Care Services Improvement Partnership

HOUSING WITH CARE MATTERS

EAC positive images of older people www.housingcare.org



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UPDATE: Independent Living Choices - Extra Care Housing Fund Update

The Department of Health (DH) received bids from 61 local authority area partnerships for its 2008 – 2010 Extra Care Housing Grant by the deadline of midnight on 12 May. The round was nearly threefold oversubscribed with £80 million capital grant available but total bids received valued at over £195 million.

The Housing LIN is supporting DH in assessing the bids. It is hoped that an announcement of successful bids will be made before the summer Parliamentary recess on 22 July. The Housing LIN will also be assisting DH in supporting successful authorities. A provisional date of Friday 15 August has been set for an introductory workshop session for successful bidders. Feedback will also be offered to authorities whose bids were unsuccessful.

NEWS: Housing Corporation's National Affordable Housing Programme

The Housing Corporation's National Affordable Housing Programme (NAHP) 2008-11 is the route by which the Housing Corporation provides investment in new housing, including housing for older people. A key difference with this programme (compared to previous) is that not all of the available funds were allocated at the first bid round; results announced in our last enews. The Housing Corporation has introduced Regular Market Engagement, which provides further bidding rounds throughout the year, giving providers further opportunities to bid for capital funding. The first of these has just closed on 9 May 2008 and the bids are currently being assessed. Details of, and the 2008-09 timetable for, RME are available on the Corporation's website at:

http://www.housingcorp.gov.uk/upload/pdf/RME guidance.pdf

along with the NAHP 2008-11 prospectus:

www.housingcorp.gov.uk



We help to improve services and achieve better outcomes for children and families, adults and older people including those with mental health problems, physical or learning disabilities or people in the criminal justice system. We work with and are funded by



www.icn.csip.org.uk/housing

POLICY NEWS

Green Paper consultation: Government launches national debate on the future of care and support

On Monday 12 May, Prime Minister Gordon Brown and Health Secretary Alan Johnson launched a public debate about the future of the care and support system for England from May until November.

The debate builds on the current transformation programme set out in Putting

People First (a cross government commitment in partnership with local government, the NHS and the social care sector to the transformation of social care), and is focussed on developing long term solutions for care and support that deliver what people want well into the future. It aims to find an affordable, fair and sustainable way of delivering and funding a first class care and support system for the 21st Century.

More information at: www.careandsupport.direct.gov.uk to see the scope for the debate and feed in your views - the findings of the debate will be used to inform the development of reform options for a Green Paper in 2009.

The document is also available on the LIN website http://www.icn.csip.org.uk/housing/ index.cfm?pid=528&catalogueContentID=3265

Government pledges £900,000 towards independent living and launches support programme for councils

Minister for Care Services Ivan Lewis last week announced an extra £900,000 to help disabled people work towards having more independent lives. As part of the delivery of the Independent Living Strategy the Minister pledged new funding to help create up to 14 user-led organisations become new Action and Learning Sites (see Housing LIN briefing 23 http:// icn.csip.org.uk/housing/index.cfm?pid=333). These organisations are led and controlled by disabled people and aim to help disabled people lead more independent lives.

He also launched the Personalisation Resource Toolkit, part of the early work on the Personalisation Programme. This programme will work with leaders in the adult social care field to help councils transform their systems so social care service users have

more control over the care they receive. The toolkit is the first product of the programme and will provide advice and examples of good practice to local authorities as they move to implementing a personalised system. See below in CSIP publications for more details.

Changing for the better: Guidance when undertaking major changes to NHS services

Further to Lord Darzi's interim report for a 10 year vision for the NHS launched in October last year, additional information for the NHS was published in May which will aid the way in which changes are taken forward locally to make the above pledges a reality.

http://www.dh.gov.uk/en/Publicationsandstatistics/ Publications/PublicationsPolicyAndGuidance/ DH 084674

Each NHS region has already, or will shortly, set out their strategic vision for the next decade. Lord Darzi will publish his final report later this month which will seek to turn these visions into reality, and also encourage Strategic Health Authority's to continue consultation and engagement to develop and improve health and social care in their regions.(see http://www.ournhs.nhs.uk/?p=236 for details of each Strategic Health Authority's vision).

Health inequalities: progress and next steps

This document, launched by Health Secretary Alan Johnson on 9th June, examines achievements in reducing health inequalities since the NHS was established 60 years ago. It comes alongside £34 million to support local communities in tackling health inequalities in 2008-9.

