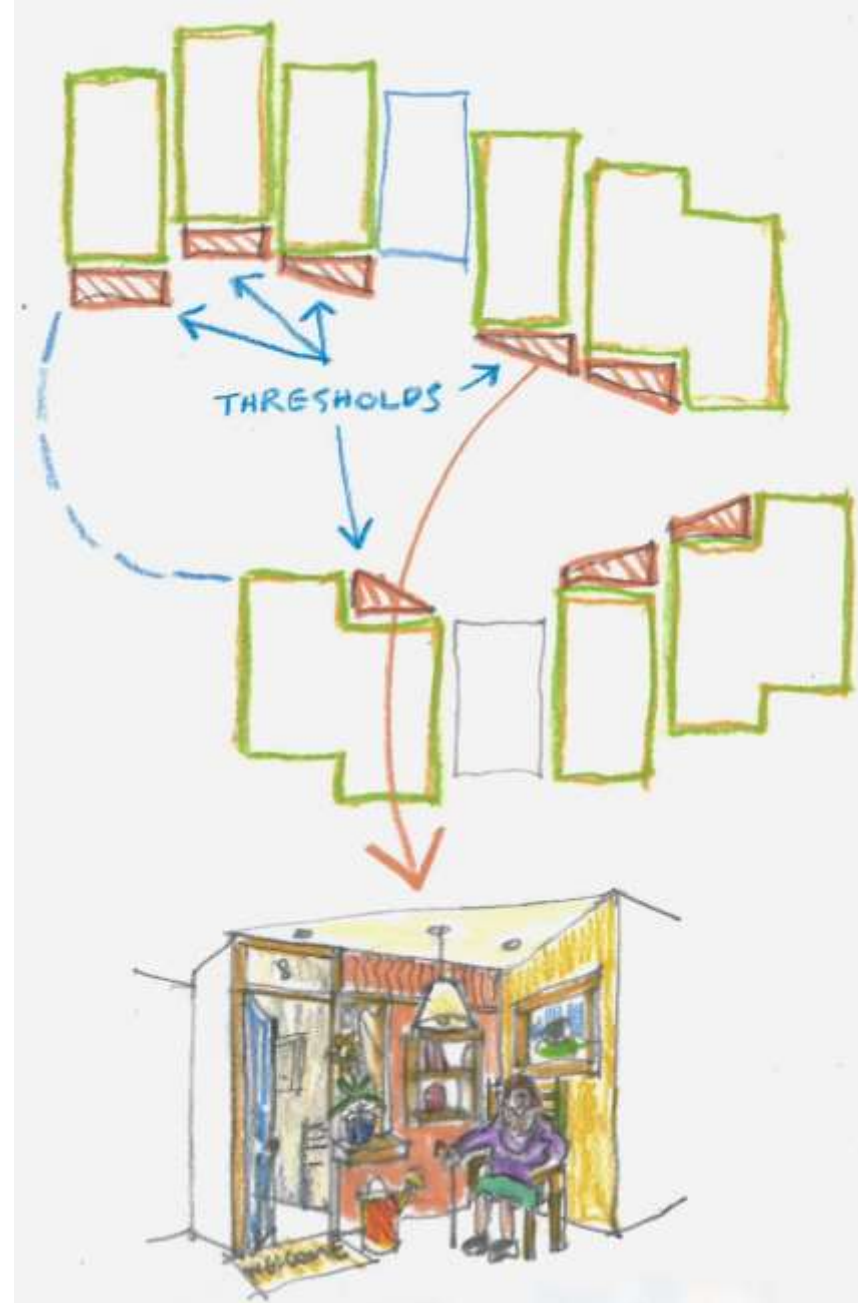
Residential Active Community Cluster – Centred on Positive Qualities - Optimising Mental Capital



