

Future proofing our homes and neighbourhoods: time to get back to basics

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About the Centre for Ageing Better

CENTRE FOR
**AGEING
BETTER**

We develop, share and apply evidence to help people **age better**

We bring fresh thinking to the challenges and opportunities that everyone faces as **more people live longer**

We bring about change to improve **later lives**



What's important to a good later life?

People say...



- These dimensions are all **interrelated** – they influence each other
- **Expectations** are modest
- **Personal outlook** matters
- **Wide variation** in how people experience later life

Importance of home in later life

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Home is where most people
want to be in later life



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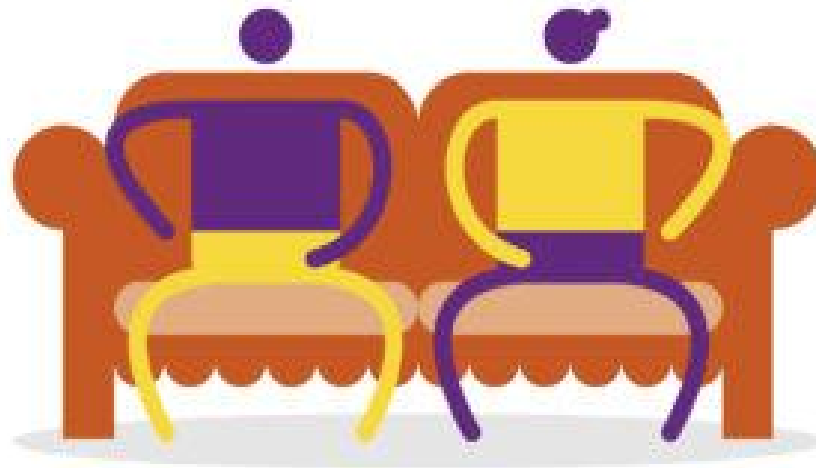
80% of homeowners
aged 65 and over wish to
stay where they are*

*Source: Lloyd, J. (2015) Open Plan: Building a strategic policy towards older owners London: Strategic Society Centre

Importance of home in later life

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People spend a large amount of
their time at home in later life



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People aged 85 and
over spend an average of
80% of their time at home*

*Source: Schmitt, E., Kruse, A., & Olbrich, E., (1994) Patterns of competence and housing conditions – Some empirical results from the study "chances and limitations of independent living in old age." *Journal of Gerontology*, 27, 390-398

Homes and Neighbourhoods



The need to future proof

Homes that meet the needs of those in later life will be increasingly in demand as our population ages

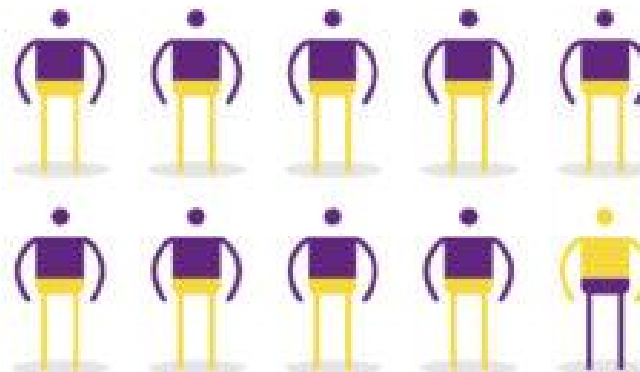


By 2037 there are projected to be **1.42 million** more households headed by someone **aged 85 or over***