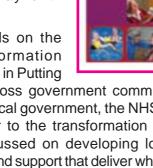
The report is available to download from the DH site at:http://www.dh.gov.uk/en/Publicationsandstatistics/ Publications/PublicationsPolicyAndGuidance/ DH 085307

Carers at the heart of 21st century families and communities: a caring system on your side, a life of your own

This strategy document from the DH comes underpinned by £255 million to implement the Government's short-term agenda and long-term vision for the future care and support of carers.

Health Minister Ivan Lewis said; "In the next decade elder care will be the new childcare and it is essential our policies properly meet the scale of the challenge."

The document is available from the DH site at: http://www.dh.gov.uk/en/Publicationsandstatistics/ Publications/PublicationsPolicyAndGuidance/DH 085345

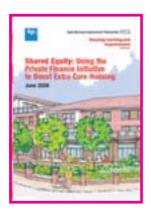


NEW HOUSING LIN PUBLICATIONS

LIN Reports

Shared Equity: Using the Private Finance Initiative to Boost Extra Care Housing

<u>This new case study report</u> was commissioned by the Housing LIN and local government's projects delivery specialist 4ps into PFI housing deals and



undertaken by IPC. The report examines projects at Kent and Cheshire county councils and Oldham Metropolitan Borough Council.

Key lessons to emerge from the report, *Shared Equity: Using the Private Finance Initiative to Boost Extra Care Housing,* can also be applied to other PFI housing deals.

They include:

- early identification and involvement of key stakeholders – including older people and other tenants
- external consultants can play a vital role but average costs in developing the process probably means this route is best suited to larger projects
- it is crucial to get the right project team in place and this should ideally be strongly-led and remain together throughout the process
- 4ps can provide invaluable training and guidance the case studies suggested extra training with negotiation is often needed
- output specification must be clear and unambiguous, including assessing technical issues
- early involvement of potential bidders is beneficial to both the public sector organisations and the potential bidders.

While the report concludes that PFI can play a significant role in the development of Extra Care Housing, other significant sources of funding are emerging. These include the Housing Corporation, the Department of Health's Extra Care Housing Fund and increasing private sector investment.

http://www.icn.csip.org.uk/housing/ index.cfm?pid=520&catalogueContentID=3432

<u>Substance Users and Supported Housing -</u> <u>What's the Score?</u>

The Housing LIN is pleased to be able to publish this <u>Report</u>, originally produced in January 2007. The publication comprises three linked reports which give an overview of the relationship between drug and alcohol service provision and the delivery of housing with support. The reports are designed to promote discussion and to explore models, examples and learning points.

They include: Report One - Briefing Paper, Report Two - Lessons and Learning Points, Report Three -The Case Studies, all downloadable from our website:

http://icn.csip.org.uk/housing/index.cfm?pid=331

Factsheet

Housing for People with Sight Loss

This new factsheet from the Thomas Pocklington Trust about housing for people with sight loss summarises the findings of a series of research projects, commissioned by Pocklington and led by Julienne Hanson at University College London, into the housing needs and interests of people with sight loss. Vignettes shed light on the lives of individuals with sight loss and case studies describe housing and support services that address their needs.

The factsheet is likely to be of interest to anyone involved with general needs housing, including supported and extra care housing. In the main, the factsheet is targeted at rented or part-owned housing although owner-occupied housing is also touched upon.

http://www.icn.csip.org.uk/housing/ index.cfm?pid=521&catalogueContentID=3431

Case Study

Ledbury Community Health and Care Centre

This new case study showcases the Ledbury's Community Health and Care Centre opened in March 2002. It was developed and is operated through an innovative Public Private Partnership which provides a range of health and care services/facilities to the people of Ledbury and the surrounding district. This case study describes the development of the Centre and identifies some lessons to be drawn from experience to date.

http://www.icn.csip.org.uk/housing/ index.cfm?pid=336

NEW CSIP PUBLICATIONS

<u>New ICN brief on Local Improvement</u> <u>Networks (LINKS)</u>

In reaction to the DH White Paper Our Health our Care our Say, a 2006 DH report called 'A Stronger Local Voice' said there was a need for new organisations called Local Involvement Networks (LINKS) to provide a new way for people to have a say in how health and social care services are planned and run.

LINKS are now a statutory obligation for commissioners and providers of health and social care services as part of the Local Government and Public Involvement in Health Act 2007. To find out more about LINKS, access the ICN brief here:

http://www.icn.csip.org.uk/index.cfm?pid=505

Personalisation

Building on the announcement of £520m over the next three years to support the transformation of social care, The Department of Health and CSIP have developed a sector-led programme to support councils and their partners in their work to achieve the changes set out in Putting People .Two tools have been launched to support councils better understand the transformation of social care and provide advice and guidance. They are:

The Personalisation Self-Assessment Tool

<u>The Personalisation self-assessment tool</u> aims to help councils better understand what is required to transform social care systems from current models to a 'self-directed support' model that will support the delivery of the personalisation agenda.