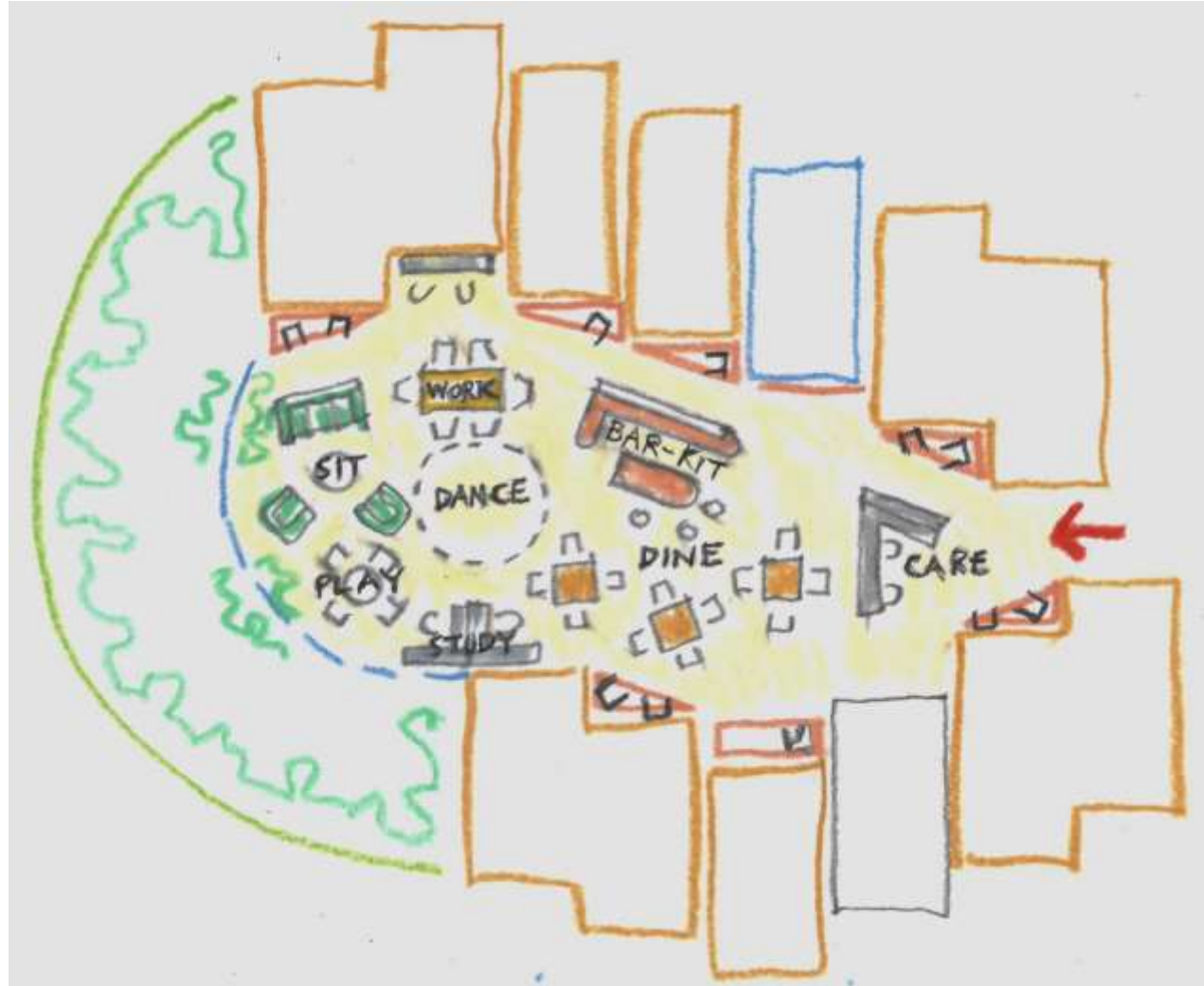
Active Community Environment, Site Lines & Outdoor Activity