*Source: DCLG (2012) 2012-based household projections

Existing homes

Home adaptations improve people's quality of life



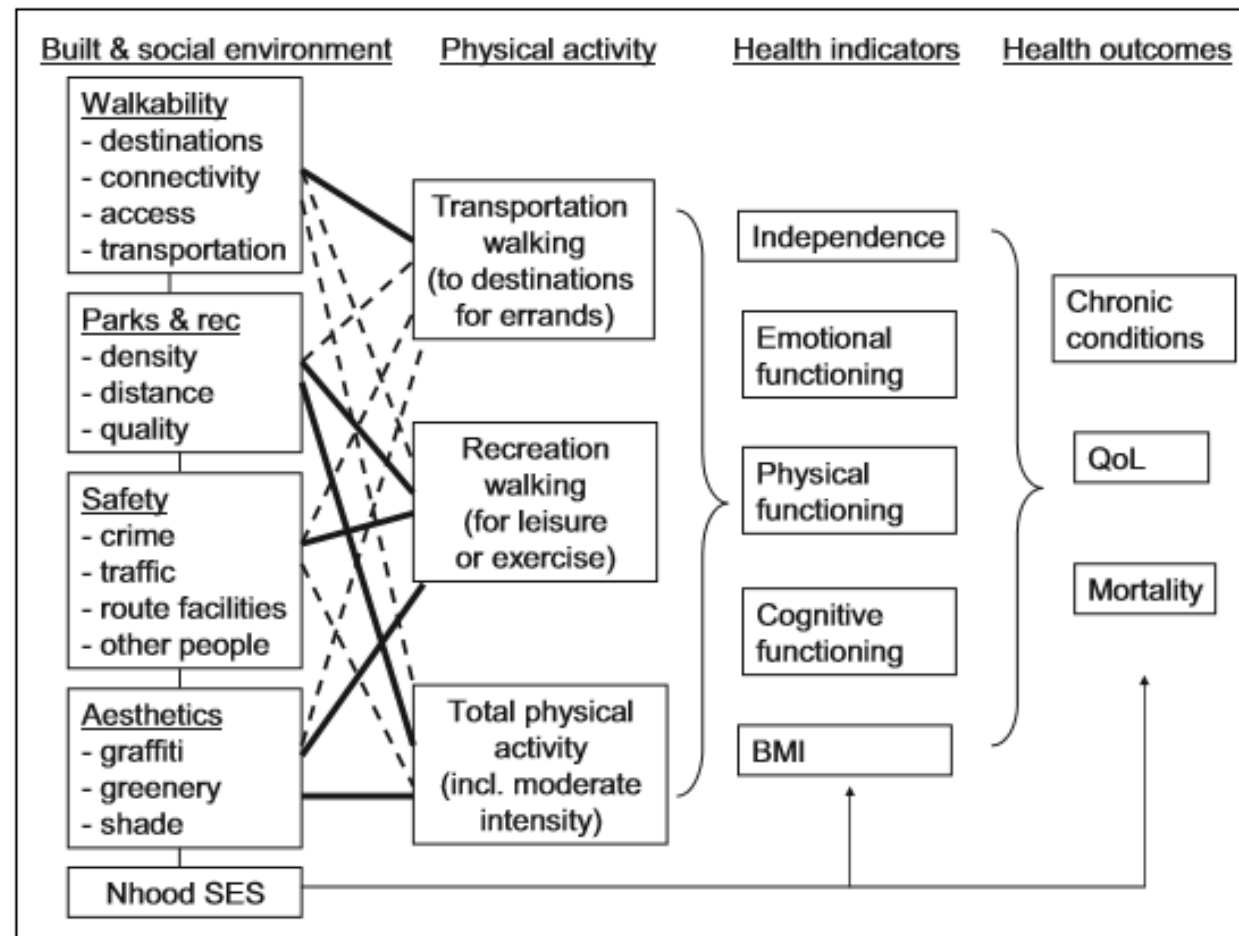
Home adaptations
have been shown to
improve the quality
of life for 90%
of recipients*

*Source: Heywood, Frances, and Lynn Turner. "Better outcomes, lower costs: Implications for health and social care budgets of investment in housing adaptations, improvements and equipment: review of the evidence." London: Office for Disability Issues/Department of Work and Pensions (2007)

Existing homes







The built environment is related to health through physical activity but also falls, pollution, social interaction, safety and economic and climate issues.

Neighbourhoods

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