It draws on the learning so far from experience of implementing direct payments, the Individual Budget Pilot programme and In Control. It aims to:

- Help councils, partner agencies and organisations identify their progress to date, including achievements and areas where further scoping, planning and developmental work is required.
- Suggest useful early activities and sources of guidance to increase their 'readiness' to embark.

You can find the tool at: <u>http://self-assess.personalisation.org.uk/csips/</u>

The Personalisation Toolkit

This Personalisation toolkit provides advice and guidance for councils embarking on transformation of their services, and is an early contribution to the Putting People First programme. It is presented as an on-line resource for councils to navigate and find help according to their stage of programme development. It contains a range of types of material:

• Planning for Transformation framework

material provides the structure for the toolkit and has been produced to support councils to conceptualise, plan and communicate their transformation programme. It builds upon established programme planning best practice,



tailored to the specific challenge of introducing a system of self-directed support. Councils can easily adapt this to a wider transformation programme laid out in Putting People First.

In addition to recommendations of the necessary steps to be taken, the framework also provides a wealth of templates, risk registers and examples from councils that will be useful. A financial modelling tool is available to help council's project future demands and understand levers for sustainability.

- Tools and guides that summarise learning so far about critical issues and areas of development necessary to introduce a system of self-directed support, such as resource allocation, brokerage and support planning, equal access issues etc
- Examples from individual budget pilot sites of plans, policies and protocols developed to introduce a new system.

You can find the Personalisation Toolkit at www.toolkit.personalisation.org.uk.

For further information on personalisation, visit the CSIP Networks' personalisation webpages at <u>http://icn.csip.org.uk/personalisation/</u>

OTHER USEFUL PUBLICATIONS

Towards Common Ground Manifesto



Help the Aged have launched "Towards Common Ground: a manifesto for lifetime neighbourhoods", outlining 10 minimum requirements for successful neighbourhoods and communities which must be met to ensure older people can live healthy, active lives, contributing to and taking part in their own

community. This is part of their 'Towards Common Ground' campaign, challenging central and local governments to create 'lifetime neighbourhoods', which cater for the needs of people of all ages, including older people.

Details of the campaign and to download a copy of the manifesto <u>http://www.helptheaged.org.uk/en-gb/</u> <u>Campaigns/ci commong 300408.htm</u>

Towards an Ageing Society

Over the past four years Hact has funded and supported 19 projects to help older people live with dignity and independence. <u>This evaluation report</u> addresses the following themes:

- access and involvement: preventing homelessness and alleviating poor or inappropriate housing conditions by improving access to appropriate advice and advocacy and the active involvement of older people.
- meeting diverse needs: piloting services responsive to the needs and priorities of people isolated from mainstream housing provision.
- working in partnership: ensuring that agencies meeting older people's housing needs are linked to and drawing on all relevant statutory and voluntary services in their area.

The programme particularly focused on older people who:

- live in rural areas
- are from refugee groups
- are from black and minority ethnic communities



• have mental health problems and/or dementia

The final report is now available to download at <u>http://www.hact.org.uk/uploads/</u> hact OPP full evaluation report.pdf

Or by individual chapter at <u>http://www.hact.org.uk/</u> <u>downloads.asp?PageId=22</u>

<u>Common Core Principles to Support Self Care -</u> <u>a guide to support implementation</u>

<u>This guide</u> aims to help health and social care services give people control over, and responsibility for, their own health and well-being, working in partnership with health and social care professionals. Consistent with the personalisation agenda they put people at the centre of the planning process, and recognise that they are best placed to understand their own needs and how to meet them.

The core principles are aimed at - but not limited to staff that support people who use services living with a long-term condition or with complex needs.

The guide to implementation takes you through underpinning values and principles and what it means for each of those groups.

http://www.skillsforcare.org.uk/view.asp?id=990

Hands Off It's My Home! Checklist, Guidance and information for people being supported.

Developed by the Change Team working in Cornwall, <u>Hands Off It's My Home!</u> forms a tool that will help support Providers (domiciliary care or housing related), people with learning disabilities and housing Providers ensure that the freedoms and citizenship enjoyed through people living in their own homes with support (sometimes known as 'supported living'), are not jeopardised through practices that may lead them to being seen by regulators as an "unregistered care home."