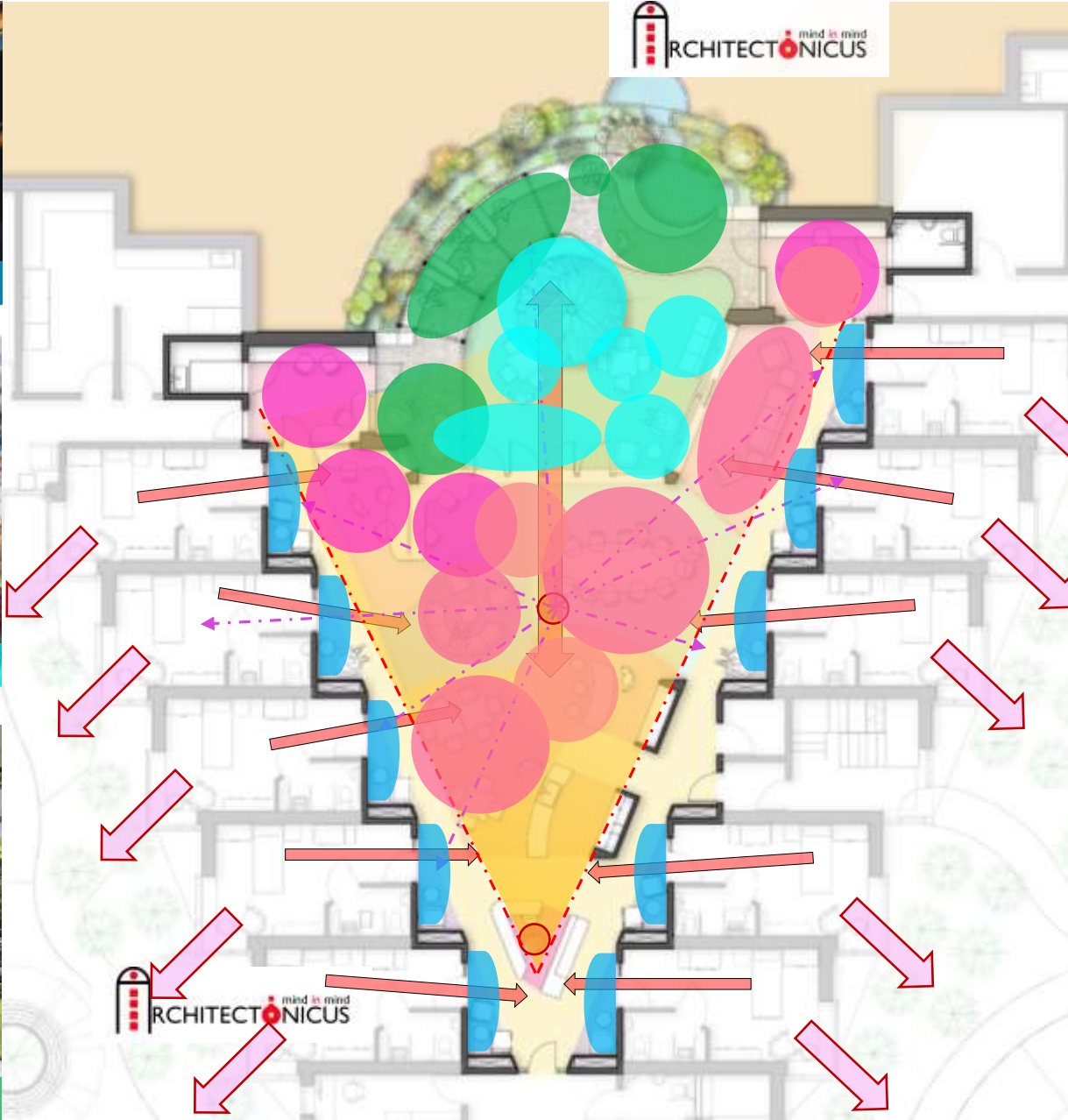
Transition Points, Thresholds & Identity



A meaningful Active Community Environment - a 'Household'



Active Community Environments



Social living clusters Active Community Environments, on two floors

An Affective Theatre to support wellbeing, combined with an activity, identity and community focused service model.



Opportunity, Choice & Togetherness. Emotion allowed



Opportunity, Choice & Togetherness.
Emotion allowed



care environments.

Meaningful to partakers.
Beautiful in location.
Life changing in use.



I am a member of the community.
wherever I am, **I can**

- be active
- have choice
- understand the purpose of each place
- contribute
- easily get support

**my home is so good
and safe anybody would be glad
to live here.**

care environments.

Meaningful to partakers.
Beautiful in location.
Life changing in use.



I am a community builder.

Wherever I am, I can

- See where everyone is
- Get help from my team
- Know what someone wants to do because of where they are

I'm so happy here, wherever I am, I feel confident that I make a real difference.



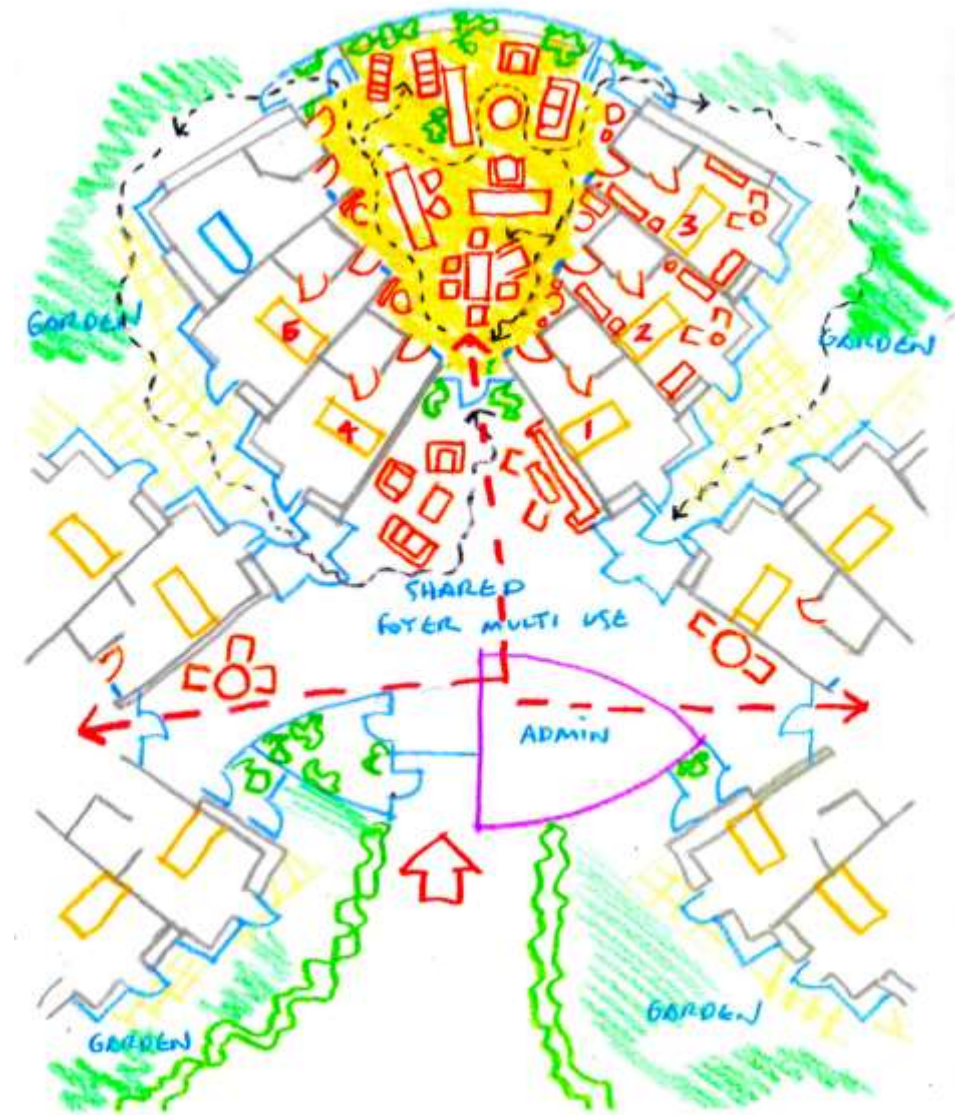
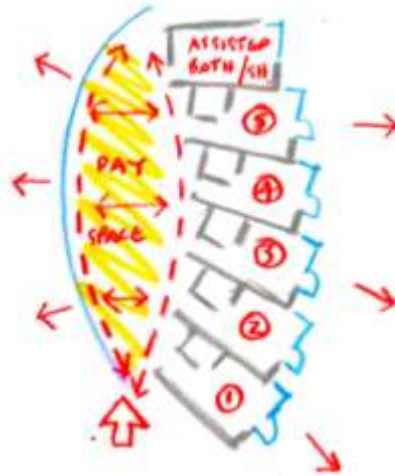
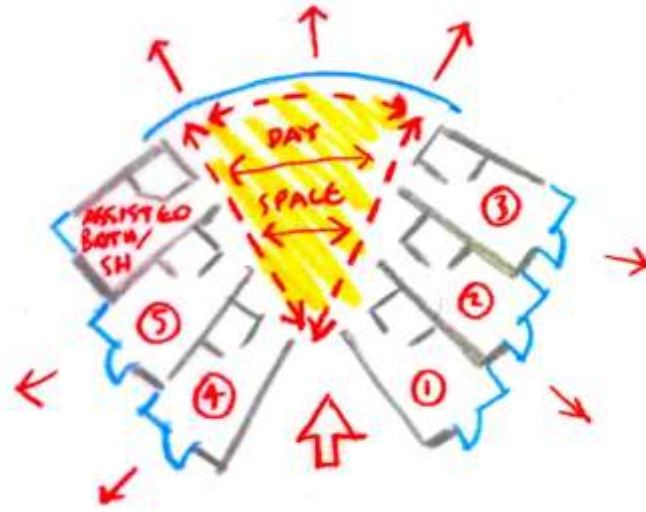
Reclad Covered Barn with Canopy over Glazed Gable Entrance



Panorama looking north toward new barn replacing Dutch barn with small animal enclosures and froggy pathways.