The tool will be of particular relevance to people who share their home, but can also be used with people being supported individually or being supported under the Supporting People programme

http://www.icn.csip.org.uk/housing/ index.cfm?pid=528&catalogueContentID=3436

Designing for visual impairment

Two new useful products include:

Pocklington Trust have also launched a design guide entitled <u>Housing for people with sight loss – A Thomas</u> <u>Pocklington Trust design guide</u>, which details over a hundred ways that good housing design can improve the lives of people with poor sight. The guide, written in conjunction with Habinteg, is the first comprehensive guidance to draw on extensive research with visually impaired people. This can be found here:

http://www.pocklington-trust.org.uk

RNIB have recently launched their programme of training and development opportunities for the health and social care sector for 2008-2009. It aims to develop the knowledge, skills and understanding of professionals working in rehabilitation, health and social care. It promotes best practice in meeting the needs of people who are blind or partially sighted, including those with additional disabilities or health conditions.

More details: <u>http://www.rnib.org.uk/xpedio/groups/</u> public/documents/publicwebsite/ public lowvisiontraining.hcsp

RESEARCH UPDATE

New Report from PSSRU, University of Kent

An initial report from the evaluation of schemes allocated funding from the Extra Care Housing Fund in 2004-6 has just been published. The report covers the characteristics of residents, their reasons for moving into extra care and the development of social activities and social well-being. The report is available at: http://www.pssru.ac.uk/pdf/dp2506_2.pdf

Strategies for extra care housing

The *National* Strategy for Housing in an Ageing Society was published earlier this year. It emphasized the importance of 'mainstream' housing for older people, whilst also recognising the role of specialist models such as extra care.

But what place does extra care housing have in *local authority* housing strategies, if indeed they have an older persons' housing strategy? How do they see demand for different models of specialist housing? What constrains development? And if the strategy includes extra care housing, which department takes the lead and what procurement routes do they intend to use?

These are some of the questions that are being explored in a survey being undertaken for the Housing LIN by housing consultants, Trimmer CS. The results and report are expected shortly and will be available on the Housing LIN website.

TELECARE UPDATE

Telecare demonstrator sites commence

Last month, the Secretary of State for Health, Alan Johnson, announced the commencement of the Whole System Demonstrator Sites (Cornwall, Kent, Newham) and the learning network which will further develop and build the evidence base for telecare and telehealth in England. The demonstrator programme is a large scale controlled trial which will establish the cost effectiveness of the technology at scale as part of integrated local services between now and 2010/2011. See also:

<u>http://nds.coi.gov.uk/environment/</u> <u>fullDetail.asp?ReleaseID=367176&NewAreaID</u> <u>=2&NavigatedFromDepartment=False</u>

<u>http://nds.coi.gov.uk/environment/</u> <u>fullDetail.asp?ReleaseID=368178&NewAreaID</u> <u>=2&NavigatedFromDepartment=False</u>

CSIP Telecare eNewsletter

The May edition of the Newsletter from the Telecare LIN includes more news on the Whole System Demonstrator programme and is available from the CSIP site at: <u>http://www.icn.csip.org.uk/</u>index.cfm?pid=468&catalogueContentID=3467

REGIONAL NEWS

North Yorkshire

The Housing LIN is arranging an extra care meeting in North Yorkshire in July. This is an invitation only event for north-east, Yorkshire and Humberside partnerships that have made successful bids to the DH Extra Care Housing Fund. The purpose is to identify good practice and innovation in service delivery, including catering, care and on site and outreach health, leisure and well-being services.

Feedback on the outcomes of this event will be made available via the 'enews' and the Housing LIN website.

South West - awards galore!

The East End of Plymouth welcomed a visit from PM Gordon Brown and minister for adult social care Ivan Lewis on the 9th May .The East End community won the regeneration category in the Local Government Chronicle Awards. It comprises of a Health Centre Business Centre to support new businesses, mixed housing affordable and rental units and an 30 unit Extra Care Scheme funded by the DH and Housing Corporation funding. The Scheme is managed by Ridgeway Housing Association and the Ridgeway team along with District nurses, care managers and domiciliary care agencies provide an integrated model which has been pivotal in the success of better health and well being outcomes for tenants.

Access at Astor is the best in the South West

The South West has won another accolade – Signpost's Astor Court Extra Care Scheme in Plymouth has been named the best accessible building in the South West.

Astor Court is part of the 'East End' community village regeneration in Cattedown. The five storey building has 30 rooms for frail and elderly residents with communal facilities on the ground floor.

The LABC Built in Quality Awards recognise and reward projects and organisations that achieve the highest standards in construction across a wide range of building categories. LABC awards aim to encourage ever-higher standards in the building industry.