Architectonicus Architecture & Planning 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000	
Ashbury Care Farm Planning	
Scale: 1:500	
Date: 01/10/17	Rev: 01
Drawn: [Name]	Checked: [Name]
Appr: [Name]	Date: 01/10/17
Project: [Name]	Location: [Name]
Client: [Name]	Ref: [Name]

Early Stages: Developing concepts together





Anchoring

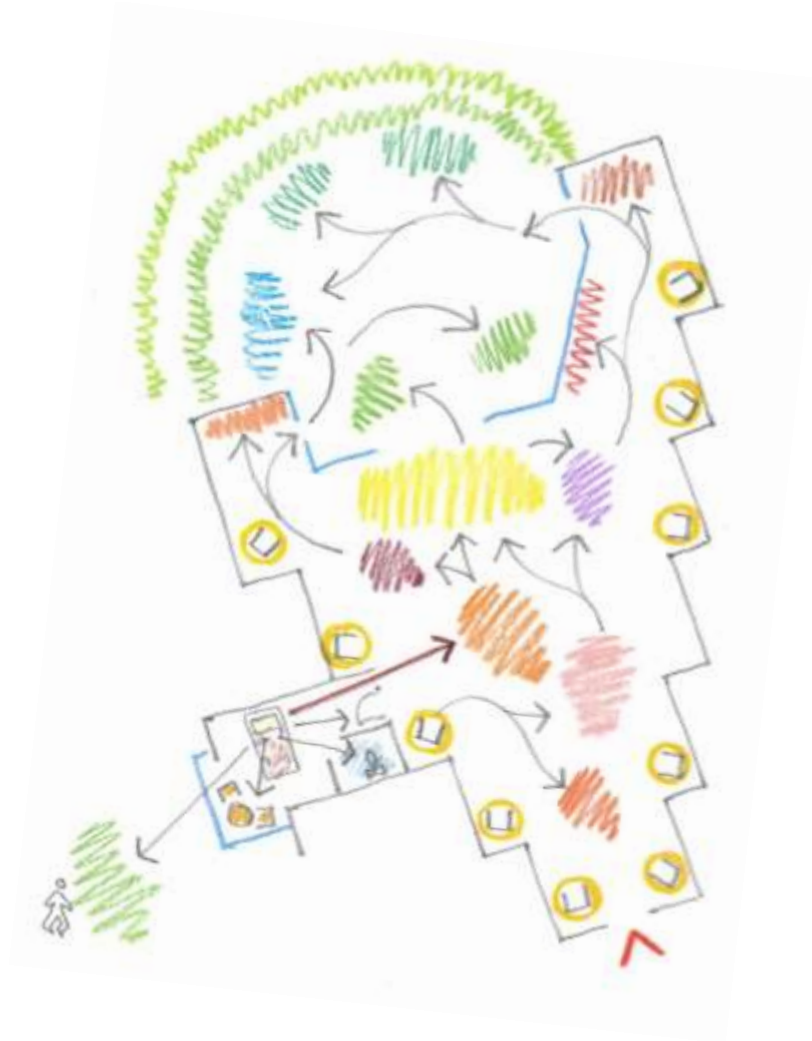
Charlotte Potter, Bradbury Court Home Manager:

*“I am proud that **it feels so different here to other homes.... It really feels like home... Bradbury Court was built with the latest thinking in design for dementia care**”*

Long term Malvern local, whose wife Pat is a resident at Bradbury Court:

*“Bradbury Court **shone above all the other places I visited**”*





I know where I'd rather live

Where is this happening in the World?

We know it works

- **Dotsa Bitove Wellness Academy.** Canada (Tripling in size, due to level of demand)
- **Soest 'Activity Centre', King Arthur Group.** Netherlands (currently operating at full capacity)



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