LIN EVENTS

REGIONAL LIN MEETINGS

London & SE Region LIN (FULL) 11th June 2008, Swiss Cottage, London

North West Region LIN 9th July 2008, Kendal

South West Region LIN

17th July 2008, Bournemouth

To register for these events, visit our events page at <u>www.icn.csip.org.uk/housing</u> under <u>Events</u>.

Better Homes, Better Health - Joint planning and delivery across the Housing, Health and Social Care Sectors

Care & Repair England and Housing LIN

Older people (particularly those 75 years or more) are the main users of health and social care services. They are also the age group most likely to occupy homes which are cold, damp and need repair or adaptation.

 The current social care agenda emphasises personalization and control, highlighting the importance of meeting the aspiration of many older people to live independently in their own homes.

- The wider health agenda is increasingly focusing on preventative interventions based on predictive modelling which can result in more effective management of chronic conditions and reduce the need for hospital admission.
- The new Government Strategy for Housing for an Ageing Population highlights the importance includes a whole section on 'Reconnecting Housing, Health and Care'

This expert seminar will consider how assessment, service delivery and commissioning can be better coordinated across the three sectors.

Practical examples from local pioneers of targeting housing interventions in ways that contribute to the health and care agendas will be a key part of the day.

This event will enable people who are involved in service planning and provision across health, social care and housing to gain a sharper perspective on areas of common interest and shared targets. It will also provide an excellent opportunity to engage in stimulating discussion, exchanging ideas and practical information about 'real world' implementation.

Midlands Regional Seminar

19th June - Jury's Inn, Birmingham

North West Regional Seminar 24th June - Manchester Town Hall

North East & Yorkshire & Humber Regional Seminar

9th July - Novotel York Centre

London

London, East & South East Regional Seminar 23rd July - The Royal Institute of Public Health,

South West Regional Seminar

23rd September - Novotel Bristol Centre

If you would like to book a place at one of these seminars, please email your interest to info@careandrepair-england.org.uk with your name, organisation, position held and email address.

More details are available under the following link: http://www.icn.csip.org.uk/housing/http:// www.icn.csip.org.uk/ index.cfm?pid=482&eventID=355

OTHER EVENTS

<u>17/19 June CIH annual conference – Harrogate</u> <u>17/19 June 2008</u>

Jeremy Porteus will be speaking on connecting housing with health and social care at this year's conference and will be chairing a policy fringe on housing , homelessness and drugs with representatives from the Home Office, Housing Corporation and Homeless Link on the 18th. Do also visit the HLIN team at our Caring Communities stand. We look forward to seeing you! For conference details see <u>www.cih-housing.co.uk</u>.

Housing Care and Support Conference and Exhibition 2008

3 – 4 July 2008, University of Warwick, Coventry

This popular event will prepare you for the new challenges ahead as commissioners and providers remove the ring fence for Supporting People funding, and teach how you can do your part in raising the profile of housing care and support services. On the second day, Jeremy Porteus will be launching our forthcoming joint report with CLG on Commissioning Housing Support for health and wellbeing. More details in the July enews.

<u>Click here</u> to visit our website for more information or to place a booking

Annual Conference and Social Housing Exhibition, 17 - 19 September 2008

Coming up in the next e-news

- forthcoming strategies on dementia and carers
- new report on housing and drugs
- new briefings on housing and mental health
- two new factsheets on AA and DLA in extra care housing and utilising extra care to maximise day opportunities

MULTI MEDIA RESOURCES

CD-Roms and DVDs available free from <u>housing@csip.org.uk</u>

CD-Roms and available free from <u>housing@csip.org.uk</u> :

 That's My Home – Housing Needs for Older People with Dementia (CD Rom)

- Telecare Living with Independence (CD Rom)
- Healthy Homes, Healthier Lives (DVD / CD Romand support material)
- Strategic Moves Thinking, planning and delivering differently - Strategic Commissioning of Services for Older People (CD Rom)
- Housing Now Choice, control and independence for people with learning diffculties (DVD and CD Rom pack)
- Sheltered Housing's Contribution to Health and Social Care – published by ERoSH and CSIP



PROMOTE YOUR WORK

If you have promotional material, articles or features you would like us to include in future editions of *Housing with Care Matters*, please send details to housing@csip.org.uk

We welcome your contributions

For further information, contact the Housing Learning & Improvement Network tel: 020 7972 1330 or email: housing@csip.org.uk or write to Housing LIN, CSIP Networks, Wellington House, 133-155 Waterloo Road, London SE1 8UG